

Nutritional support and metabolic care are indispensable parts of patient care. Moreover, they have paramount potential for integration almost all disciplines of medicine through their nutritional and metabolic aspects. The scientific progress in this field is exciting and the latest information transfers and reliable education are essential for their dissemination into broad clinical practice and also for improvement of nutritional and metabolic care standards. This is the principal goal of all editions of the >>Blue Book<< – Basics in Clinical Nutrition.

The first edition of this book was published exactly 12 years ago. Very positive reactions together with creative criticism from readers, led naturally to new editions in 2000 and 2004. Each edition was enhanced and improved by the team of editors and excellent authors. The popularity and usage of this book has been outstanding and the last editions are available in no fewer than nine languages.

This exciting book allows reader to receive basic information in the field as well as the latest scientific knowledge of all 99 contributors. The book is also basis for all educational activities of the European Society for Clinical Nutrition and Metabolism – ESPEN. We hope that it will be important source of knowledge and of up-to-date information for physicians, dieticians, pharmacists, nurses and students and that it will help to improve practice in clinical nutrition world wide.

Key topics

- **Basic concepts in nutrition**
- **Nutritional physiology and biochemistry**
- **Indications for nutritional support**
- **Organisation and legal aspects**
- **Substrates used for parenteral and enteral nutrition**
- **Techniques of nutritional support**
- **Enteral nutrition**
- **Parenteral nutrition**
- **Monitoring of nutrition support**

www.espenbluebook.org

www.galen.cz



**Fourth
Edition**

**BASICS IN CLINICAL
NUTRITION**

BASICS IN CLINICAL NUTRITION

Fourth Edition

Editor-in-Chief

Luboš Sobotka

Associate Editors

Simon P. Allison

Alastair Forbes

Olle Ljungqvist

Rémy F. Meier

Marek Pertkiewicz

Peter B. Soeters

GALÉN