

37th
ESPEN
Congress



THE EUROPEAN
SOCIETY FOR
CLINICAL
NUTRITION AND
METABOLISM

ESPEN CONGRESS
ON CLINICAL NUTRITION & METABOLISM

HEALTHY LIFE THROUGH NUTRITION

PRELIMINARY PROGRAMME

LISBON – PORTUGAL

5-8 SEPTEMBER 2015



WWW.ESPEN.ORG



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WELCOME TO ESPEN 2015 A TRULY UNIQUE EVENT

Dear Colleagues,

On behalf of the Local Organising Committee and the Portuguese Society for Enteral and Parenteral Nutrition (APNEP), we would like to invite you to the 37th ESPEN Congress 2015 which will be held in Lisbon, Portugal, for the second time.

The venue will be at the international Congress Centre of Lisbon (CCL) along the Tagus River, between the Jerónimos Monastery and the Belém Tower, both considered World Heritage monuments. From the Congress Centre you may take the yellow tram which will drive you to the old part of town with its narrow and steeply streets. The City is just 20 minutes from the Airport and 10 minutes from downtown. Lisbon is a charming city with historic traces of the Roman and Moorish periods, with very old and typical neighborhoods; but it's also a modern, peaceful and safe city, where you can walk around at any time of the day. Discover an excellent cuisine (and wine!), a beautiful light in a friendly atmosphere.

Together with the ESPEN Committees' Members, the local organizers have constructed an attractive and innovative programme and assure you that the meeting will be an important landmark in ESPEN's continuing contribution to the improvement of Nutritional Care and Education.

We hope that ESPEN 2015 will be a great opportunity for physicians, dietitians, pharmacists, scientists and nurses dedicated to the field of nutrition and metabolism, to meet and discuss the most recent data in an informal atmosphere, strengthening old and new collaborations. We choose the motto "healthy life through nutrition" with the aim at exploring how a good nutrition from early in life to later stages may contribute to a healthier society.

We hope to see you in Lisbon in 2015!

MARÍLIA CRAVO
LURDES TAVARES
JORGE DA FONSECA
SÓNIA VELHO





DATES & DEADLINES

OPENING OF ABSTRACT SUBMISSION	12 JANUARY 2015
CLOSING OF ABSTRACT SUBMISSION	7 APRIL 2015
OPENING OF LATE BREAKING ABSTRACT SUBMISSION	15 MAY 2015
EARLY REGISTRATION DEADLINE	21 MAY 2015
DEADLINE FOR LATE BREAKING ABSTRACT (POSTERS ONLY)	19 JUNE 2015
NO REFUNDS FOR HOTEL CANCELLATION FROM	10 DAYS PRIOR TO ARRIVAL DATE

VENUE & CONTACTS

CONGRESS VENUE

The ESPEN 2015 Congress will be held at the Congress Centre Lisbon (CCL) built in 1989 which is located in Junqueira, a prestigious area of the city; Belem's historical quarter.

The Congress Centre Lisbon, well known as an international meeting place, is approximately 20 minutes away from the international airport and 10 minutes from the main hotels.

The large entrance hall is the heart of the Congress venue where you will find the registration desk. Various restaurants and coffee bars are available at the Congress Centre.

Congress Centre Lisbon (CCL)

Praça das Indústrias, 1300-307 Lisboa

Tel. +351 21 360 14 00

Fax +351 21 363 94 50

Website:

<http://www.lisboacc.pt/irj/portal/lisboacc?lang=en>

+ [Google Search MAP \(for Robert\)](#)

ORGANISING SECRETARIAT

MCI has been selected by Central ESPEN as the official Congress Organiser to process registrations, abstracts submission and hotel reservations.

Information on the commercial exhibition as well as organisation and sponsorship of special events may also be obtained from the Organising Secretariat.

ALL CORRESPONDENCE SHOULD BE SENT TO:

ESPEN 2015, c/o MCI

Rue de Lyon 75

1211 Geneva 13 - Switzerland

Phone: +41 (0)22 33 99 580

Fax: +41 (0)22 33 99 631

E-mail: espen2015@mci-group.com

Information regarding the scientific programme of the Congress is available on the ESPEN website www.espen.org and is updated on a regular basis.

OTHER CONTACT

REGISTRATION & ACCOMMODATION

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ABSTRACT SUBMISSIONS

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SPONSORING & EXHIBITION

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COMMITTEES

ESPEN 2015 COMMITTEES

LOCAL ORGANISING COMMITTEE

Marília Cravo, President
Jorge da Fonseca, Scientific Committee
Sónia Velho, Educational Committee
Lurdes Tavares
Paula Moura Santos

LOCAL SCIENTIFIC COMMITTEE

Jorge da Fonseca, Chairperson
Andreia Neves
Aníbal Marinho
Beatriz Costa
Carla Santos
Catarina Sousa Guerreiro
Conceição Calhau
Diana Mendes
Lurdes Tavares
Marta Correia
Nuno Borges
Nuno Carvalho
Paula Guerra
Rosa Mendes
Teresa Amaral

LOCAL EDUCATIONAL AND CLINICAL PRACTICE COMMITTEE

Sónia Velho, Chairperson
Ana Gomes
Ana Lopes
Isilda Rebelo
José Camolas
Lino Mendes
Luis Matos
Luísa Trindade
Paulo Martins
Pedro Marques Vidal

CENTRAL ESPEN

CENTRAL ESPEN EXECUTIVE COMMITTEE

André van Gossum, Chairperson
Marília Cravo, President Lisbon 2015
Rocco Barazzoni, General Secretary
Tommy Cederholm, Treasurer

CENTRAL ESPEN SCIENTIFIC COMMITTEE

Philip Calder, Chairperson
Nathalie Delzenne
Ronan Shamir
Ronon Thibault
Nicolaas E.P. Deutz
Jorge da Fonseca, Rotating Member

CENTRAL ESPEN EDUCATIONAL AND CLINICAL PRACTICE COMMITTEE

Stephane Schneider, Chairperson
Cornel Sieber, Physician
Paula Ravasco, Physician
Peter Austin, Pharmacist
Kurt Boeykens, Nurse
Liana Poulia, Dietitian
Sónia Velho, Rotating Member

ASSOCIATED

Michael Chourdakis, IT
Nicolaas E.P. Deutz, Editor Clinical Nutrition
Miguel León Sanz, LLL Director
Regina Komsa
and **Rémy Meier**, LLL Co-Directors
Stephan C. Bischoff
and **Pierre Singer**, ESPEN Guidelines

MAIN TOPICS ESPEN 2015

PLENARY LECTURES

- Sir David Cuthbertson Lecture
- Arvid Wretling Lecture

SCIENTIFIC SESSIONS BASIC SCIENCE AND CLINICAL NUTRITION

- Nutrition and pathways to cancer
- Metabolic therapy for cancer
- Nutrition and age related cognitive decline
- New perspectives on gluten toxicity
- Living happily with the gut microbiota
- Fatty liver disease – is it all about food?
- Specific substrates in ICU
- Nutritional researches in ICU – from trials to clinical practice
- Towards personalized nutrition
- Food, mood and adiposity
- Adipose tissue as a dynamic organ
- 1000 days nutrition and lifetime consequences
- Optimising post-surgical recovery
- Nutrition and atherosclerosis
- Sugar intake: pro and con
- Protein across the life course

EDUCATIONAL AND CLINICAL PRACTICE SESSIONS

- LLL – Nutrition and prevention of non-communicable diseases
- LLL – Sport and nutrition
- LLL – Nutrition in the perioperative period
- LLL – Nutrition and geriatrics
- Case discussion – Intestinal obstruction by malignancy
- Case discussion – Frail ICU patient
- Putting on diet a large planet: opportunities and challenges
- Nutrition for obese adult in-patients
- Keep fit for life – nutritional and functional enhancement of older adults
- Nutritional issues in Crohn's disease
- The role of nutrition in wound and stoma care
- How to make parenteral nutrition safer?
- Nutritional support of stroke patients
- Nutritional challenges in the community
- ESPEN Guidelines
- Malnutrition in hospital patients with insights from Nutrition Day results



TIME SCHEDULE

FRIDAY 4 SEPTEMBER 2015	
08:00 - 23:00	Exhibition set-up (not opened to delegates)
08:00 - 18:00	LLL Registration ONLY
09:00 - 13:00	LLL Sessions
13:00 - 14:00	Break
14:00 - 18:00	LLL Sessions
17:00 - 19:00	Congress Registration
SATURDAY 5 SEPTEMBER 2015	
07:30 - 11:30	Special Interest Groups Sessions
08:00 - 20:30	Registration
08:00 - 10:00	Exhibition set-up (not opened to delegates)
09:00 - 13:00	LLL Sessions
12:00 - 18:30	Exhibition
12:00 - 13:30	Satellite Symposia
13:30 - 14:00	Break
14:00 - 15:00	Opening Ceremony
15:00 - 16:30	Scientific & Educational Sessions
16:30 - 17:00	Coffee Break
17:00 - 18:30	Scientific & Educational Sessions
18:30 - 20:30	Welcome Reception
SUNDAY 6 SEPTEMBER 2015	
07:30 - 08:30	Special Interest Groups Sessions
08:00 - 19:00	Registration
08:00 - 10:00	Educational LLL Session
08:30 - 10:00	Scientific & Educational Sessions
09:00 - 18:00	Exhibition
09:00 - 18:00	Poster Viewing
10:00 - 10:30	Coffee Break
10:30 - 11:15	Sir David Cuthbertson Lecture
11:15 - 12:00	ESPEN Best Abstracts 2015 & ESPEN Travel Awards
12:00 - 14:00	Lunch & Poster visit
13:30 - 15:30	Educational LLL Session
14:00 - 15:30	Scientific & Educational Sessions
15:30 - 16:00	Coffee Break
16:00 - 17:30	Scientific & Educational Sessions
18:00 - 19:30	Satellite Symposia

