



On behalf of the European Society of Parenteral and Enteral Nutrition (ESPEN), we would like to welcome you most cordially to its 22nd Congress in Madrid, Spain, from 9 to 13 September 2000.

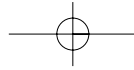
The Palacio Municipal de Congresos, designed by R. Bofill, offers a unique venue with spectacular architecture for visual beauty and open spaces to make this Congress more comfortable, cheerful and memorable. It has easy access to downtown Madrid and Barajas Airport by public transport.

In order to ensure that this Congress will be of the highest scientific standard, carefully selected experts will cover topics of current interest for health care professionals involved in nutrition and metabolic care. Scientific sessions will be held on a variety of issues such as regulation of gene expression by nutrients, oxidative stress and stress proteins in disease, splanchnic metabolism, disease-specific nutrition, body composition measurements, thermoregulation, functional foods, etc. All the scientific communications will be presented as posters in special sessions without any other simultaneous feature in the programme.

We hope that they will provide opportunity to young investigators to present their research efficiently and raise spirited discussions among scientists. We have also developed a comprehensive educational program that will offer you information on the state-of-the-art of clinical nutrition practice.

Much effort has also been put into the social programme which will allow participants to enjoy a country like Spain, well recognized by his kind hospitality. There are wonderful tourist





attractions in Madrid, a vibrant city that has so much to offer culturally with its museums, concerts, ballet and opera. Toledo or El Escorial are a short bus-ride away, and other cities like Segovia, Avila, or even Seville, are all within easy reach. The Congress opens on Saturday, September 9th with a welcome reception at the Circulo de Bellas Artes. On Tuesday, September 12th, we invite you to our Gala Party that you will not forget easily: we will bring you around the different regions of Spain with their traditional and wordly renowned food specialties and traditions in the beautiful Castillo de Viñuelas.

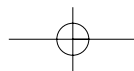
You can visit our web-site: www.espen.org. It will keep you up to date on a number of aspects of the congress including scientific content and social events. Abstract submission will be possible only through Internet. All accepted research communications will be available on our web-site prior to the congress. This 22nd Congress is particularly notable as it marks the opening congress of the new millennium. We hope that you will take the opportunity to attend this very attractive meeting and to enjoy the scientific interchange, social events and friendly atmosphere prevailing in ESPEN meetings.

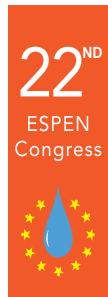
We look forward to welcoming you to Madrid.

Miguel León-Sanz
PRESIDENT

Simon Schwartz
CHAIRMAN SCIENTIFIC
COMMITTEE

Abelardo Garcia de Lorenzo
CHAIRMAN EDUCATIONAL
COMMITTEE





The Programme day-by-day

ESPEN - MADRID- SPAIN

Sunday, September 10

10.30-12.00

■ Satellite Symposia

- Fresenius Kabi
- Novartis

13.30

■ Opening Ceremony

■ Opening Lecture

A. Ballabriga (SP)

14.30-18.00

❖ Key issues in nutritional assessment (Educational)

C. Pichard (CH) & S. Celaya (SP)

Muscle Function
Body Composition
Critically ill patients
Pediatric Patients

A. Wagenmakers (NL)
R. Richardson (UK)
T. Popova (R)
R. Lama (SP)

❖ Is there a role for econutrition (pre and probiosis)? (Educational)

L. Kent-Smith (P) & P. García Peris (SP)

Disease prevention by dietary effect. Facts or fantasy
FOS. Soluble & Insoluble fiber
Lactobacillus & Bifidobacteria
Gut microflora and infection prevention

P. Stehle (D)
L. Kent-Smith (P)
B. Jeppson (S)
A. Giacosa (I)

Symposia

Symposium #1

The Regulation of Gene Expression by Nutrients

Key speaker & chair: J. Girard (F)

Regulation of gene expression by glucose
Modulation of gene expression by dietary
nucleotides
Butyrate and gene expression in the intestine

J. Girard (F)

A. Gil (SP)

I. Sanderson (UK)



Symposium #2

Disease-specific nutrition: towards a more focused nutritional strategy

Key speaker & chair: M.A. Gassull (SP)

Nutritional therapy: Improving nutrition or treating diseases?

