We sincerely hope to meet you in Madrid in 2018!

Collaborations.

Atmosphere, strengthening old and sparkling new. Meet and discuss cutting edge science in an informal environment, working in close collaboration with the ESPEN Congress.

We are convinced that the program of ESPEN 2018 offers a great opportunity for physicians, dietitians, pharmacists, nutritionists, scientists and nurses involved in the field of nutrition and metabolism to meet and discuss cutting edge science in an informal atmosphere, strengthening old and sparking new collaborations.

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Cristina Cuerda Compés, President
Mercé Planas Vila, Honorary President
Miguel León Sanz, Vice President

Local organizing committee
Cristina Cuerda Compés (local president)
Mercé Planas Vila (honorary president)
Miguel León Sanz (vice president)

Local educational committee
Rosa Burgos Palaíez (chair of committee)
Pilar Matia Martín
Pilar Gomis Melia
Clara Vaquerizo Alonso
Laura Frías Soriano
Lorena Arribas Hortigüela
Susana Redecillas Ferrero

Local scientific committee
Sergio Ruiz Santana (chair of committee)
Maria Béla Badía Tahull
Maria Ballestros Pomar
Luisa Bordejá Laguna
Abelardo García de Lorenzo
Angel Gil Hernández
Carmelo Loiain Segurola
Gabriel Oliveira Fuster
José Manuel Moreno Villares
Jordi Sálas Salvador

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Cristina Cuerda Compés, Chair 2018
Matthias Pirlich, General Secretary
Zeljko Krznaric, Treasurer

Central ESPEN scientific committee
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Nathalie Delzenne
Palis Bekker Jøgspean
Kristina Norman
Nicolas E.P. Dautz, Editor
Sergio Ruiz Santana, Rotating Member

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Peter Austin, Pharmacist
Kurt Booyens, Nurse
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Liana Poula, Dietitian
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Associated members
Michael Choudhuri, IT Officer
Nicolas E.P. Dautz, Editor Clinical Nutrition
Miguel León Sanz, LLL Director
Regina Komsa and Remy Meier, LLL Co-Directors
Stephan C. Bischoff
Pierre Singer, ESPEN Guidelines Officers

Welcome message

Dear colleagues,

On behalf of the Spanish Society for Parenteral and Enteral Nutrition (SEPN), we would like to invite you to the 40th ESPEN Congress 2018, which will be held for the 4th time in Spain.

Following the Congresses in Barcelona (1987, 2012) and Madrid (2000), the Spanish Society would like to welcome all ESPEN members again to the city of Madrid.

Madrid is the capital of Spain and one of the main European metropolises. It is a captivating city including some of the most visited art museums in the world and a cultural heritage where history and modernity blend effortlessly together. Its bright sunny weather offers the perfect setting for a walk through the wide green areas in the city or any other leisure activity of your choice. In addition to this, the city's kind-hearted people are active participants in offering visitors a warm welcome.

With the theme "Nutrition without borders" we want to express our interest to explore new topics in clinical nutrition, in different clinical settings, besides the multidisciplinary and worldwide environment of the Congress.

Working in close collaboration with the ESPEN Committee Members, we have developed an attractive program that aims to continue ESPEN's effort to improve Nutritional Care and Education. With the occasion of celebrating the 40th anniversary of ESPEN Congress and in order to remember the main achievements of the Society during this long trajectory we will "season" the schedule with some special events.

We are convinced that the program of ESPEN 2018 offers a great opportunity for physicians, dietitians, pharmacists, nutritionists, scientists and nurses involved in the field of nutrition and metabolism to meet and discuss cutting edge science in an informal atmosphere, strengthening old and sparking new collaborations.

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Sergio Ruiz Santana
Rosa Burgos Palaíez

Topics of the Programme

Scientific

- Plenary: Cuthbertson lecture and Wretlind Lecture
- ESPEN Fellows symposium, Clinical Nutrition symposium
- Best abstracts session
- 7 Oral Communications sessions

18 Scientific symposia
- Paediatrics
- Nutrition in elite athletes. Medals to health
- Loss of muscle mass in immobilization and critical illness
- Protein supply in the critically ill
- Coping with metabolic changes in patients receiving special treatments
- The short bowel
- Non-alcoholic fatty liver disease
- Nutrition, allergy, immunity and infection
- Nutrition and exercise in the older adult
- Brown adipose tissue update
- Nutriepigenetics in health and disease
- Nutrition and the brain
- Micronutrients: What is new?
- Nutrition and pancreatic disease
- Managing the gut microbiota
- Adiposity and cancer
- Environmental contaminants and nutrition