MONDAY 7 SEPTEMBER 2015	
07:30 - 08:30	Special Interest Groups Sessions
08:00 - 19:00	Registration
08:00 - 10:00	Educational LLL Sessions
08:30 - 10:00	Scientific & Educational Sessions
09:00 - 18:00	Exhibition
09:00 - 18:00	Poster Viewing
10:00 - 10:30	Coffee Break
10:30 - 11:15	Arvid Wretling Lecture
11:15 - 12:00	Fight against Malnutrition
12:00 - 14:00	Lunch & Poster visit
13:30 - 15:30	Educational LLL Session
14:00 - 15:30	Scientific & Educational Sessions
15:30 - 16:00	Coffee Break
16:00 - 17:30	Satellite Symposia
17:30 - 19:00	ESPEN General Assembly (for Members only)
TUESDAY 8 SEPTEMBER 2015	
08:00 - 12:00	Registration
08:30 - 10:00	Scientific & Educational Sessions
09:00 - 12:00	Exhibition
10:00 - 10:30	Coffee Break
10:30 - 12:00	Scientific & Educational Sessions

PROGRAMME DAY BY DAY

TIME	FRIDAY 4 SEPTEMBER 2015	SPEAKERS
09:00 - 13:00	LLL SESSIONS (See LLL information section)	
14:00 - 18:00	LLL SESSIONS (See LLL information section)	
TIME	SATURDAY SEPTEMBER 2015	SPEAKERS
07:30 - 11:30	SPECIAL INTEREST GROUPS MEETINGS	
09:00 - 13:00	LLL SESSIONS (See LLL information section)	
12:00 - 13:30	SATELLITE SYMPOSIUM ABBOTT NUTRITION HEALTH INSTITUTE	
12:00 - 13:30	SATELLITE SYMPOSIUM NPS PHARMACEUTICAL	
13:30 - 14:00	Break	
14:00 - 15:00	OPENING CEREMONY Moderators: M. Cravo (PT), A. van Gossum (BE) ▶ Impact of diet alterations in malaria infections	M. Mota (PT)
15:00 - 16:30	NUTRITION FOR OBESE ADULT IN-PATIENTS Moderators: M. de van der Schueren (NL), S. Velho (PT) ▶ Nutritional assessment: what should we measure? ▶ Nutritional requirements: do big people need less? ▶ Weight loss in obese adult in-patients: a desirable outcome?	T. Amaral (PT) J. Kondrup (DK) M. Zanetti (IT)
15:00 - 16:30	HOW TO MAKE HOME PARENTERAL NUTRITION SAFER? Moderators: A. Neves (PT), P. Austin (UK) ▶ Safety of parenteral nutrition formulations ▶ Reducing catheter related infection risk: consensus and controversies ▶ Choosing the right access for long term parenteral nutrition: PICC lines or tunneled catheters	A. Neves (PT) P. Austin (UK) G. Goossens (BE)
15:00 - 16:30	FATTY LIVER DISEASE - IS IT ALL ABOUT FOOD? Moderators: M. Plauth (DE), N. Delzenne (BE) ▶ New metabolic targets in NAFLD ▶ How different are dietary patterns in NAFLD? ▶ Nutritional strategies for therapy in pediatric NAFLD	C. Postic (FR) H. Cortez-Pinto (PT) V. Nobili (IT)
15:00 - 16:30	TOWARDS PERSONALIZED NUTRITION Moderators: C. Sousa Guerreiro (PT), P. Calder (UK) ▶ Epigenetics: Changing future generation metabolic profile? The folic acid example ▶ Can genotype be used to tailor treatment of obesity? ▶ Personalized nutritional advice – are we ready yet?	E. Keating (PT) D. Corella (ES) E. Gibney (IE)
15:00 - 16:30	ORAL COMMUNICATIONS 1	
16:30 - 17:00	Coffee break	



PROGRAMME DAY BY DAY

17:00 - 18:30	<p><u>MALNUTRITION IN HOSPITAL PATIENTS WITH INSIGHTS FROM ND RESULTS</u></p> <p>Moderators: M. Hiesmayr (AT), L. Poulia (GR)</p> <ul style="list-style-type: none"> ▶ Hospital malnutrition: do continents make the difference? ▶ Gastronomy in hospital ▶ Personalized approach to food in hospital: nutritional paradise or economic disaster? 	<p>K. Schindler (AT)</p> <p>I. Correia (BR)</p> <p>N. de Roos (NL)</p>
17:00 - 18:30	<p><u>NUTRITION AND AGE RELATED COGNITIVE DECLINE</u></p> <p>Moderators: L. Sobotka (CZ), C. Sieber (DE)</p> <ul style="list-style-type: none"> ▶ Fatty acids and cognitive decline: evidence and mechanisms ▶ Micronutrients and cognitive decline: evidence and mechanisms ▶ Dementia and sarcopenia 	<p>T. Cederholm (SE)</p> <p>M. Berger (CH)</p> <p>B. Vellas (FR)</p>
17:00 - 18:30	<p><u>NEW PERSPECTIVES ON GLUTEN TOXICITY</u></p> <p>Moderators: R. Shamir (IL), J. Fonseca (PT)</p> <ul style="list-style-type: none"> ▶ A metabolomic perspective on celiac disease ▶ Non-coeliac gluten sensitivity ▶ Treatment for celiac disease: diet and beyond 	<p>A. Calabrò (IT)</p> <p>A. Imran (UK)</p> <p>M. Maki (FI)</p>
17:00 - 18:30	<p><u>NUTRITION AND ATHEROSCLEROSIS</u></p> <p>Moderators: M. Muscaritoli (IT), P. Calder (UK)</p> <ul style="list-style-type: none"> ▶ Dietary fats and cardiovascular disease: Putting together the pieces of a complicated puzzle ▶ Mediterranean diet for primary prevention of cardiovascular disease ▶ Dairy products and risk of obesity, type 2 diabetes and cardiovascular disease 	<p>A. Zampelas (GR)</p> <p>P. Marques-Vidal (CH)</p> <p>A. Astrup (DK)</p>
17:00 - 18:30	<p><u>ORAL COMMUNICATIONS 2</u></p>	
18:30 - 20:30	Welcome Reception	



PROGRAMME DAY BY DAY

TIME	SUNDAY 6 SEPTEMBER 2015	SPEAKERS
07:30 - 08:30	Special Interest Groups Meetings	
08:00 - 10:00	<p><u>LLL LIVE COURSE - NUTRITION AND SPORT</u></p> <p>Moderator: K. Melzer (CH)</p> <ul style="list-style-type: none"> ▶ Energy balance regulation: Effects of exercise on ad libitum food intake ▶ Nutrition for strength and power sports ▶ Nutrition for endurance sports ▶ Physical activity in chronic diseases 	<p>K. Melzer (CH)</p> <p>N. Kozjek (SI)</p> <p>A. Carlsohn</p> <p>L. Genton Graf (CH)</p>
08:30 - 10:00	<p><u>KEEP FIT FOR LIFE - NUTRITIONAL AND FUNCTIONAL ENHANCEMENT OF OLDER ADULTS</u></p> <p>Moderators: C. Sieber (DE), S. Duque (PT)</p> <ul style="list-style-type: none"> ▶ Economic impact of healthy ageing ▶ Supplements for cognitive function enhancement ▶ Modulating ageing and age-related diseases 	<p>M. Gouveia (PT)</p> <p>T. Cederholm (SE)</p> <p>F. Landi (IT)</p>
08:30 - 10:00	<p><u>LIVING HAPPILY WITH OUR GUT MICROBIOTA</u></p> <p>Moderators: A. Sousa Guerreiro (PT), I. Correia (BR)</p> <ul style="list-style-type: none"> ▶ Gut microbiota: controller of innate immunity ▶ How does the gut microbiota dialogue with host organs? ▶ Fecal transplantation: clinical prospects 	<p>D. Haller (DE)</p> <p>N. Delzenne (BE)</p> <p>M. Nieuwdorp (NL)</p>
08:30 - 10:00	<p><u>NUTRITIONAL RESEARCH IN ICU - FROM TRIALS TO CLINICAL PRACTICE</u></p> <p>Moderators: I. Chermesh-Rozenwaser (IL), P. Martins (PT)</p> <ul style="list-style-type: none"> ▶ Does modulation of the immune response influence prognosis? ▶ The place of permissive underfeeding ▶ Lessons learned from recent trials 	<p>M. Santos Rosa (PT)</p> <p>P. Singer (IL)</p> <p>M. Berger (CH)</p>
08:30 - 10:00	<u>ORAL COMMUNICATIONS 3</u>	
10:00 - 10:30	Coffee break	
10:30 - 11:15	<p><u>SIR DAVID CUTHBERTSON LECTURE</u></p> <p>Moderators: TBA</p> <ul style="list-style-type: none"> ▶ Inflammation as the driving force of muscle wasting in cancer 	<p>J. Argiles (ES)</p>
11:15 - 12:00	<p><u>ESPEN BEST ABSTRACTS 2015 & ESPEN TRAVEL AWARDS</u></p> <p>Moderators: P. Calder (UK), J. Fonseca (PT)</p>	
12:00 - 14:00	Lunch and poster viewing	