M.A. Gassull (SP)

Disease-adapted nutrition to optimise nutritional recovery

H.P. Sauerwein (NL)

Nutrition as a tool to treat disease states

H. Lochs (D)

Symposium #3

Scientific basis of functional foods

Key speaker & chair: J. H. Cummings (UK)

Functional foods for the gut

J. H. Cummings (UK)

Liver and free radicals: role of functional foods

J. González-Gallego (SP)

Functional foods in Europe; the outcome of a concerted action

W. Saris (NL)

Symposium #4

Nutritional modulation of protein breakdown

Key speaker & chair: N.E.P. Deutz (NL)

In vivo organ metabolism: nutritional regulation of protein breakdown

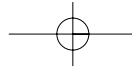
N.E.P. Deutz (NL)

Surgical stress and nutrition: Who controls protein breakdown?

J. López-Hellín (SP)

Insulin is the regulator of protein breakdown during nutrition

G. Biolo (I)



Symposium #5

Nutritional derangement and nutritional support in the elderly surgical patient

Key speaker & chair: J. Larsson (S)

Malnutrition and changes in body composition and function in elderly surgical patients

J. Larsson (S)

Failure to thrive in elderly patients

M.F. von Meyenfeldt (NL)

Nutritional derangement and nutritional support in the elderly surgical patient

F. Bozzetti (I)

Symposium #6

Nutritional strategies to fight cancer cachexia

Key speaker & chair: J.M. Argilés (SP)

Understanding cancer cachexia: mechanisms and mediators

J.M. Argilés (SP)

Inflammation, EPA and the treatment of cancer cachexia

K.H.C. Fearon (UK)

The role of anorexia in cancer cachexia

F. Rossi-Fanelli (I)

Monday, September 11

12.00-14.30

■ Posters presentation and lunch

09.00-12.00/14.30-18.00

■ Aspen-Espen Presentations

■ Lecture

Arvid Wretling Lecture:

Nutrition and splanchnic metabolism

J. Wahren (S)

❖ Clinical perspective lecture (Educational)

S. Allison (UK) & M. Plauth (GR)

What happens with the liver during artificial nutrition ?

JM. Morán (SP)

❖ Debate (Educational)

X. Leverage (F) & J. Culebras (SP)

Is early enteral nutrition safe?

Pro

M. Braga (I)

Con

P. Soeters (NL)

❖ Issues in the elderly (Educational)

J. Nordenström (S) & PP. García Luna (SP)

Nutrients, age and cognitive function

W. Riedel (NL)

Polypharmacy

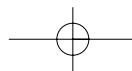
B. McElroy (UK)

Macro- & Micro-nutrients requirements

W. van Staveren (NL)

Nutritional status & QOL

S. McLaren (UK)



❖ **Ethics in Artificial Nutrition (Educational)**

B. Messing (F) & A. Zarazaga (SP)
 Withholding vs Withdrawing
 Decision making. Who & When.
 Living with the decision

B. Messing (F)
 M. Camilo (P)
 H. Arrowsmith (UK)

❖ **Aspen Symposium**

Symposia

Symposium #7

Oxidative stress and nutrition:

Key speaker & chair: G. Poli (I)
 Oxidised lipoproteins, oxidised cholesterol and
 gene expression
 Vitamins: beyond deficiency. Importance of
 nutrition in the aged and in critically ill patients
 Oxidative stress in ICU patients

G. Poli (I)
 J. Viña (SP)
 J. Wernerman (S.)

Symposium #8

Clinical experience with new lipid emulsions

Key speaker & chair: Y. Carpentier (B)
 Tissue delivery of lipid emulsion components
 Use of emulsions containing omega-3 fatty acids
 in patients with ARDS
 Effect of olive oil on immune function

