



EUROPEAN
SOCIETY FOR
CLINICAL
NUTRITION AND
METABOLISM

ESPEN Congress Madrid 2018

New ESPEN Guidelines

Introduction And Future Plans
S. Bischoff (DE)



TUE 4TH SEP 2018, 10:30-12:00, RM N103/4

New ESPEN guidelines 2018

Stephan C. Bischoff

- **Intro (Stephan C. Bischoff)**
- **Geriatrics (Dorothee Volkert)**
- **ICU (Pierre Singer)**

ESPEN Guidelines History



1st round Guidelines 2006-2009

- Based on German guidelines

2nd round Guidelines 2010-2015

1. Dementia: **Clin Nutr. 2015 Dec / Epub 2015 Sep 25**
2. CIF: **Clin Nutr. 2016 Apr / Epub 2016 Feb 8**
3. Cystic fibrosis: **Clin Nutr. 2016 May / Epub 2016 Mar 15**
4. Oncology : **Clin Nutr. 2017 Feb / Epub 2016 Aug 6**

ESPEN Guidelines History



3rd round Guidelines 2015-2018

1. Ethics: **Clin Nutr. 2016 Feb / Epub 2016 Feb 16**
2. Terminology: **Clin Nutr. 2017 Feb / Epub 2016 Sep 14**
3. IBD: **Clin Nutr. 2017 Apr / Epub 2016 Dec 31**
4. Surgery: **Clin Nutr. 2017 Jun / Epub 2017 Mar 7**
5. Polymorbid: **Clin Nutr. 2018 Feb / Epub 2017 Jul 24**
6. Neurology: **Clin. Nutr. 2018 Feb/ Epub 2017 Sep 22**
7. Pediatrics: **Epub 2018 Jun 18/27/28**
8. **Geriatrics: Epub 2018 Jun 18**
9. **ICU: Epub 2018 Sep**

Invitation



- **April 2019, Frankfurt Airport:
Consensus Conference HPN & Pancreas**

***Information:
guidelines-office@espen.org***

ESPEN Guidelines



2nd + 3rd round Guidelines 2015-2018

	Pages	Refs	Recommendations
• Dementia (Volkert et al. 2015):	22	232	20
• CIF (Pironi et al 2016):	61	623	112
• Cystic fibrosis (Turck et al. 2016):	21	240	30
• Oncology (Arends et al 2016):	38	475	43
• IBD (Forbes et al. 2016):	28	326	40
• Surgery (Weber et al. 2016):	28	453	37
• Polymorbid (Combes et al. 2018):	18	104	12
• Neurology (Burgos et al. 2018):	43	504	88
• Geriatrics (Volkert et al. 2018):	38	361	81
Total	333	3512	463

Bane & Boon!

(10% of a CN volume/yr) (50% classified)

Consequences



- Improved ESPEN guideline dissemination
 - → Shortened guideline versions
 - → Translation of short versions into national languages
 - → Guideline Apps (english and national languages)
 - → Lay guidelines for patients
- Agreement on this at the last Council Meeting in Nice, Jan 2018

UEG Activity Grants (spring ,18)



- Support of Standards & Guidelines initiatives
 - Dissemination of existing clinical practice guidelines and standards
- Title of the ESPEN initiative:
- **Spreading knowledge on malnutrition across Europe (SKOMAE)**
- €40.000 from UEG
- € 40.000 from ESPEN
- 2018-2020

Participants



Lead UEG Member Society:

- ESPEN – The European Society of Clinical Nutrition and Metabolism
Scientific coordinator: Stephan C. Bischoff, University of Hohenheim, Stuttgart

4 UEG National Member Societies from a country with a low HDI:

- CROATIA
- MACEDONIA
- MONTENEGRO
- SERBIA (ASG)

3 UEG National Member Societies from a country with a high HDI:

- AUSTRIA
- BELGIUM (SRBGE)
- GERMANY (DGVS)

10 Others (“PEN” societies):

- AUSTRIA (AKE)
- BELGIUM (SBNC)
- CROATIA (CSCN)
- FRANCE SFNEP
- GERMANY (DGEM)
- GREECE
- ITALY (SINPE)
- MACEDONIA
- SPAIN