PROGRAMME DAY BY DAY

13:30 - 15:30	<p><u>LLL LIVE COURSE- NUTRITION IN THE PERIOPERATIVE PERIOD</u></p> <p>Moderator: O. Ljungqvist (SE)</p> <ul style="list-style-type: none"> ▶ Metabolic responses to surgical stress ▶ Enhanced Recovery (ERAS) ▶ Fluid balance and metabolism in surgery ▶ Nutrition in the perioperative period 	<p>O.Ljungqvist (SE) K. Fearon (UK) D. Lobo (UK) A. Weimann (DE)</p>
14:00 - 15:30	<p><u>NUTRITIONAL CHALLENGES IN THE COMMUNITY</u></p> <p>Moderators: M. Chourdakis (GR), M. Wandel (NO)</p> <ul style="list-style-type: none"> ▶ Fast-food generation and beyond ▶ Making use of leftover food: Re-food ▶ Screening for malnutrition in the community 	<p>S. Czernichow (FR) H. Hunter (PT) P. McGurk (UK)</p>
14:00 - 15:30	<p><u>CLINICAL NUTRITION SYMPOSIUM</u></p> <p>Moderators: O. Irtun (NO), N.E.P. Deutz (US)</p> <ul style="list-style-type: none"> ▶ Provision of protein and energy in relation to measured requirements in intensive care patients ▶ Nutrition Care in Cancer Patients. Nutrition assessment: diagnostic criteria and the association to survival and health-related quality of life in patients with advanced colorectal carcinoma ▶ The role of dietary leucine in the maintenance of skeletal muscle mass with ageing 	<p>M. Allingstrup (DK) L. Thoresen (NO) B. Wall (UK)</p>
14:00 - 15:30	<p><u>SPECIFIC SUBSTRATES IN ICU</u></p> <p>Moderators: P. Singer (IL), M. Berger (CH)</p> <ul style="list-style-type: none"> ▶ How the route of administration affects amino acid systemic bioavailability and nutritional efficacy ▶ Fatty acids: are we reaching a consensus? ▶ Limitations of carbohydrates 	<p>L. Cynober (FR) P. Calder (UK) J.C. Preiser (BE)</p>
14:00 - 15:30	<p><u>ADIPOSE TISSUE AS A DYNAMIC ORGAN</u></p> <p>Moderators: M. León Sanz (ES), A. Lopes (PT)</p> <ul style="list-style-type: none"> ▶ Brown adipose tissue as a therapeutic target ▶ Connecting bone and adipose tissue ▶ Remodeling adipose tissue after bariatric surgery 	<p>S. Enerback (SE) P. Magni (IT) J. Aron (FR)</p>
15:30 - 16:00	Coffee Break	
16:00 - 17:30	<p><u>NUTRITIONAL ISSUES IN CROHN'S DISEASE</u></p> <p>Moderators: M. Cravo (PT), R. Meier (CH)</p> <ul style="list-style-type: none"> ▶ Nutrition and drugs: combination is key ▶ The clash of generations: children are not small adults ▶ Management of enteral nutrition in adults: how much is enough? 	<p>A.I. Lopes (PT) S. Kolacek (HR) N. Wierdsma (NL)</p>

PROGRAMME DAY BY DAY

16:00 - 17:30	<p><u>CASE DISCUSSION – FRAIL ICU PATIENT</u></p> <p>Moderators: M. Hiesmayr (AT), R. Martindale (US)</p> <p>▶ Case Presentation</p> <p>Discussants:</p>	<p>P. Martins (PT)</p> <p>P. Singer (IL)</p> <p>R. Mendes (PT)</p> <p>C. Sieber (DE)</p> <p>K. Boeykens (BE)</p> <p>L. Poulia (GR)</p> <p>P. Austin (UK)</p>
16:00 - 17:30	<p><u>FOOD, MOOD AND APPETITE</u></p> <p>Moderators: A. Oliveira-Maia (PT), M. Hiesmayr (AT)</p> <p>▶ The science linking food and mood</p> <p>▶ Disturbed tryptophan metabolism in obesity</p> <p>▶ Dietary regulation of appetite</p>	<p>G. Finlayson (UK)</p> <p>D. Fuchs (AT)</p> <p>T. Adam (NL)</p>
16:00 - 17:30	<p><u>SOCIAL DETERMINANTS OF MALNUTRITION</u></p> <p>Moderators: C. Pichard (CH), T. Amaral (PT)</p> <p>▶ Social determinants of malnutrition in older adults</p> <p>▶ Immigration and dietary changes</p> <p>▶ Unemployment, poverty and malnutrition in the midst of plenty</p>	<p>D. Volkert (DE)</p> <p>M. Wandel (NO)</p> <p>A. Murcott (UK)</p>
16:00 - 17:30	<p><u>ORAL COMMUNICATIONS 4</u></p>	
18:00 - 19:30	<p><u>SATELLITE SYMPOSIUM FRESenius KABI</u></p>	
18:00 - 19:30	<p><u>SATELLITE SYMPOSIUM NUTRICIA ADVANCED MEDICAL NUTRITION</u></p>	
18:00 - 19:30	<p><u>SATELLITE SYMPOSIUM NESTLÉ HEALTH SCIENCE</u></p>	

TIME	MONDAY 7 SEPTEMBER 2015	SPEAKERS
07:30 - 08:30	<u>SPECIAL INTEREST GROUP</u>	
08:00 - 10:00	<p><u>LLL LIVE COURSE- NUTRITION AND PREVENTION</u></p> <p>Moderator: M. Muscaritoli (IT)</p> <p>▶ Nutrition and Cancer Prevention</p> <p>▶ Nutrition in the prevention of Osteoporosis</p> <p>▶ Nutrition in the prevention of Cardiovascular Diseases</p> <p>▶ Nutrition in the prevention of Neurological Disease</p>	<p>M. Muscaritoli (IT)</p> <p>H. Bischoff-Ferrari (CH)</p> <p>I. Shai (IL)</p> <p>R. Burgos (ES)</p>
08:30 - 10:00	<p><u>NUTRITIONAL MANAGEMENT IN STOMA CARE</u></p> <p>Moderators: K. Boeykens (BE), I. Rebelo (PT)</p> <p>▶ Perioperative nutritional management in cystectomy patients</p> <p>▶ A journey through (un)usual PEG complications</p> <p>▶ Nutritional consequences of intestinal stoma</p>	<p>P. Coti (CH)</p> <p>K. Boeykens (BE)</p> <p>M. Panisic (SE)</p>
08:30 - 10:00	<p><u>PROTEIN ACROSS THE LIFE COURSE</u></p> <p>Moderators: D. Bier (US), C. Sieber (DE)</p> <p>▶ How much protein is needed for infants?</p> <p>▶ How much protein is needed for older people?</p> <p>▶ Strategies to optimise protein synthesis</p>	<p>C. van den Akker (NL)</p> <p>J. Bauer (DE)</p> <p>N.E.P Deutz (US)</p>



PROGRAMME DAY BY DAY

08:30 - 10:00	<p><u>METABOLIC THERAPY FOR CANCER</u> Moderators: I. Rowland (UK), M. Correia (PT)</p> <ul style="list-style-type: none"> ▶ Tumour cell metabolism - it's all about glucose ▶ Nutrition for better chemotherapy outcomes ▶ Integrated approach and metabolic modulation in cancer treatment 	<p>V. Maximo (PT) A. Laviano (IT) P. Ravasco (PT)</p>
08:30 - 10:00	<p><u>ORAL COMMUNICATIONS 5</u></p>	
10:00 - 10:30	<p>Coffee break</p>	
10:30 - 11:15	<p><u>ARVID WRETLIND LECTURE</u> Moderators: TBA</p> <ul style="list-style-type: none"> ▶ Evolving concepts on perioperative metabolism and support 	<p>M. Braga (IT)</p>
11:15 - 12:00	<p><u>FIGHT AGAINST MALNUTRITION</u></p>	
12:00 - 14:00	<p>Lunch and poster viewing</p>	
13:30 - 15:30	<p><u>LLL LIVE COURSE- NUTRITION IN THE ELDERLY</u> Moderator: S. Schneider (FR)</p> <ul style="list-style-type: none"> ▶ Epidemiology and etiology of malnutrition in the elderly ▶ Age -related sarcopenia ▶ Nutritional screening and dietetic advice in the elderly ▶ Artificial nutrition in the elderly 	<p>T. Cederholm (SE) J. Bauer (DE) M. de van der Schueren (NL) S. Schneider (FR)</p>
14:00 - 15:30	<p><u>NUTRITIONAL SUPPORT OF STROKE PATIENTS</u> Moderators: R. Burgos (ES), S. Duque (PT)</p> <ul style="list-style-type: none"> ▶ The obesity paradox in stroke patients ▶ Nutrition support in acute stroke - when and how ▶ Nutrition in rehab 	<p>W. Doehner (DE) R. Wirth (DE) L. Poulia (GR)</p>
14:00 - 15:30	<p><u>NUTRITION AND PATHWAYS TO CANCER</u> Moderators: A. Laviano (IT), M. Cravo (PT)</p> <ul style="list-style-type: none"> ▶ The pathways by which obesity promotes carcinogenesis ▶ Dietary heme: promotion of carcinogenesis ▶ Nutrients targeting microbiota and cancer risk 	<p>J. Mason (US) R. van der Meer (NL) I. Rowland (UK)</p>
14:00 - 15:30	<p><u>OPTIMIZING POST SURGICAL RECOVERY</u> Moderators: O. Ljungqvist (SE), N. Carvalho (PT)</p> <ul style="list-style-type: none"> ▶ Role of microbiota on surgical recovery ▶ Specific metabolic needs in post operative patients ▶ Optimizing gut recovery after abdominal surgery 	<p>I. Correia (BR) M. Braga (IT) D. Lobo (UK)</p>
14:00 - 15:30	<p><u>ORAL COMMUNICATIONS 6</u></p>	
15:30 - 16:00	<p>Coffee Break</p>	
16:00 - 17:30	<p><u>SATELLITE SYMPOSIUM BBRAUN</u></p>	
16:00 - 17:30	<p><u>SATELLITE SYMPOSIUM BAXTER</u></p>	
17:30 - 19:00	<p><u>GENERAL ASSEMBLY (FOR ESPEN MEMBERS ONLY)</u></p>	