Y. Carpentier (B)
 M. Planas (SP)
 P. Yaqoob (UK)

Symposium #9

Nutritional aspects of obesity and thermoregulation

Key speaker & chair: M. Alemany (SP)
 Control of body weight
 Diet-induced thermogenesis
 Physiological significance of thermogenesis

M. Alemany (SP)
 M.N Stock (UK)
 B. Cannon (S)

Symposium #10

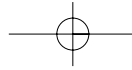
ESPEN Research Fellowship

Technical Session

Analgesia and surgical stress: Nutritional implications

Chair: E. García-Arumí (SP)
 Effect of epidural analgesia on postoperative ileus
 and catabolism
 Anaesthesia and immunocompetence:
 nutritional implications
 Modern anaesthesia and the stress-response:
 nutritional possibilities

H. Kehlet (DK)
 E. Roth (AU)
 A. Revhaug (N)



Tuesday, September 12

12.00-14.30

- Posters presentation and lunch

09.00-12.00/14.30-18.00

- Lecture

Sir David Cuthbertson Lecture:

Stress proteins in disease: metabolism
on a knife edge

R.F. Grimble (U.K.)

- ❖ Targetting dietary treatment (Educational)

R. Meier (CH) & S. Johnson (SP)

Inflammatory Bowel Disease
Bone Marrow Transplantation
Short Bowel Syndrome
AIDS

R. Rolandelli (USA)
M. Muscaritoli (I)
C. Gómez-Candela (SP)
C. Jonkers-Schuitema (NL)

- ❖ Practical Aspects in Enteral Nutrition (Educational)

L. Colagiovanni (UK) & F.J. Ordóñez (SP)

Tube Feeding
Aspiration
Antiemetic & prokinetic drugs
Diarrhea & Constipation

H. Rollins (UK)
JC. Montejo (SP)
M. Planas (SP)
S. Mühlebach (CH)

- ❖ Nutrition and immune function (Educational)

Y. Carpentier (B) & C. Ortiz Leyba (SP)

Amino Acids & Proteins
Fatty Acids
Micronutrients
Growth Factors

P. Dechelotte (FR)
Y. Carpentier (BG)
P. de Juana (SP)
M. Berger (CH)

- ❖ Pharmacists session (Educational)

Neonatal & Pediatric Care

M. Barnett (UK) & V. Calvo (SP)

Lipid emulsion:

Which ones, when and why?

Vitamins, trace elements and minerals
in neonatal & pediatric care

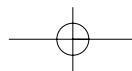
Amino acid solutions - Appropriate solutions

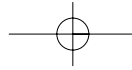
Stability & physico chemical
problems of pediatric admixtures

Puntis (UK)

B. McElroy (UK)
R. Lourenço (P)

MA. Wood (SP)





❖ Dietitians session (Educational)

The management of dysphagia
P. Howard (UK) & N. Schinca (SP)

The Food Trial

A multi-centre-investigation
into the nutritional management of stroke

G. Cranswick (UK)

Dysphagia management of
ENT/Cancer patients: a Joint Presentation

C. de Perregaux-
Jaquetti (CH) &
B. Schilling (CH)

❖ Nurses session (Educational)

Issues in Nutrition and Cancer Treatment
L. Colagiovanni (UK) & H. Lorenzo (SP)

Chemo/radiotherapy. Its effects
on eating and nutrient digestion,
absorption and utilization

I. Calvo (SP)

Pain, nausea and vomiting

Can effective management influence
nutritional intake?

S. de Vries (NL)

Nutritional support in head and neck
cancer patient

L. Burgess (UK)

Symposia

Symposium #11

Nutrition and brain development

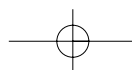
Key speaker & chair:

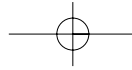
Docosahexaenoic acid in the origin of the brain
and its function

M.A. Crawford (UK)

Docosahexaenoic acid during early brain
development: therapeutic implications
for peroxisomal disorders

M. Martínez (SP)





Symposium #12

Complications in home nutrition

Chair: C. Vazquez (SP)