1. Shortage of guidelines

- Recommendations and grading cannot be changed!
Only commentary can be shortened
- Grading-relevant references cannot be removed
Only supplementary references can be omitted

→ Will be done by the guideline office and proofread by the guideline officer and the guideline group leader



2. Translation into national languages (national GL)



- Based on shortened versions authorized by the GL office
 - Selected recommendations can be marked or removed
Recommendations relevant for the local situation can be added
 - National guidelines can be published in National Journals, if original authors are included & ESPEN is indicated adequately
 -
- Done by national representative(s) nominated by the national PEN/Gastro society (supported by ESPEN with €1000)**

3. Patient guidelines based on ESPEN guidelines



Start with the IBD and the CIF guideline

Cooperation with ECCO and EFCCA (European Federation of Crohn's & Ulcerative Colitis Associations, an umbrella organisation representing 34 national patient associations)

Looking for other appropriate patient organisations

→ Done by ESPEN in collaboration with Patient representatives (Cees Smith and others) and Patient organizations (EFCCA and others)

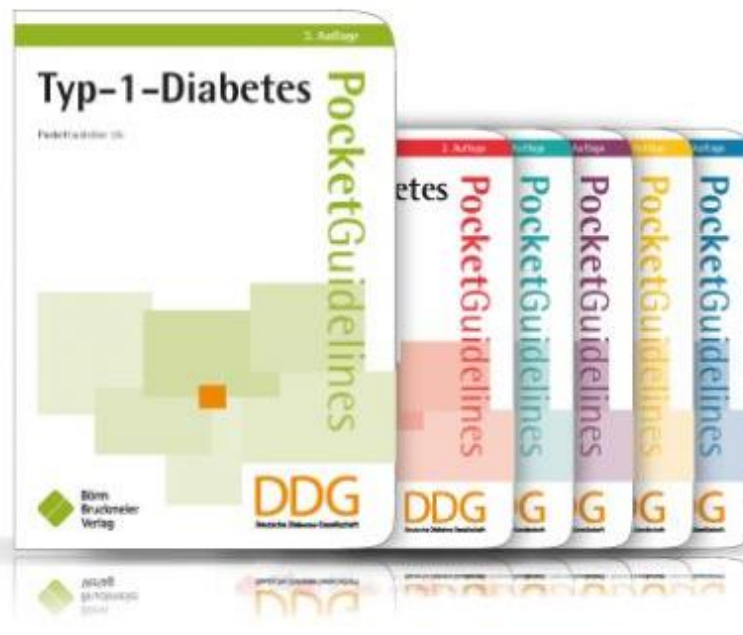
4. ESPEN guideline Apps



Börm Bruckmeier
Guideline Apps

DDG Pocket Guidelines

Die Praxisempfehlungen der Deutschen Diabetes Gesellschaft (DDG) im Print- und App-Format!



English versions: € 4.000-7.000 (covered by ESPEN)
National versions: €1.500 (covered by national PEN societies)

Selection of ESPEN guidelines



1. **Terminology (Cederholm et al)** **IV/2018**
2. **IBD (Forbes/Bischoff et al)** **IV/2018**
3. **Surgery (Weimann et al)** **I/2019**
4. **CIF (Pironi et al)** **I/2019**
5. **Cancer (Arends et al)** **II/2019**
6. Neurology (Burgos et al)
7. Geriatrics (Volkert et al.)
8. ICU (Singer et al.)
9. Liver (Plauth et al.)
10. *Home EN (Bischoff et al.) Consensus Conference 2 Sep 18,*
11. *Home PN (Pironi et al.) Consensus Conference Apr 19*
12. *Pancreas (Arvanitaki et al.) – Consensus Conference Apr 19*

National guidelines/Apps based on ESPEN guidelines



Procedure

1. Application by a local PEN society or PEN members („local group“)
2. Nomination of national expert(s) by the national society(s)
3. Translation of a shortened ESPEN version according to the rules
4. Evaluation and Approval by the ESPEN guideline office/officers
5. Usage for national publication and/or App

Proposals:
guidelines-office@espen.org