PROGRAMME DAY BY DAY

TIME	TUESDAY 7 SEPTEMBER 2015	SPEAKERS
08:30 - 10:00	<p><u>PUTTING ON DIET A LARGE PLANET: OPPORTUNITIES AND CHALLENGES</u></p> <p>Moderators:</p> <ul style="list-style-type: none"> ▶ Food preferences: barriers against compliance to the diet? ▶ Therapeutic patient education (behavior vs physical activity) ▶ Does the magic pill exist? 	<p>A. Oliveira-Maia (PT)</p> <p>A. Golay (CH)</p> <p>E.M. Williamson (UK)</p>
08:30 - 10:00	<p><u>ESPEN GUIDELINES</u></p> <p>Moderators: S. Schneider (FR), M. Muscaritoli (IT)</p> <ul style="list-style-type: none"> ▶ Neurodegenerative diseases ▶ Chronic intestinal failure ▶ ESPEN criteria for malnutrition/undernutrition ▶ Inflammatory Bowel Disease 	<p>R. Burgos (ES)</p> <p>L. Pironi (IT)</p> <p>T. Cederholm (SE)</p> <p>A. Forbes (UK)</p>
08:30 - 10:00	<p><u>ESPEN RESEARCH FELLOWSHIP I</u></p> <p>Moderators: P. Calder (UK), O. Irtun (NO)</p> <ul style="list-style-type: none"> ▶ Effects of polyunsaturated fatty acids on skeletal muscle oxidative stress, inflammation and insulin signalling ▶ Glutathione metabolism during Pseudomonas aeruginosa induced sepsis in the pig, and the effect of enteral nutritional intervention ▶ Cancer anorexia: the role of serotonin in hypothalamic food intake regulation 	<p>A.M. Semolic (IT)</p> <p>G. Ten Have (US)</p> <p>J. Dwarkasing (NL)</p>
08:30 - 10:00	<p><u>VITAMIN D: POTION OR POISON?</u></p> <p>Moderators: R. Thibault (FR), M. Berger (CH)</p> <ul style="list-style-type: none"> ▶ Overview of Vitamin D biology and toxicity ▶ Pro: Vitamin D supplementation is vital ▶ The Cochrane position 	<p>R. Rizzoli (CH)</p> <p>K. Amrein (AT)</p> <p>G. Bjelakovic (RS)</p>
08:30 - 10:00	<p><u>ORAL COMMUNICATIONS 7</u></p>	
10:00 - 10:30	<p>Coffee break</p>	
10:30 - 12:00	<p><u>CASE DISCUSSION - INTESTINAL OBSTRUCTION BY MALIGNANCY</u></p> <p>(in collaboration with SIG on Acute Intestinal Failure)</p> <p>Moderators: J. Shaffer (UK), A. Forbes (UK)</p> <ul style="list-style-type: none"> ▶ Case presentation: Surgical treatment of malignant bowel obstruction <p>Discussants:</p>	<p>R. Burgos (ES)</p> <p>O. Irtun (NO)</p> <p>M. Holst (DK)</p> <p>S. Klek (PL)</p> <p>N. Wierdsma (NL)</p> <p>A. Neves (PT)</p>



PROGRAMME DAY BY DAY

10:30 - 12:00	<u>1000 DAYS NUTRITION AND LIFETIME CONSEQUENCES</u> Moderators: S. Kolacek (HR), V. Nobili (IT) <ul style="list-style-type: none">▶ Role of protein intake in perinatal growth and metabolism▶ Nutrition, epigenetics and long-term consequences▶ Breast is best: what is new	D. Darmaun (FR) K. Godfrey (UK) R. Shamir (IL)
10:30 - 12:00	<u>ESPEN RESEARCH FELLOWSHIP II</u> Moderators: P. Calder (UK) <ul style="list-style-type: none">▶ Chewing efficiency in ALS patients : a marker for PEG requirement?▶ The phase angle: a new marker of clinical outcome in the intensive care unit patients	L. Genton Graf (CH) R. Thibault (FR)
10:30 - 12:00	<u>SUGAR INTAKE: PRO AND CON</u> Moderators: M. León Sanz (ES), N.E.P. Deutz (US) <ul style="list-style-type: none">▶ Limit sugar intake for better health▶ The risks of sugars intake, per se, are overstated Debate	I. Elmadfa (AT) D. Bier (US)
10:30 - 12:00	<u>ORAL COMMUNICATIONS 8</u>	



LLL COURSES

Project n°: LLP-LDV-TOI-07-BG-166014

Project n°: BG/03/B/F/PP-166 039

WHAT ARE THE LLL COURSES?

The ESPEN Leonardo da Vinci Life Long Learning Project is an ESPEN - EU global effort to improve daily practice in Clinical Nutrition and Metabolism and develop quality care in nutrition by means of an innovative educational initiative.

What are the main objectives?

To improve knowledge, competence and skills of health professionals and students in Clinical Nutrition and Metabolism while providing CME credits and European certification for medical doctors. The courses are open not only for medical doctors. Pharmacists, dieticians and nurses can attend.

The duration of each course is 4 hours.

Paying courses to be reserved upon registration to the Congress ([cf. on-line registration form](#)) and are open for all nutritional care givers (medical doctors, pharmacists, dieticians and nurses).

OVERVIEW

Overview of all the modules proposed. You can attend a maximum of 7 modules as some of the modules are running in parallel.

FRIDAY 4 SEPTEMBER 2015

MORNING

- Session 1 – Nutritional assessment and techniques
- Session 2 – Nutrition in metabolic syndrome
- Session 3 – Nutrition in neurological diseases
- Session 4 – Home parenteral nutrition in adult patients
- Session 5 – Nutrition support in respiratory diseases

AFTERNOON

- Session 6 – Nutritional support in cancer
- Session 7 – Nutritional support in pancreatic and liver diseases
- Session 8 – Approach to parenteral nutrition
- Session 9 – Nutritional support in diabetes and dyslipidemia
- Session 10 – Nutrition in obesity

SATURDAY 5 SEPTEMBER 2015

MORNING

- Session 11 – Approach to oral and enteral nutrition
- Session 12 – Nutrition in pediatric patients 1
- Session 13 – Nutritional support in GI diseases
- Session 14 – ICU Nutrition and problem solving
- Session 15 – T-LLL Course (Upon invitation only).



LLL COURSES

SUNDAY 6 SEPTEMBER 2015

MORNING

- 08:00 - 10:00 LLL live course - Nutrition in sport
 10:30 - 12:30 LLL case discussion and test will be provided in a special room for those registered for this topic

AFTERNOON

- 13:30 - 15:30 LLL live course - Nutritional support in the perioperative period
 16:00 - 18:00 LLL case discussion and test will be provided in a special room for those registered for this topic

MONDAY 7 SEPTEMBER 2015

MORNING

- 08:00 - 10:00 LLL live course - Nutrition and disease prevention of non-communicable diseases
 10:30 - 12:30 LLL case discussion and test will be provided in a special room for those registered for this topic

AFTERNOON

- 13:30 - 15:30 LLL live course - Nutrition in the elderly patients
 16:00 - 18:00 LLL case discussion and test will be provided in a special room for those registered for this topic

LLL COURSES REGISTRATION FEES*

ESPEN MEMBER

1 MODULE:	EUR 35
2 MODULES:	EUR 65
3 MODULES:	EUR 95
4 MODULES:	EUR 100
5 MODULES:	EUR 125
6 MODULES:	EUR 130
7 MODULES:	EUR 140

ESPEN NON-MEMBER

1 MODULE:	EUR 105
2 MODULES:	EUR 155
3 MODULES:	EUR 185
4 MODULES:	EUR 190
5 MODULES:	EUR 225
6 MODULES:	EUR 230
7 MODULES:	EUR 255

NOTE

All the LLL courses will take place at the **Congress Centre Lisbon (CCL)**. **To register to any of the LLL courses, you need to be fully registered to the 37th ESPEN Congress.** Kindly note that some LLL courses are linked with the Educational Programme and are open to all the Congress participants. However participants wishing to take the LLL case discussion and tests that follow the corresponding Educational session must register specifically to the latter. The LLL case discussion and tests will take place after the session at the CCL and participants must be registered to the corresponding LLL Courses. The corresponding vouchers will be provided together with the name badge.

Maximum 50 participants for each LLL Course & Tests (registration on a "first come, first served" basis).

Important to know!!

ESPEN offers to all LLL participants (aged below 35 years) a free one year ESPEN membership. The membership starts 1.1.2016 and ends 31.12.2016. Please make sure that you supply a valid e-mail address to MCI. After the Congress, ESPEN will contact the participants.

*** Registration to the Congress is mandatory to attend the LLL courses.**



LLL COURSES

BG/03/B/F/PP-166 039

DETAILED LLL COURSES PROGRAMME

ALL THE LLL COURSES WILL TAKE PLACE AT THE CONGRESS CENTRE LISBON (CCL).

TIME	FRIDAY 4 SEPTEMBER 2015	SPEAKERS
MORNING		
09:00 - 13:00	<p><u>NUTRITIONAL ASSESSMENT AND TECHNIQUES</u> Moderator: R. Meier (CH)</p> <p><u>NUTRITIONAL IN METABOLIC SYNDROME</u> Moderator: M. León Sanz (ES)</p> <p><u>NUTRITION IN NEUROLOGICAL DISEASES</u> Moderator: R. Burgos (ES)</p> <p><u>HOME PARENTERAL NUTRITION IN ADULT PATIENTS</u> Moderator: L. Pironi (IT)</p> <p><u>NUTRITION SUPPORT IN RESPIRATORY DISEASES</u> Moderator: A. Schols (NL)</p>	<p>K. Norman (DE) L. Sobotka (CZ) R. Meier (CH)</p> <p>M. León Sanz (ES) M.C. Cuerda (ES) J. Singer (IL) R. Barazzoni (IT)</p> <p>R. Burgos (ES) S. Schneider (FR) I. Breton (ES)</p> <p>L. Pironi (IT) A. van Gossum (BE)</p> <p>A. Schols (NL) F. Franssen (NL)</p>
AFTERNOON		
14.00 - 18.00	<p><u>NUTRITIONAL SUPPORT IN CANCER</u> Moderator: A. Laviano (IT)</p> <p><u>NUTRITIONAL SUPPORT IN PANCREATIC AND LIVER DISEASES</u> Moderator: J. Kondrup (DK)</p> <p><u>APPROACH TO PARENTERAL NUTRITION</u> Moderator: Z. Krznaric (HR)</p> <p><u>NUTRITIONAL SUPPORT IN DIABETES AND DYSLIPIDEMIA</u> Moderator: M. León Sanz (ES)</p> <p><u>NUTRITION IN OBESITY</u> Moderator: I. Chermesh-Rozenwaser (IL)</p>	<p>A. Laviano (IT) P. Ravasco (PT)</p> <p>J. Kondrup (DK) R. Meier (CH) J. Ockenga (DE)</p> <p>Z. Krznaric (HR) S. Mühlebach (CH)</p> <p>M. León Sanz (ES) L. Sobotka (CZ) M. Ballesteros-Pomar (ES)</p> <p>I. Chermesh-Rozenwaser (IL) M. Chourdakis (GR)</p>