Complications of long-term home enteral nutrition
and their prevention

X. Hebuterne (F)

HPN-related complications: prevention
and management

A. Van Gossum (B)

Metabolic bone disease in home parenteral
nutrition

L. Pironi (I)

Symposium #13

HIV - infection and nutrition: Facing the new millennium

Chair:

The metabolic puzzle during the evolution
of HIV-infection

J. Salas-Salvadó (SP)

Oral supplementation in AIDS patients: past
and new perspectives

C. Pichard (CH)

The treatment of the wasting syndrome revisited:
artificial nutrition and new perspectives

J.C. Melchior (F)

Technical Session

Advances in body composition measurements

Chair:

Advances in whole body plethysmography and
3-dimensional photography

M. Elia (UK)

Reliability of fat mass measurements: traditional
vs new techniques of body assessment

S. Valtueña (I)

The use of DXA in body composition studies

C. Fusch (D)

How to measure anti-oxidant status

Chair:

Assessment of lipid emulsion peroxidation in vitro
and in vivo

I. DuPont (B)

Antioxidants in human serum and skin

W. Stahl (D)

Glutathione and the antioxidant status
in human tissues

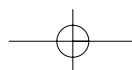
F. Hammarqvist (S)

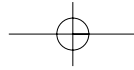
Debate

Intravenous lipids are only important in clinical practice as sources of energy

Pro: J. Nordenström (S)

Con: B. Koletzko (D)





Wednesday, September 13

09.00-12.30

■ Madrid Honorary Lecture

❖ Case Discussion (Educational)

Team Approach to the Nutritional Support in a Septic Critically Ill Patient

X. Leverage (F) conductor,
and:

R. Lourenço (P)
C. Soulsby (UK)
T. Grau (SP)

Symposia

Symposium #14

Eating disorders: Anorexia and bulimia

Chair:

Nutrition, biochemistry and eating disorders:
bridging the gap

Cephalic phase responses and eating disorders
Genetic factors in eating disorders

A. Miján (SP)

L. Karhunen (FI)

J. Treasure (UK)

Symposium #15

Hypoalbuminemia: Significance, pathogenesis and treatment

Chair: A. Sitges (SP)

The meaning of hypoalbuminemia
in clinical practice

Pathogenesis of hypoalbuminemia
in hospitalised patients

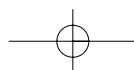
Treatment of hypoalbuminemia

G. Franch (SP)

P.E. Ballmer (CH)

S. Allison (UK)

■ Closing Ceremony





Instructions for presentations

Abstracts are accepted on a wide range of topics in clinical nutrition and metabolism.

■ Rules

The rules for preparing the abstracts can be found on the Internet at www.espen.org. *Please read the rules applied to the preparation of the abstracts very carefully.* Non compliance with these rules results in disqualification and rejection of the abstract.

Abstract submission must be submitted via Internet (www.espen.org).

- Go to www.espen.org on the Internet, click on «ABSTRACTS» and follow instructions as given.
- Fill out carefully all the fields of the abstract form (detailed information is provided to help you submitting your abstract).

Deadline for receipt of submissions: March 22nd, 2000

■ Presentation of short research communications (abstracts)

All accepted contributions will be on display as posters for one and a half day in a central and special area right at the heart of the congress activities. The work will be thoroughly discussed during a special 2.5 hours scientific news session. During this time no other program activities are scheduled allowing all participants to join these discussions. Invited speakers and other experts will be spending ample time discussing with the authors the scientific contributions to their respective field during this time. These discussions will take place in a spacious and comfortable environment where the short research communications will be presented person to person and in small groups. Each contributor can expect to have his/her contribution discussed by several experts and colleagues during this session. In addition, accepted abstract contributors may be called upon to join educational sessions and symposia where his/her work can be commented upon, and the author asked to join the discussions.

■ Publication

All accepted abstracts will be published in a supplement of Clinical Nutrition and distributed to all Congress participants. Accepted abstracts will also be found on the Internet at www.espen.org, «ABSTRACTS», before the congress.