Educational

- LLL Courses:
  - Friday August 31st:
    - 15 LLL courses and 1 TTT-LLL course
  - During the congress:
    - Paediatrics, Renal, Parenteral nutrition, Gastrointestinal
- 2 Case discussions: Amyotrophic lateral sclerosis/ Critically ill septic patient with multi-organ failure
- ESPEN Guidelines: presentation of new guidelines + two consensus meetings

10 educational symposia
- The role of obesity in cancer survival and cancer recurrence
- Perioperative care, more than 15 years of ERAS approach
- Best practices to improve the quality standards in nutrition therapy
- Inborn errors of metabolism
- Dysglycemia in acute patients with specialized nutrition support
- Inflammatory bowel diseases
- Lipid emulsions in parenteral nutrition
- Nutrition in transplant patients
- Nutritional management in cystic fibrosis
- Dysphagia in hospital setting

A warm welcome from Madrid

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A warm welcome from Madrid

Madrid is the political and financial capital of Spain. The 3.1 million inhabitants (6.4 million in the region) set Madrid as one of the main metropolises in Europe. It has an excellent hotel capacity and a pleasant climate that confers the city its brightness and warmth. Additionally, the Mediterranean cuisine adds the flavours to all these ingredients. All these characteristics, besides its good value for money, make Madrid an excellent place for businesses and meetings.

The city combines modernity (with impressive new infrastructures and skyscrapers in the Madrid skyline) with an outstanding historical legacy (e.g., the Prado Museum, which contains the largest collection of Spanish paintings) and an important cultural life (e.g., the Thyssen-Bornemisza and Caixa-Forum).

In terms of leisure and entertainment, the city offers something for everyone. You can enjoy walking through its many gardens in the centre (Retiro Park, West Park) or in the surroundings (Casa de Campo, Madrid Rio).

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Transportation

- **Madrid international airport** has 172 direct flight destinations all over the world. The airport is only 12 km from the city centre.
- **Subway:** is the fastest and most efficient way to move in and around Madrid. Currently, there are twelve metro lines and three Metro Ligero (tramway) lines. Just by 1 or 2 stops (depending on the Terminal), the subway Line 8 connects Madrid Barajas International Airport with IFEMA. Additionally, IFEMA is only 4 stops from the city centre. 1 single ticket (with an one hour validity) costs between: 1.5 - 2 and 1 single ticket to/from Airport is: 4.50 - 5
- **Bus:** Madrid has an extensive city bus network, run by the company Empresa Municipal de Transporte (EMT), which covers the whole city. All the vehicles that make up the EMT fleet, 2,000 in total, are air-conditioned. Madrid’s buses have special systems providing access for disabled persons. The cost for a single ticket is 1.50.
- **Taxi:** There are more than 16,000 taxis in Madrid, so it is not very difficult to find one available in the city’s main thoroughfares. Just make a sign and they will be keen to stop! Prices are quite reasonable, considering that a one-way trip from the city centre to the airport is around 30 euros.

Important Dates & Deadlines

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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</thead>
<tbody>
<tr>
<td>Opening of Abstracts Submission</td>
<td>8 January 2018</td>
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<tr>
<td>Registration opens</td>
<td>23 January 2018</td>
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<tr>
<td>Closing of Abstract Submission</td>
<td>5 April 2018</td>
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<tr>
<td>Opening of late breaking abstract submission</td>
<td>11 May 2018</td>
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<tr>
<td>Early Bird Deadline</td>
<td>17 May 2018</td>
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<tr>
<td>Deadline for late breaking abstracts (posters only)</td>
<td>14 June 2018</td>
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Organising Secretariat

MCI has been selected by Central ESPEN as the official Congress Organiser to process registrations, abstracts submission and hotel reservation.

Information on the commercial exhibition as well as organisation and sponsorship of special events may also be obtained from the Organizing Secretariat.

All correspondence should be sent to:
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1242 Satigny,
Switzerland
Tel  +41 22 33 99 580
Fax  +41 22 33 99 631
Email  ESPEN@mci-group.com

The registration fees and full list of hotels will be available on the ESPEN website end of 2017: www.espen.org

Venue

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