LLL COURSES

TIME	SATURDAY 5 SEPTEMBER 2015	SPEAKERS
MORNING		
09:00 - 13:00	<p><u>APPROACH TO ORAL AND ENTERAL NUTRITION</u> Moderator: M. Pirlich (DE)</p> <p><u>NUTRITION IN PEDIATRIC PATIENTS 1</u> Moderator: S. Kolacek (HR)</p> <p><u>NUTRITIONAL SUPPORT IN GI DISEASES</u> Moderator: J. Shaffer (UK)</p> <p><u>ICU NUTRITION AND PROBLEM SOLVING</u> Moderator: P. Singer (IL)</p> <p><u>T-LLL COURSE</u> Moderators: R. Meier (CH), R. Komsa-Penkova (BG), M. León Sanz (ES)</p>	<p>M. Pirlich (DE) M. de van der Schueren (NL)</p> <p>S. Kolacek (HR) R. Shamir (IL)</p> <p>J. Shaffer (UK) R. Meier (CH) S. Klek (PL)</p> <p>P. Singer (IL) M. Hiesmayr (AT)</p>
TIME	SUNDAY 6 SEPTEMBER 2015	SPEAKERS
MORNING		
08:00 - 10:00	<p><u>LLL LIVE COURSE - NUTRITION AND SPORT</u> Moderator: K. Melzer (CH)</p> <ul style="list-style-type: none"> ▶ Energy balance regulation: Effects of exercise on ad libitum food intake ▶ Nutrition for strength and power sports ▶ Nutrition for endurance sports ▶ Physical activity in chronic diseases 	<p>K. Melzer (CH) N. Kozjek (SI) A. Carlsohn L. Genton Graf (CH)</p>
10:30 - 12:30	<p>LLL case discussion and test will be provided in a special room for those registered for this topic those registered for this topic</p>	
AFTERNOON		
13:30 - 15:30	<p><u>LLL LIVE COURSE- NUTRITION IN THE PERIOPERATIVE PERIOD</u> Moderator: O. Ljungqvist (SE)</p> <ul style="list-style-type: none"> ▶ Metabolic responses to surgical stress ▶ Enhanced Recovery (ERAS) ▶ Fluid balance and metabolism in surgery ▶ Nutrition in the perioperative period 	<p>O.Ljungqvist (SE) K. Fearon (UK) D. Lobo (UK) A. Weimann (DE)</p>
16:00 - 18:00	<p>LLL case discussion and test will be provided in a special room for those registered for this topic</p>	

LLL COURSES

TIME	MONDAY 7 SEPTEMBER 2015	SPEAKERS
MORNING		
08:00 - 10:00	<p><u>LLL LIVE COURSE- NUTRITION AND PREVENTION</u></p> <p>Moderator: M. Muscaritoli (IT)</p> <ul style="list-style-type: none"> ▶ Nutrition and Cancer Prevention ▶ Nutrition in the prevention of Osteoporosis ▶ Nutrition in the prevention of Cardiovascular Diseases ▶ Nutrition in the prevention of Neurological Disease 	<p>M. Muscaritoli (IT)</p> <p>H. Bischoff-Ferrari (CH)</p> <p>I. Shai (IL)</p> <p>R. Burgos (ES)</p>
10:30 - 12:30	<p>LLL case discussion and test will be provided in a special room for those registered for this topic</p>	
AFTERNOON		
13:30 - 15:30	<p><u>LLL LIVE COURSE- NUTRITION IN THE ELDERLY</u></p> <p>Moderator: S. Schneider (FR)</p> <ul style="list-style-type: none"> ▶ Epidemiology and etiology of malnutrition in the elderly ▶ Age -related sarcopenia ▶ Nutritional screening and dietetic advice in the elderly ▶ Artificial nutrition in the elderly 	<p>T. Cederholm (SE)</p> <p>J. Bauer (DE)</p> <p>M. de van der Schueren (NL)</p> <p>S. Schneider (FR)</p>
16:00 - 18:00	<p>LLL case discussion and test will be provided in a special room for those registered for this topic</p>	
13:00 - 17:00	<p>Final LLL examination for the ESPEN EUROPEAN DIPLOMA IN CLINICAL NUTRITION AND METABOLISM</p> <p>(Only for participants registered prior to the start of Congress (not on-site) – subject to charge.</p>	



ABSTRACTS

GUIDELINES FOR ABSTRACTS SUBMISSION

1. IMPORTANT DATES & DEADLINES

Submission start:	12 January 2015
Submission deadline:	7 April 2015, Midnight CET
Late breaking submission start:	15 May 2015 (EUR 100). Posters only, no print in the ESPEN Journal
Late breaking submission deadline:	19 June 2015
Notifications to submitters:	30 May 2015

2. TECHNICAL INFORMATION

Internet Explorer 7.0 or higher, Mozilla Firefox 3.0 or higher are required. JavaScripts and cookies need to be enabled in your browser.

3. GENERAL

Abstracts can only be submitted on-line via the on-line abstract submission form that can be found in the section "Abstracts" on the official ESPEN 2015 Congress website: www.espen.org

4. PUBLICATIONS

On the Congress website 1 month prior to the Congress.

Journal of the European Society for Clinical Nutrition and Metabolism: Clinical Nutrition (special Congress supplement, published by Elsevier).

Late Breaking Abstracts: it is not guaranteed that the late Breaking Abstracts are published in the Supplement of the Journal distributed at the Congress. If not, they will be published in the next issue.

SUBMISSION PROCESS

- Delegates, who would like to present their work at the Congress, either orally or as a poster, are invited to submit an abstract for consideration by the Abstract Grading Committee.
- A paper should not be submitted to the 37th ESPEN Congress if it has already been presented internationally.
- Abstract submission is only possible via Internet: go to www.espen.org on the Internet. Click on "ABSTRACTS" and follow the instructions as given.
- Please read carefully all the instructions available on the Internet and on the on-line abstract submission system before preparing your abstract.
- The creation of a user account is required for the submission of an abstract. The account only needs to be created once and can be re-used for future abstract submission and registration to the conference. Submitters from previous years' meeting should use their existing account details
- Abstracts can be saved in "Draft status" to be re-edited and modified until the submission deadline (**7 April 2015, Midnight CET**). Abstracts cannot be edited after the submission deadline.
- Abstracts fulfilling all criteria can be saved in "Final submission" status. Only abstracts in "Final submission" status will be considered for the Congress.
- Abstracts are accepted on a wide range of topics in clinical nutrition and metabolism. The submitter has to select the right topic for the abstract on the submission form.



ABSTRACTS

Available topics are:

- Nutritional assessment
- Nutritional epidemiology
- Carbohydrate and lipid metabolism
- Protein and amino acid metabolism
- Hormones, mediators and immunity
- Vitamins, antioxidants and minerals
- Critical Care
- Liver and gastrointestinal tract
- Nutrition and chronic diseases
- Obesity and the metabolic syndrome
- Nutrition and cancer
- Paediatrics
- Nutritional techniques and formulations
- Geriatrics
- Qualitative design studies
- Perioperative care
- Late breaking abstract

For standardisation, the acceptable length of the abstract is no more than **2'000 printable characters** (headers, conflicts of interest, title, etc. included). This includes non-visible characters, such as spaces and line breaks. Authors' details are not included.

Please refer to the word count of the system as slight differences may occur when counting with WORD or similar programmes.

THE ABSTRACT NEEDS TO BE STRUCTURED AS FOLLOWS:

- **Rationale:** this section should contain 1-2 sentences that clearly indicate the scientific question of the study and its clinical (or other) importance.
- **Methods:** this section should contain sufficient information to be able to understand the experimental design, the analytical techniques and the statistics used in the study.
- **Results:** this section should contain objective data to answer the scientific question(s).
- **Conclusions:** this section should provide only conclusions of the study directly supported by the results, along with implications for clinical practice, avoiding speculation and overgeneralisation.

One table can be included, but the total number of cells (columns + rows) may not exceed 16. Please note that tables may significantly reduce the number of the remaining allowed characters.

A paper cannot be accepted if the conflict of interest disclosure is not signed. On the on-line abstract form, provide the requested details for all authors.

RULES

The rules for preparing the abstracts can also be found on the Internet at

www.espen.org

Failure to observe these guidelines may result in disqualification.



ABSTRACTS

LATE BREAKING ABSTRACTS

Late breaking abstracts may be accepted until **19 June 2015, Midnight**, CET with a non-refundable fee of **EURO 100.-** that has to be paid upon submission. The fee is applicable whether the abstract is accepted or not.

Late breaking abstracts will only be presented as posters.

Late breaking abstracts are also published either in the Supplement or in the next coming issue of the Journal.

PRESENTATION OF ABSTRACTS

- Abstracts can be accepted either as poster or oral communication.
- The Abstract Grading Committee will select submitted abstracts and determine whether they are accepted for oral or poster presentation.
- If your abstract is accepted as a poster, you will be requested to be available for discussion during the corresponding poster viewing session.
- The maximum usable surface of the display panels is 150cm (height) x 95cm (width), however the recommended size is **100cm high x 94cm large**. The Adhesive material will be provided.
- Please use letters large enough to be read from a distance of 1.5 meters.

PUBLICATION

- Accepted abstracts will be published in the Supplement of Clinical Nutrition, "**Nutrition and Metabolism - the ESPEN Journal**", and will be available on the Internet one month prior to the Congress as submitted by the authors.