■ ESPEN fellowships

All first authors aged less than 35 years are eligible for the Travel Fellowship competition (450 ECU each) according to the abstract score. Poster prizes (400 ECU each) will be awarded the 3 best contributions. Poster prizes presentation will be held on Wednesday September 13th. In addition, various ESPEN Research Fellowships will be awarded during the Congress. Deadline for application is March 22nd, 2000.

Further information regarding these grants and the appropriate application forms are available upon request from:

Professor
Gianfranco Guarnieri
Istituto di Clinica Medica
Università di Trieste,
Ospedale di Cattinara
34149 TRIESTE - ITALY
Tel +39 040 910 985
Fax +39 040 399 4593

22ND
ESPEN
Congress



Apply for Membership Now

- and get a reduced registration fee

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First Name _____

Address _____

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Fax _____

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ESPEN membership is EUR 60.-

Please charge my Visa American Express Card

Credit card no _____

Expiry date _____

Date _____

Authorized Signature _____

ESPEN members receive clinical Nutrition at no charge
It is now cited in Index Medicus as well as in Current
Contents/Life Sciences

This form must be returned to: Professor Peter Stehle
Institut für Ernährungswissenschaft, Universität Bonn
Endlicher Allee 11-13, 53115 Bonn - Germany
Fax +49 228 733 217



General information

Congress venue

The 22nd ESPEN Congress will be held in Madrid from Saturday September 9th to Wednesday September 13th, 2000. All the Congress activities and the Exhibition will take place at the Palacio Municipal de Congresos (Campo de las Naciones), which is a fully equipped and modern venue built by the famous architect Bofill. It is within easy reach of the city center by metro taking about 30 minutes from most of the hotels. A free pass on Madrid underground is included in the Congress registration fee.

Address

Palacio Municipal de Congresos
Campo de las Naciones
Avda. Capital de España Madrid
28042 - Madrid - Spain
Tel. +34 917 220 400
Fax. +34 917 210 607

Organising Secretariat

For any further information, please contact the official Organising Secretariat.

Prior to the Congress

ESPEN 2000
c/o MCI Congress
Rue de Lyon 75
1211 GENEVA 13 - SWITZERLAND
Tel. + 41 22 33 99 580
Fax + 41 22 33 99 621

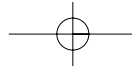
On-site

The Organising Secretariat will be located at the Palacio de Congresos on:

Saturday 9 th September	14:00 - 18:30
Sunday 10 th September	08:30 - 18:30
Monday 11 th and Tuesday 12 th September	08:00 - 18:30
Wednesday 13 th September	08:00 - 14:00

Registration

The registration form is available from the ESPEN website: www.espen.org, but is also included in the 2nd Announcement and must be used for the Congress registration as well as for the Welcome Reception, Social Programme and lunches. All participants including speakers and chairmen must submit a completed registration form. Save on the registration fee by registering before May 29th, 2000.



Transportation

Each delegate will be issued with a transportation pass for the period of the congress. This pass is included in the congress registration fee and valid in the bus and subways (10 trips). It will be delivered on site with the registration documents.

Language

The official language is English. The educational sessions will be translated into Spanish.

Lunches

Lunches are not included in the registration fee. You can order luncheon vouchers with the registration form at an extra cost. Sandwich bars and refreshments will be at your disposal within the Exhibition area and you will find several restaurants at the Palacio and in the surroundings.

Industry exhibition

In conjunction with ESPEN, an exhibition of medical equipment, pharmaceutical companies and scientific publishers will be held in the multi-purpose room, on the 3rd floor of the Palacio. All coffee breaks and lunch area will take place in the exhibition area.

Airfare discount

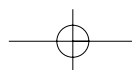
The official carrier of the Symposium is IBERIA.
Please contact your nearest Iberia Office for assistance with your travel arrangements under code number BT011B21MPE0013 to benefit a substantial discount.

Letter of invitation

On request, the Organising Secretariat will be pleased to send personal invitations to prospective participants for ESPEN. Such invitations are only for the purpose of assisting participants to raise travel funds or obtain visas. No financial commitment on the part of the organisers is implied.

