



THE EUROPEAN  
SOCIETY FOR  
CLINICAL  
NUTRITION AND  
METABOLISM

# ESPEN Congress Florence 2008

## **Home artificial nutrition in cancer**

### *Nurse Role in Co-ordination of Nutritional Care Support*

*C. Socorro (Portugal)*



# Nurse Role in Co-ordination of Nutritional Care Support

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# INTRODUCTION

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- ❑ The enteric nutrition should be seen as the natural alternative to oral nutrition;
- ❑ Nutrients in liquid form are administered in various locations of the gastrointestinal tube through probes.

# ENTERIC NUTRITION AT HOME

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- ❑ Alternative method with better effectiveness/cost forwards hospitalization, the patient can benefit from the emotional monitoring from family that is essential to improve his/her quality of life;
- ❑ Its implementation should be made through a network of nutritional care.



# ENTERIC NUTRITION AT HOME

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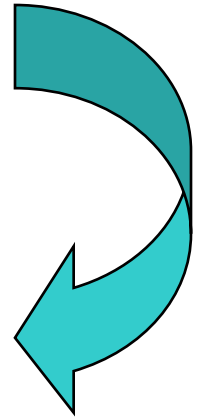
- These entities, considered as public establishments provide health care and belong to the Portuguese NHS, which aims to promote health surveillance and disease prevention, diagnosis and treatment of patients, medical and social rehabilitation.

# ENTERIC NUTRITION AT HOME

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- ❑ Units of hospitalization;
- ❑ Units of total recovery;
- ❑ Mobile home units.

The teams of home care (mobile home units) are managed by health centres, continuing hospital care through home visits for the evaluation of the patient and nutritional adequacy of the care provided.





# CHLN- HOSPITAL SANTA MARIA

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- ❑ Oncologic patients can be referred to health centres by the team of palliative care in-hospital.
- ❑ In most cases the referral is made by the nurse team in its own nursing service in hospital internment.

# CHLN- HOSPITAL SANTA MARIA

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- The contact can be made by telephone or through discharge note/transference of nursing team.

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## **Objectives:**

- ❑ Maintenance of nasogastric tube, feeding and administration;
- ❑ Assessment of nutritional status of the patient, thereby reducing the possible negative effects of nutrition enteric at home.



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- ❑ In Department of Medicine it has been prepared a standard of the definition of nasogastric intubation related with the care and maintenance of the probe in the administration of food.

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- ❑ Provides the adaptation of the patient and family to the need of the nasogastric tube, is done by the nurse to the person and main caregiver, in preparation for discharge.

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- ❑ Advice from Dietician who does a food plan, appropriate to their socio-economic situation, taking into account their tastes and preferences, and the introduction of dietary supplements if necessary.



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*Clarifying fears and concerns in handling the probe, and all the implications that such procedures involve in the life of the patient and family dynamics, are relevant and crucial issues for restoring the health condition.*



*Thank you*