GENERAL REMARKS

- **The Author of the abstract selected for presentation must be registered at the Congress**
- Abstracts must contain data and meet international ethical standards
- Abbreviations should be defined
- Trade names cannot be mentioned in the title. However, trade names in brackets will be accepted in the body of the text
- Please ensure your abstract does not contain spelling, grammar, or scientific mistakes, as it will be reproduced exactly as submitted. Linguistic accuracy is **your responsibility. No proof reading will be done**
- No changes can be made to the abstract after the submission deadline 7 April 2015, midnight CET
- The reviewers will judge the abstracts according to the relevance to ESPEN, standard of English, objectivity of statements, description of what was done, suitability of methods to aims, conclusions confirmed by objective results, ethics, scientific value, potential clinical value, originality of work and overall impression
- Submitting authors will be notified by **30 May 2015** whether their abstract has been accepted, and they will be informed at the same time about the date, time and form of their presentation. All notifications will be sent out to the e-mail address given on the submission form
- If you want to **withdraw** your abstract, a written statement reflecting the reasons for this decision must be sent to the ESPEN Secretary (espen.scienti@mci-group.com) **no later than 1 June 2015**

ESPEN AWARDS

BEST ABSTRACTS, TRAVEL AWARDS, OUTSTANDING POSTERS AND CLINICAL NUTRITION SYMPOSIUM

BEST ABSTRACTS 2015

- The 3 Best Abstracts are selected by the Abstracts Referees and the Scientific Committees
- They are presented in a Plenary session
- They are indicated on the ESPEN website
- Diplomas are given during the “ESPEN Best Abstracts 2015” Session

TRAVEL AWARDS

- When an abstract is being submitted (exclusively while submitting on-line), a special dedicated box must be ticked to apply to the Travel Awards (only for those submitters filling the criteria)
- The selected 40 Travel Awards are given to young investigators under the age of 35 (one per country) for their best first presented abstract. They will be granted **EURO 500 each**, awarded according to a mix of quality of the abstract, score, acceptance (oral / poster), and of the Congresses' theme, not only on the ranking
- The young investigator must come in person to get his/her **grant** (at the speakers' desk, from 14:00 on Sunday 7 September 2015) after the Sir David Cuthbertson Lecture. No payment will be made before or after the Congress
- **Deadline for application is 7 April 2015**

OUTSTANDING POSTERS

- Top 10 percentile of posters (based on scores) will be marked as being «Outstanding Posters», according to the abstract score
- They will be indicated in the abstracts Book (by an asterisk)
- A special mention will be placed on the given posters number signage onsite



REGISTRATION

PROCEDURES

ALL PARTICIPANTS MUST BE REGISTERED.

- For Congress Registration and Hotel Reservation all participants must submit a complete [on-line registration form](#).

The ESPEN Congress requires the full data for each individual participant, including updated postal and e-mail address. Incomplete registrations cannot be processed. Confirmation of the registration will be sent only when the corresponding payment is received.

While registering on-line, it is possible to create a user-account, enabling you to come back to your data to update them.

For further information regarding the registration, kindly contact:

ESPEN 2015

C/O MCI Suisse SA

Rue de Lyon 75

P.O. Box 502

1211 Geneva 13 - Switzerland

Phone: +41 (0)22 33 99 580

Fax: +41 (0)22 33 99 631

E-mail: espenreg@mci-group.com

Web: www.mci-group.com

ESPEN 2015 REGISTRATION FEES

Save on the registration fees by registering before 22 May 2015!!

REGISTRATION CATEGORIES	UNTIL 21 MAY 2015*	FROM 22 MAY 2015*
ESPEN MEMBER	EURO 390.00	EURO 480.00
NON MEMBER	EURO 495.00	EURO 585.00
NURSE - ESPEN MEMBER	EURO 270.00	EURO 325.00
NURSE - NON MEMBER	EURO 325.00	EURO 380.00
DIETITIAN - ESPEN MEMBER	EURO 270.00	EURO 325.00
DIETITIAN - NON MEMBER	EURO 325.00	EURO 380.00
STUDENT**	EURO 215.00	EURO 270.00
NO ACCOMPANYING PERSON REGISTRATION		

* Fees payable in EURO only, 23%VAT included.

** For Students (under 35, born after 01.01.1980), a letter of confirmation from the Head Unit must be sent upon registration.

REGISTRATION

Early registrations will be accepted until **21 May 2015, midnight CET**. The reduced fees will only apply when early registration is accompanied by payment and received before said deadline (21 May 2015). If your payment is not received before the deadline, the late registration fee will be automatically charged.

DELEGATES' REGISTRATION FEE INCLUDES:

- ✓ Admission to all scientific sessions
- ✓ Access to Exhibition
- ✓ Welcome Reception on 5 September
- ✓ Congress Bag
- ✓ Final Programme
- ✓ Clinical Nutrition Supplement including all submitted and accepted abstracts
- ✓ Certificate of Attendance
- ✓ Scheduled coffee breaks
- ✓ Lunch box on Sunday 6 and Monday 7 September

CONTENT CAPTURE

In the permanent ambition to support the Clinical Nutrition community with the best available information, ESPEN is collecting the contributions from all presenters in the ESPEN Congress in digitally recorded format **except the LLL lectures**.

The purpose of the recording is to make these State-of-the-Art presentations available to a wider audience and with this, the latest progress in clinical, research and patient oriented Clinical Nutrition will also be available to those not able to follow the proceedings during the conference.

KINDLY NOTE THAT:

- The access to these presentations is included in the Full Access Registration fees only
- The presentations will be recorded as a series of slides, accompanied by the speaker's spoken comments and explanations during the session but no video of speaker
- The presentations should be accessible approximately 3 weeks after the Congress
- The presentations will be accessible during 12 months

LLL COURSES

The LLL Courses are paying courses to be reserved upon registration ([cf. on-line registration form](#)) and are open for all nutritional care givers (doctors, pharmacists, dieticians and nurses).



REGISTRATION

PAYMENT

Full payment should be received before the relevant deadline. To facilitate processing, participants should clearly indicate in all remittances their name, address and the purpose for which the payment is made. Either of the following means can be used for payment:

1. CREDIT CARD

American Express, EuroCard/MasterCard and Visa cards will be accepted.

Please fill in your card number and expiration date on the registration form as indicated.

2. BANK TRANSFER

Payable in Euros to ESPEN 2015 c/o MCI Suisse SA

UBS SA - CP 2600 - 1211 Geneva 2 - Switzerland

Account N° 240-369.393.71L - Clearing 240

Swift UBSWCHZH80A

IBAN CH 18 0024 0 240 36 93 93 71L

Bank Address: UBS SA - CP 2600 - 1211 Geneva 2 - Switzerland

Please indicate "ESPEN 2015 - free of charge for the receiver account".

Copy of bank transfer should be sent together with registration form.

OTHER REGISTRATION GUIDELINES

GROUP REGISTRATION

For group registration, a minimum of 10 participants is required. Please contact the Congress Secretariat, MCI Suisse SA at espenreg@mci-group.com, to obtain the group registration form. It is highly advised to collect Congress documents and bags as early pick-up. Kindly contact the Congress Secretariat, MCI Suisse SA.

CONFIRMATION

Confirmation will be sent only when the corresponding payment is received. Participants should bring their letter of confirmation to the registration desk at the Congress Venue when collecting their documents.

REGISTRATION AT THE VENUE

The Registration desk at the CCL will open on Friday 4 September at 17:00 and will stay open throughout the Congress (according to opening hours indicated in the programme). The Registration Desk is located at the entrance of the Congress Centre. Kindly note that by registering on-site, you are not guaranteed to get the Congress bag & documents, and that availability of hotel accommodation at that time may be limited. Please arrive early if you wish to register on-site.

HOTEL ACCOMMODATION

MCI has reserved a large number of hotel rooms in various hotels in different price categories. Kindly make your reservation while you are registering [on-line](#). Reservations will be made on a first-come, first-served basis. Individual participants are asked to book their hotel [on-line](#). More information is available under the section "Accommodation".

Hotel reservations are handled by MCI:

Rue de Lyon 75, P.O. Box 502

1211 Geneva 13 - Switzerland

Phone: +41 (0)22 33 99 580

Fax: +41 (0)22 33 99 631

E-mail: espenreg@mci-group.com



REGISTRATION

REGISTRATION MODIFICATION & CANCELLATION

CANCELLATION CONDITIONS

All cancellations are to be sent to MCI Suisse SA in writing (fax, letter, or email). For cancellations received until Wednesday, August 05, 2015 deposits will be refunded less EUR 70 for administrative costs. After this date, no refunds will be possible.

MODIFICATION CONDITIONS

A handling fee of EUR 30 per registration will be charged for every registration modification received after Wednesday, 5 August, 2015.

For a badge name change, written permission from the original participant will be required, along with full contact details of the substitution.

If a badge is lost or forgotten, an administrative fee of EUR 80 will be charged for the reprint of the badge after identity verification (passport, driving license or other recognised identification document).





ACCOMMODATION

ACCOMMODATION INFORMATION

GENERAL INFORMATION

MCI Suisse SA is pleased to offer a hotel booking service for the ESPEN 2015 Congress to be held in Lisbon. Advantages of booking within the block are countless:

- All official hotels were carefully selected and are MCI-approved.
- Competitive room rates
- A housing company with extended experience in housing management
- Additional networking opportunities for your delegates outside of the formal Congress venue.
- Extensive and privileged relationships with hotels.
- Personalised service and support, prior, during and after the event from a dedicated team of housing experts
- World class, state-of-the-art and user friendly online hotel reservation management system

HOTEL BOOKING

The majority of the hotels chosen for this Congress are located in the Congress centre and in the city centre. For exact location of hotels, please see the map of Lisbon (page 34).

Lisbon attracts many tourists, and due to the high demand for accommodation during this period, reservations will be made on a "first-come, first-served" basis. We recommend booking early to ensure availability. Names of persons sharing rooms must be indicated by e-mail to MCI Suisse SA.

All rates are in euros, per room, per night, and include service charge and VAT. Rates apply for standard room; other room types like deluxe room, junior suite, suite, etc. are available upon request.

Book your room directly during the registration process to benefit from preferential rates and all the advantages offered when booking through the official housing agency with privileged contacts with the hotels!

PAYMENT

We accept the following credit cards: American Express, VISA and Master Card. Alternatively you may pay by bank transfer. Please remember to mention your name and "ESPEN 2015" as the reference on the bank transfer.

Only guaranteed reservations will be accepted: to guarantee your reservation a deposit covering the first night is required, either by bank transfer or by credit card (deposits will be deducted from the final hotel bill when paid by the participant at the hotel). From **Wednesday, August 05, 2015**, only payments by credit card will be accepted.

Please be aware that all extras you might incur during your stay (i.e. mini-bar, laundry, telephone, etc) have to be paid directly to the hotel upon your departure.