Important Dates

March 22 nd , 2000	Deadline for Abstract Submission and application for ESPEN Fellowship
May 29 th , 2000	Deadline for reduced congress fee





Congress Registration

Register through Internet: www.espen.org

All registrations must be made by means of the official registration form enclosed or through the official registration form on internet (www.espen.org).

Registration Fee

	Before May 29 th , 2000		After May 29 th , 2000	
ESPEN member	EURO 320	<input type="checkbox"/>	EURO 401	<input type="checkbox"/>
Non member	EURO 401	<input type="checkbox"/>	EURO 447	<input type="checkbox"/>
Nurse	EURO 122	<input type="checkbox"/>	EURO 163	<input type="checkbox"/>
Dietitian	EURO 122	<input type="checkbox"/>	EURO 163	<input type="checkbox"/>
Student	EURO 122	<input type="checkbox"/>	EURO 163	<input type="checkbox"/>
Accompanying person	EURO 53	<input type="checkbox"/>	EURO 64	<input type="checkbox"/>

Spanish VAT 16% included

Registration fee includes

- Attendance at Scientific Sessions
- Access to the Exhibition
- Congress documents, including badge
- Final Programme, Abstract Book and Educational Book
- Welcome Reception on Saturday, September 9th, 2000
- Coffee breaks
- Free transportation pass on Madrid underground

Accompanying person fee includes

- Welcome Reception on Saturday, September 9th, 2000
- Necessary support to register to the excursions and relevant touristic information about Madrid.
- Free transportation pass on Madrid underground.

Cancellation Policy

Cancellations and registration should be made in writing to the Organising Secretariat. The amount of refund depending upon the date of cancellation is as follows:

- Before July 14th: registration fee, lunches, social & accompanying person's program fees will be refunded less 20% for administration costs
- After July 15th: deposits will not be refundable under any circumstances

Registration on Site

The registration desk will be located in the main entrance of the Palacio de Congresos, according to the opening hours (see p.17 «on-site»).

Registration on site does not guarantee delivery of the Congress package (Participant bag, Final Programme, Abstract Book and Educational Book)



Hotel reservations

TILESA is in charge of hotel accommodation and will operate on a «first come, first served» basis with incoming requests. During the congress, TILESA will be located at the Palacio Municipal de Congresos besides the registration desk from September 9th until 13th and open during congress opening hours.

Upon receipt of the accommodation form, TILESA will make every effort to meet the participant's requirements. In the event of the preferred hotel price category being fully booked, TILESA reserves the right to book another available alternative.

Your reservation will be confirmed when TILESA has received a credit card number or a hotel deposit to guarantee the booking. The prepaid deposit will be deducted from your hotel bill when checking out. The remaining amount is to be settled directly with the hotel.

Please address any reservation, change, cancellation or inquiry to:

TILESA -C/Londres 17 - 28028 Madrid, Spain
 Tel: +34 91 361 26 00
 Fax +34 91 355 92 08
 E-mail: espen22@tilesa.es

Change or Cancellation

Change or cancellation must be made in writing to TILESA. Do not contact the hotel directly. Hotel deposits will be refunded, less ESP 2'000 for administration cost provided cancellation is received by TILESA before July 31th, 2000. All refunds will be handled after the congress. No-shows cannot be refunded.

Hotel reservation

A large choice of different hotels is available:

Price Category	Single room (ESP/night)	Double room (ESP/night)
A	31'800-52'400	41'700-59'800
B	22'000-30'200	25'000-36'200
C	16'700-21'300	19'600-24'900

Suites are available on request. All rates are valid per room, per night and include breakfast and VAT. Public transport facilities are within walking distance from all congress hotels.



Tourist information

For more information, visit our website at www.espen.org

About Madrid

Madrid, with a population of 3'103'000 inhabitants and capital of Spain since 1562, is located in the very center of the Iberian Peninsula. Its high altitude (646 m/2200 ft above sea level) and the nearby mountain ranges influence the climate of warm summers and relatively cold winters.

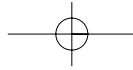
Certainly it is a monumental city, among the highlights being the medieval center built at the time of the Habsburg empire, and that unique picture-gallery, the «Prado». Madrid's cultural offer makes it worth visiting it, but Madrid as well is a really lively capital with pubs, concert-café and discotheques open until late in the night.