Please also note that a credit card or cash deposit may be required for potential incidental charges when completing the check-in process at the hotel.

HOTEL BOOKINGS, CANCELLATIONS & MODIFICATIONS CONDITIONS

Any enquiries or requests for additional information, modifications or cancellations to room reservations should be addressed to MCI in writing (fax, letter or email). Please do not contact the hotel directly.

In the event of cancellation up to **Friday July 31, 2015**: no charge will incur.

In the event of cancellation up to **11 days prior to arrival date**: 50% of one night will be charged in case of cancellation.

In the event of late cancellations (**from 10 days prior to arrival date**): No refund will be done.

CHECK-IN/CHECK-OUT TIME

Hotel check-in time is 15:00. If arriving after 18:00, please notify MCI Suisse SA in advance.

Check-out time is until 12:00. Extra costs apply for early check-in and/or late check-out.



ACCOMMODATION

GROUP RESERVATIONS

Large group reservations (10 persons minimum) will be handled by MCI Suisse SA with separate contracts. Please contact MCI Suisse SA at: espenreg@mci-group.com

METHODS OF PAYMENT

Payment of registration and hotel deposit may be made by:

- Credit card: EuroCard/ MasterCard, Visa, American Express
- Bank transfer to the account of MCI Suisse SA
Name of Bank: UBS SA
Name of Account: MCI Suisse SA
Account no: 240-369.393.71L - Clearing 240
Swift code: UBSWCHZH80A / IBAN: CH 18 0024 0 240 36 93 93 71L
Bank Address: UBS SA, CP 2600 - 1211 Geneva 2 - Switzerland
Mention: **«ESPEN 2015» and the participant's name. All costs are to be borne by the ordering customer.**
- Payment by personal cheques cannot be accepted
- All payments have to be **made in EUROS**



LIST OF HOTELS



ESPEN 2015 - HOTELS IN LISBON

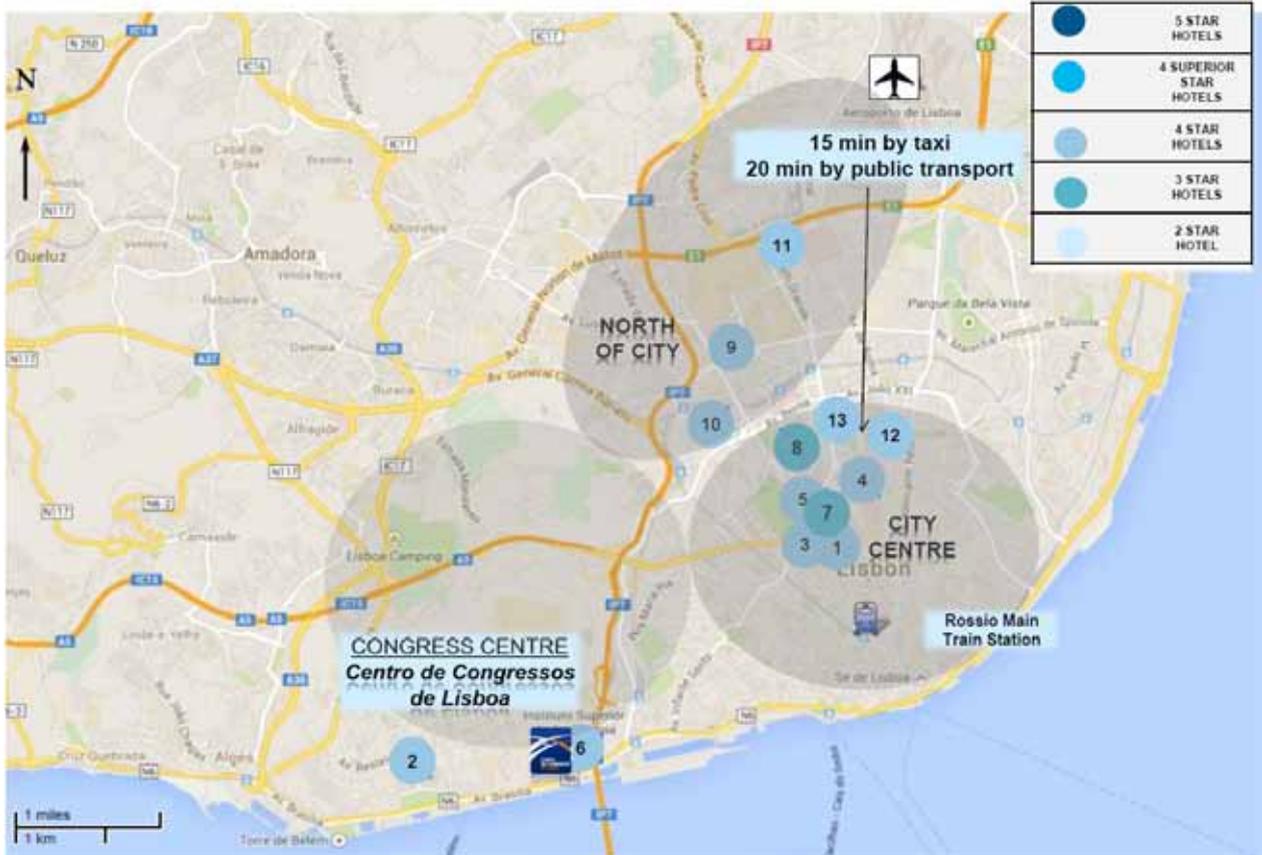
HOTEL S 4*	Hotel Name	Single Use Rates	Double Use Rates	Breakfast Rate (per/night)	City Tax Rate (per/night)	Location	Distance to congress by Public Transportation	Closest public transportation station	Line of closest public transportation station	Number on Map
4*	HOLIDAY INN LISBON	90.00	100.00	10.00	Incl	City Centre	22 minutes	Campo Pequeno	BUS 756	12
4*	HOLIDAY INN LISBON CONTINENTAL	90.00	100.00	10.00	Incl	City Centre	17 minutes	Campo Pequeno	BUS 756	13
4*	INSPIRA SANTA MARIA	160.00	160.00	13.00	Incl	City Centre	30 minutes	Av. da Liberdade	BUS 732	1
4*	JERONIMO B	200.00 / 210.00	200.00	10.00	Incl	Congress Centre	5-10 minutes	Rua dos Jeronimos	BUS 714 - 751 - 15E	2
4*	MARQUES DE POMBAL	140.00 / 146.00	162.00	Incl	Incl	City Centre	30 minutes	Marquês Pombal	BUS 732 - 727	3
4*	MEYA	100.00	110.00	6.00	Incl	City Centre	25 minutes	Hospital de Estrelas	Bus 767	4
4*	SARA LISBOA	136.50	146.50	6.00	Incl	City Centre	15 minutes	Marquês de Pombal	BUS 732	5
4*	SARA MALHOA	125.00	135.00	10.00	Incl	North of City	15 minutes	Viaduto de Av. Gubertian	BUS 756	10
4*	SARA METROPOLITAN	110.00	120.00	12.50	Incl	North of City	30 minutes	Praça de Espanha	BUS 756	9
4*	RADISSON BLU LISBOA	90.00	100.00	10.00	Incl	North of City	31 minutes	Amaral	Subway Amarela	11
4*	VILA GALE OPERA	175.00	175.00	10.00	Incl	Congress Centre	Walking Distance 3 min	Rua de Junqueira	BUS 756	6
HOTEL S 3*	Hotel Name	Single Use Rates	Double Use Rates	Breakfast Rate (per/night)	City Tax Rate (per/night)	Location	Distance to congress by Public Transportation	Closest public transportation station	Line of closest public transportation station	Number on Map
3*	SARA CAPITOL	110.00	115.00	5.00	Incl	City Centre	20 minutes	Marquês de Pombal	BUS 727 - 732	7
3*	SARA REBO	90.00	105.00	8.00	Incl	City Centre	20 minutes	Praça de Espanha-av. de Berna	BUS 756	8

Rates apply for standard rooms; other room types like deluxe rooms, junior suites, suites, etc. are available upon request.

All rates are in EUR per room, per night, and include VAT at the time of printing (September 2014). VAT may increase without notice and any such change will be reflected in final rates.



MAPS FOR THE HOTELS





CONGRESS INFORMATION

BADGES

A name badge will be provided on-site with your registration documents. Name badges must be visible and used at all times anywhere within the Congress Centre.

CERTIFICATE OF ATTENDANCE

A certificate of attendance will be included in the Congress bag together with some instructions. It is to be filled directly by the participant.

CME

There will not be CME credit for the Congress in 2015. However, each participant will be given a Certificate of Attendance.

CONGRESS DOCUMENTS

The Congress documents should be collected on-site at the Registration Desk during opening hours, at the Congress Centre.

DISCLAIMER

ESPEN and MCI Suisse SA, as the Congress planner, claim no liability for the act of any supplier to this meeting, nor liability for personal injury, the safety of any attendee while in transit to or from this event, for any loss or damage, for delays in transport by air, sea, rail, road, weather, in case of strikes, sickness, war or other causes.

EXHIBITION INFORMATION

The ESPEN 2015 exhibition, featuring commercial displays of International Organisations, Pharmaceutical Companies, Media Publishers and Scientific Societies, will be located in Hall 1 (Ground Floor). Coffee breaks and lunch boxes will be distributed within the exhibition.

EXHIBITION SCHEDULE

Saturday	5 September 2015	12:00-18:00
Sunday	6 September 2015	09:00-18:00
Monday	7 September 2015	09:00-18:00
Tuesday	8 September 2015	09:00-12:00

FOOD & BEVERAGE

Coffee/tea and light snacks during official breaks are included in the registration fees and will be served around the exhibition area. A lunch box will be offered to each registered delegate on Sunday 6 September and Monday 7 September 2015 and distributed inside the exhibition area.

LANGUAGES

English is the official Congress language. No sessions will be interpreted.

LOST AND FOUND

A lost-and-found service will be available at the registration desk.

MESSAGES

Participants can use the message board located in the registration area.

MOBILE PHONES

Delegates are kindly requested to keep their mobile phones in the off or silent/discreet position in the rooms where scientific and educational sessions are being held, as well as during poster sessions' viewing.