What more could we tell you in short terms about a city that is one of the great European capitals...

Congress and Exhibition Venue

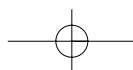
Madrid's Congress Center (Palacio Municipal de Congresos) is located between the city center and Barajas Airport (8 km/5 miles). This magnificent building by Bofill is made of white marble and glass and part of the urban complex Campo de las Naciones, which is rapidly turning into a main business spot in the city. It can be reached by subway from 06:00 a.m. to 01:00 a.m. daily, station «Campo de las Naciones». By bus, number 122 stops every 15 minutes in front of the venue.





Various Useful Information

- Banks** facilities for banking and exchange of foreign currency will be available at the congress venue. Banking hours Monday to Friday, 09:30 - 14.00 and Saturday from 9.00 to 13.00.
Credit card: most hotels, restaurants and departments stores accept major credit cards: American Express, Diners Club, Visa, MasterCard and Eurocard. Spanish banks and many hotels accept Eurocheques.
- Money** the official money is the peseta (ESP).
- Current** the electrical current in Spain is a 220 volts. Most hotels provide 110-volt outlets for shavers.
- Shopping** the main shopping streets in the center of Madrid are: Serrano, Goya, Ortega y Gasset and in the old town, Gran Vía. The shops are mainly open from 10.00 to 20.00 on weekdays, Sundays closed.
- Climate** Madrid is situated 646 meters above sea level with typical continental weather very hot in the summer and cold in the winter. Temperatures during September are fresh at night (9°-14°) and warm during the day (19°-25°).
- Visa** Delegates requiring a visa for entry to Spain are strongly advised to make their application in their home country at least three months before the intended date of travel. In case of doubt, information can be obtained from your nearest Spain Embassy or Consulate or from your travel agency.
- Tourist information** The Madrid Convention Bureau M.C.B. Mayor 69 – 28013 Madrid provides extensive tourist information. It is open from 10.00 to 14.00, afternoons closed in September, Saturdays and Sundays. Tourist information points available all around the city from 10.00 to 19.00, 7 days a week during summer, tel. (+34) 91 588 29 12.





Social Programme for Delegates and Accompanying Persons

Official Programme

Welcome Cocktail

Circulo de Bellas Artes – Madrid – September 9th

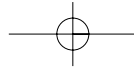
Founded in 1880, the «Circulo de Bellas Artes» has occupied one of the most emblematic buildings of the Gran Via / Alcala confluence since 1926. The Palace, declared as a National Monument, is located between Puerta de Alcalá and Puerta del Sol, in the most awesome circuit of Madrid Architecture. The calendar of exhibitions and cultural events guaranties an outstanding environment for both business and pleasure.

Congress Dinner

Castillo de Viñuelas – September 12th

King Sancho IV built the Castillo de Viñuelas in the XIII century, 25 kilometers away from the Madrid Center and it has been a Royal hunting reserve ever since. The castle has incurred in several major modifications in its long history, including various new buildings. The last were done by its previous owner Duque del Infantado in 1870 and again in 1919. Nowadays, it is very well conserved and is still a restricted hunting area. The castle's main hall and the hunting pavilion are often hired for special events such as our Congress Dinner.





Excursions

Madrid – Sunday September 10th

Half-day tour, also includes a visit to the old City and the Royal Palace. King Philip II named Madrid the capital city of his empire and chose it as the location for his court in 1561.

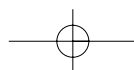
The «Madrid de los Austrias», with its compact streets, squares, monasteries and palaces, was born. The Plaza Mayor, opened to the public by Philip III in 1620, was the city core: the market, religious processions, festivities and bullfights were held there. The Bourbons, whose dynasty started in the XVIII century with Philip V, have left a legacy of splendid art works and monuments in Madrid, including the Royal Palace, the Fine Arts Academy of San Fernando and the Prado Museum. These are just a few examples of places, which, besides their architectural interest, offer the visitor the possibility to admire some of the best and most remarkable collections of tapestries, furniture, sculptures and world-famous art masterpieces. Price: EURO 34.