CONGRESS INFORMATION

MOBILE APP

Get all the information including the abstracts you need at your fingertips with the ESPEN 2015 Mobile Application on-site at the Congress. It is available for free on iOS and Android.

OFFICIAL LETTERS OF INVITATION

Should you require an official letter of invitation to obtain your visa to enter Portugal, please contact the Congress Secretariat, MCI Suisse SA. Please note, however, that the Organisers do not undertake any obligation to pay any expenses incurred by supplying these letters. Furthermore, for some countries, a confirmation of registration with payment may be asked by the authorities. Should you need a personalised letter, a fee of EUR 50,- will be applied.

ON-SITE

The desk for registration, information and distribution of documents will be open as follows (subject to change):

FRIDAY	4 SEPTEMBER 2015	08:00-18:00	(LLL REGISTRATION ONLY)
FRIDAY	4 SEPTEMBER 2015	17:00-19:00	
SATURDAY	5 SEPTEMBER 2015	08:00-20:30	
SUNDAY	6 SEPTEMBER 2015	07:30-19:00	
MONDAY	7 SEPTEMBER 2015	07:30-19:00	
TUESDAY	8 SEPTEMBER 2015	08:00-12:00	

POSTER SESSIONS

Posters sessions will be located next to the exhibition area in Hall 1 (Ground Floor).

Please contact the Posters desk (in the registration area) for any information. To get the necessary material a table will be set-up within the poster area. The author must be present in front of his/her poster during Poster viewing for free discussion.

REGISTRATION

All participants must submit a completed [on-line registration form](#).

Invited guests need to fill-in the special form sent to them.

SMOKING POLICY

The ESPEN 2015 Congress is a non-smoking event. It is forbidden to smoke in the Congress venue, including the exhibition & posters area.

Smoking is not permitted in most indoor public areas nor on board domestic aircraft or other means of public transportation, in stores, shops or other public buildings. The hotels offer smoking and non-smoking rooms. In restaurants and bars, smoking is forbidden.

SPEAKER'S PREVIEW ROOM

The Speakers' Preview Room will be located in **Room 1.10** on the first floor. Speakers are kindly requested to provide their PC formatted USB keys (PowerPoint presentations) to the Speaker's Preview Room centre at least two hours before their session. All conference rooms contain state-of-the-art technical equipment.



CONGRESS INFORMATION

The Speakers' Preview Room will be open as follows:

SATURDAY	5 SEPTEMBER 2015	08:00-19:00
SUNDAY	6 SEPTEMBER 2015	08:00-19:00
MONDAY	7 SEPTEMBER 2015	08:00-19:00
TUESDAY	8 SEPTEMBER 2015	08:00-12:00

SURVEY / CONFERENCE EVALUATION

We would be grateful if you could take a few minutes to answer an online survey that will be sent to you shortly after the conference. Your valuable feedback will help us to improve the organisation and quality of the next ESPEN conference.

TRAVEL INSURANCE

It is recommended that participants obtain adequate cover for travel, health and accident insurance before they depart from their countries. ESPEN 2015 and MCI as organizers cannot accept responsibility for personal injuries, or loss of, or damage to, private property belonging to the delegates.

SOCIAL EVENTS & EXCURSIONS

In order to comply with the new pharma regulations, ESPEN will focus on scientific and educational sessions and therefore does not offer any excursions or accompanying persons programme.

GENERAL INFORMATION ABOUT LISBON

Sprawling along the right bank of the Tagus estuary, Lisbon stands looking proudly towards the Atlantic Ocean and was the muse that inspired the great maritime discoveries. Likely founded by Phoenicians, the city was built during a millennium of colourful history waiting to be discovered by visitors. Lisbon witnessed Muslim domination, a Christian conquest, a golden age of discoveries, destruction by an earthquake and followed by an enlightened reconstruction process and on going renewal.

Lisbon is a patchwork of distinct and colourful quarters, like Baixa, Chiado, Alfama, Bairro Alto: accept the challenge of discovering Lisbon on foot or taking the famous old yellow tram!

To be found close by, are a series of excellent golf courses, the romantic town of Sintra, a paradise that has been magnificently set in the most beautiful landscape and has rightly been classified as world heritage. There is no better way to see the exuberant trees and vegetation than to take a horse-drawn carriage ride and pass by ancient mansions before reaching the Palácio da Pena at the top of the hill.

Other places of interest are the cosmopolitan seaside resort of Cascais, the Arrábida hills and their nature reserve, Sesimbra and the medieval walled village of Óbidos.

HOW TO REACH LISBON

Lisbon is easily accessible by air and train from all major European cities, and there are interesting low-budget connections from several of them. The international airport is only 20 minutes from downtown.

CLIMATE AND CLOTHING

Summer (June to September) is Lisbon's driest and hottest season with average daytime temperatures peaking at 28°C in August.

COMMUNICATION

For international calls to Lisbon, dial the international code +351 and the correspondent's number (without the 0).

CREDIT CARDS / CASH MACHINES

All major credit cards are accepted widely, but not everywhere. If in doubt, ask in advance. Cash-on-card services are available from selected American Express, Diners Club, MasterCard and VisaCard addresses. These cards are also accepted by all GWK currency exchange outlets and Change Express Offices.

CURRENCY

The local currency is the Euro (€).

CUSTOMS

Please consult the Portuguese Customs Regulations:

<https://portugal.visahq.com/customs/>

ELECTRICITY

The electrical supply in Portugal is 220-230 Volts and the socket are EU-standard. If travelling from countries outside of EU please check if you need an adapter and/or transformer.





GENERAL INFORMATION ABOUT LISBON

EMERGENCY NUMBERS

For all emergencies: 112

LANGUAGE

Portuguese is the national language of Portugal.

OFFICIAL LANGUAGE OF THE CONGRESS

The official congress language is English.

SAFETY

Lisbon is considered a very safe city but you should take normal, sensible precautions to avoid mugging, bag snatching and pick pocketing. You should be extra vigilant at airports and railway stations. Do not leave valuables unattended. Most shops and all major taxi companies accept credit and debit cards, so there is no need to carry a lot of cash.

SHOPPING

Most street shops in Lisbon open from 9h-10h, and often close at around 19h. Some offices and smaller businesses close for lunch, usually between 13h-15h.

The shopping malls open their doors at 10h and only close at midnight. Their large supermarkets however, close Sunday afternoons at 13h. On Saturdays, small shops generally open between 9h-13h, and are closed on Sundays.

Most restaurants open between 19h-20h, and stay open until past 23h or midnight. Lunch times vary, with some opening at around 11h or 12h and serving until about 14h30-15h. All close for one day during the week, often on Sunday or Monday. Cafés are usually open from 7h in the morning onwards.

TRAVEL INSURANCE

A travel insurance policy to cover theft, loss and medical problems is recommended. The Organising Secretariat as well as ESPEN will not be held liable for illness, accidents or thefts suffered by Participants or Accompanying Persons during the Congress or their stay in Lisbon before, during or after the Congress. Participants are strongly recommended to seek insurance coverage for health and accident, lost luggage and trip cancellation.

VAT

Value added tax (Imposto sobre o Valor Acrescentado - IVA) is paid at the time of purchase of a product or service. It is paid by everyone and there is no distinction between residents and non-residents. There are three levels of VAT for mainland Portugal, Madeira and Azores.

More information can be found on

<http://portugal.angloinfo.com/money/general-taxes/value-added-tax/>

VISAS

Portugal is part of the European Union. Many visitors can enter the EU countries without a visa. A valid ID card or a passport is all you need to enter Lisbon. Check with the Portuguese Embassy or Consulate in your own country whether you need a visa. They also have the necessary forms you have to complete.

http://www.embassyportugal-us.org/Embassy_of_Portugal/Visas.html



ACCESS & TRANSPORTATION

TRAVELLING TO LISBON

Lisbon is easy to get to. It is a short flight away from most European cities, and is just as easily accessible by road, railway or sea.

BY AIR

Lisboa International Airport, 7 km from the city centre, has daily flights to and from the major cities in Europe and the world. The Portuguese airline TAP - Air Portugal, as well as major international airlines, fly to and from Lisboa. www.airport-desk.com/airports/europe/portugal/lisbon-portela-airport.html

BY ROAD

Arriving in Lisbon by road is a pleasant experience, as the visitor can enjoy the beautiful countryside along the way. The city has good road accesses and the most frequently used routes are: the A1 motorway, the 25th April Bridge, the new Vasco da Gama Bridge, and the CREL, the outer ring-road for the Lisboa region.

BY RAIL

Scores of national and international trains arrive in Lisbon every day. In addition to Santa Apolónia terminal station, the city now has the new Gare do Oriente, which opened in 1998 adjacent to the Parque das Nações. Both stations have direct bus or underground connections to the city centre.

BY SEA

The Port of Lisbon is the busiest port on the European Atlantic coast. It has three terminals for cruise ships: the Alcântara, Rocha de Conde d'Óbidos and the Santa Apolónia terminals. Lisbon is often a port of call for many cruise ships (coming from many different places). Furthermore, the city also has marinas for pleasure boats in the docks of Belém, Santo Amaro, Bom Sucesso. Alcântara and, most recently, the Olivais Docks.

FREE PUBLIC TRANSPORT PASS

All delegates are offered a public transport pass to be collected at the registration desk together with the name badge and congress material.





SPONSORING & EXHIBITION

EXHIBITION INFORMATION

The ESPEN 2015 exhibition, featuring commercial displays of International Organisations, Pharmaceutical Companies, Media Publishers and Scientific Societies, will be located next in Hall 1 of the CCL (ground floor), close to the registration area.

EXHIBITION SCHEDULE

SATURDAY	5 SEPTEMBER 2015	12:00 - 18:00	
SUNDAY	6 SEPTEMBER 2015	09:00 - 18:00	
MONDAY	7 SEPTEMBER 2015	09:00-18:00	OPEN
TUESDAY	8 SEPTEMBER 2015	09:00-12:00	OPEN

SPONSORING & EXHIBITION

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Fax: (+41) 22 33 99 601

E-mail: corentin.ruy@mci-group.com