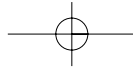
Toledo – Monday September 11th

Full day tour, lunch included. Toledo (71 kms away) is known as the museum-city due to its historic splendour and beauty. Surrounded by medieval walls lies the city where Hebrew, Muslim and Christian cultures blended, and all of them have left their indelible imprint. The city has a cathedral, a mosque and various synagogues. The spirit of El Greco can still be sensed in the streets, and his studio and numerous paintings can be admired in his house as well as many churches around the city. Price: EURO 57.

El Escorial – Tuesday September 12th

Half day tour to the Monastery. The Monastery of El Escorial (49 kms away) was built by the architect Juan de Herrera in the 16th century and is the mausoleum of the





Spanish royalty. King Philip II, to commemorate the victory of the battle of San Quentin, commissioned the construction of this famous edifice. He saw it as a monastery, a palace and a crypt for his father's sarcophagus. Since then it has been the burial ground for all the Kings of Spain. The monastery houses show valuable art works and a remarkable library. Price: EURO 36.

Post Congress Tour

Cordoba – Sevilla – Granada – September 14th-16th

A three days, two nights tour leaving Madrid by bus at 07.00 a.m. on the first day to Cordoba. This city was built by the Romans and became the place of pilgrimage for Muslims, which displaced Mecca until the Middle ages.

After lunch, visit the famous Mezquita, the jewel of all mosques, the cathedral, the Jewish quarters, the Moorish walls and many other interesting monuments. The tour then will continue to Sevilla.

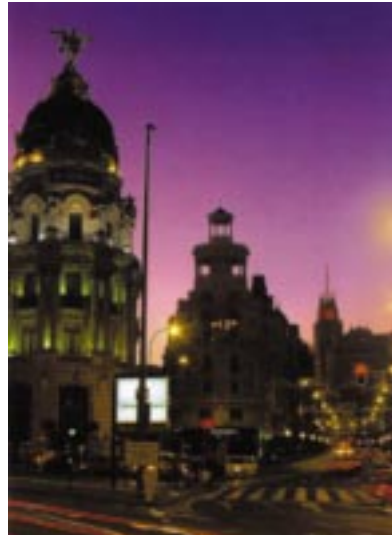
The following day, after breakfast at the hotel, visit of Sevilla. This is the best-known city of Andalucia. Discover its narrow and bustling streets, the Gothic cathedral, the «Barrio de Santa Cruz», the «Torre del Oro» and the Giralda, which was a Moorish minaret. Through its beautiful gardens and parks, watch the gypsy and flamenco dancing before taking time off for some shopping. The tour then will continue to Granada. After breakfast at the hotel, visit Granada, nestled in the fertile plain of the Genil river.

The city is called «La Sabika» in Arab, which means the red hill on which lies the Alhambra Palace and Fortress. In the south rises the white peaks of the Sierra Nevada, the highest mountain in the Peninsula. Granada preserves all the enchantment and mystery of eight centuries of Moorish occupation, which lasted until the re-conquest by Catholic Kings in 1492. The Alhambra is a castle complex of worldwide fame, they say it's the eighth miracle of the world !!! The Alhambra's layers of walled fortifications encircles several square kilometres of countless chambers and corridors, painted tiles, inlaid ceilings, intricate inscriptions, elaborate carvings and quiet ponds. Through a direct access from the top part of the Alhambra, we will enter into the Generalife, the summer residence of the Nasrid kings. There are beautiful fountains and pools, all set in a lovely manicured garden full of a variety of different flowers. The tour will then continue and end in Madrid.

Price:

EURO 254 per person for a double room.

EURO 313 in a single room.





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Web Site

Information regarding the Congress is available through the ESPEN web site at www.espen.org

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MCI Group SA has been selected by the Organising Committee as the official Congress Organiser to process all reservations, registrations, payment of registration fees, etc. Information on the commercial exhibition as well as organisation and sponsorship of special events may also be obtained from the Organising Secretariat.
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