

ESPEN



23rd ESPEN
Course
of Clinical Nutrition
and Metabolism
in Wieliczka

16-22 October 2016

PRELIMINARY PROGRAMME

DAY 1 | 16TH OCTOBER 2016 (SUNDAY)

16.00	Arrival and accommodation
17.00-17.15	Welcome message – ESPEN Chairman, POLSPEN Chairman
17.15-17.45	The history and aims of nutritional support
17.45-18.30	The spectrum of malnutrition: from mechanisms to definitions and consequences
18.30-18.45	Questions and answers (Q&A)
19.30	Dinner

DAY 2 | 17TH OCTOBER 2016 (MONDAY)

9.00-9.30	Carbohydrate and lipid metabolism
9.30-10.00	Amino acid and protein metabolism
10.00-10.30	Coffee break
10.30-11.00	Water and electrolytes
11.00-11.30	Micronutrients
11.30-12.00	Metabolic reaction to inflammation
12.00-12.30	Metabolic changes in stress and critical illness
12.30-13.00	Q&A
12.30-14.00	Lunch break
14.00-18.00	LLL course: Nutritional assessment
16.00-16.30	Coffee break
16.30-17.30	LLL case report
17.30-18.00	LLL exam
19.00	Dinner

DAY 3 | 18TH OCTOBER 2016 (TUESDAY)

9.00-13.00	LLL course: Approach to oral and enteral nutrition in adults
11.15-11.45	Coffee break
11.45-12.45	LLL case report
12.45-13.15	LLL exam
13.15-14.00	Lunch
14.00-14.30	The role of energy substrates in artificial nutrition
14.30-15.00	Parenteral nutrition: indications, techniques –
15.00-15.30	IV accesses for parenteral nutrition
15.30-16.00	Parenteral nutrition: complications
16.00-16.30	Coffee break
16.30-17.30	Workshop
17.30-18.15	Case presentation & discussion
18.15-18.45	Case preparation in the group
19.30	Dinner

DAY 4 | 19TH OCTOBER 2016 (WEDNESDAY)

8.30-9.30	Case discussion
9.30-10.00	Nutrition in acute and chronic kidney disease
10.00-10.30	Nutrition in acute and chronic pulmonary diseases
10.30-11.00	Coffee break
11.00-11.30	Nutrition support in neurological diseases
11.30-12.00	Nutrition in acute and chronic liver disease
12.00-12.30	Nutrition in paediatrics and prevention of diseases in adulthood
12.30-13.00	Q&A
13.00-14.00	Lunch break
14.00	City break: Salt Mine visit, dinner in the old town

DAY 5 | 20TH OCTOBER 2016 (THURSDAY)

8.30 – 9.30	Case discussion
09.30-10.00	Cancer cachexia
10.00-10.30	Perioperative nutrition
10.30-11.00	Coffee break
11.00-11.30	Immunonutrition
11.30-12.00	Nutrition in critical illness and sepsis
12.00-12.30	Nutrition in trauma and burns
12.30 -13.00	Nutrition in acute pancreatitis
13.00-14.00	Lunch
14.00-14.30	Intestinal failure and short bowel syndrome
14.30-15.00	Nutrition in GI fistulas
15.00-15.30	Nutrition in inflammatory bowel diseases
15.30-16.00	Home parenteral nutrition
16.00-16.30	Coffee break
16.30-17.30	Workshop
17.30-18.15	Case presentation & discussion
18.15-18.45	Case preparation by the group
19.30	Dinner

DAY 6 | 21ST OCTOBER 2016 (FRIDAY)

8.30-9.30	Case report from working group
9.30 -10.00	Age-related sarcopenia
10.00 -10.30	Malnutrition in the older adult
10.30 -11.00	Coffee break
10.30-11.00	Nutrition in metabolic syndrome
11.00-11.30	Glycaemic and metabolic goals in the ICU
11.30-12.00	Nutrition of the obese patient
12.00 – 12.30	

13.00-14.00	Lunch
14.00-14.30	Ethical aspects of nutritional support
14.30-15.00	Pharmaceutical aspects of nutritional support
15.00-15.30	Refeeding syndrome
15.30 -16.00	Q&A
16.00-16.30	Coffee break
16.30-17.30	Workshop
17.30-18.15	Case presentation & discussion
18.15-18.45	Case preparation by the group

DAY 7 | 22ND OCTOBER 2016 (SATURDAY)

8.30-9.30	Case report from working groups
9.30-10.00	Monitoring of nutritional support
10.00-10.30	Most commons errors in clinical nutrition and how to avoid them
10.30-11.00	Coffee break
11.00 – 11.30	Nutrition Support Teams
11.30-12.15	Final Exam
12.15-12.45	Closing Ceremony, diploma
12.45-14.00	Lunch
14.00	Departure

REGISTRATION

1. ESPEN members: 100 EURO

(the price includes: accommodation for 6 nights, meals, ESPEN "Blue book", two LLL courses, exams and diplomas - free of any additional charge)

We need from the applicants:

- letter of application - please, send it to: prezes@polspen.pl
- letter of recommendation - from the president of the national society or head of department please, send it to: prezes@polspen.pl
- registration form needs to be sent by POLSPEN web site:
<http://www.polspen.pl/espen-course-wieliczka-2016#registration>

POLSPEN will confirm your participation in Course to your e-mail. After that, please make the money transfer for the bank account.

2. Other participants: 500 EURO

(the price includes: accommodation for 6 nights, meals, ESPEN "Blue book", two LLL courses, exams and diplomas - free of any additional charge)

After application (registration form needs to be sent by POLSPEN web site: <http://www.polspen.pl/espen-course-wieliczka-2016#registration>) and payment with bank transfer.

The confirmation letter will be sent to each applicant.

For further information please contact:

On behalf of the local organizing committee: Dr. Stanislaw Klek

E-mail: prezes@polspen.pl

Tel: +48 604 593 266

For payment please use ONLY bank transfer:

Bank account number: 77 1020 4955 0000 7902 0211 3546

Name of the Bank: PKO BP SA V/O/WARSZAWA

IBAN: PL 77 1020 4955 0000 7902 0211 3546

Kod BIC (SWIFT): BPKOPLPW



Turówka Hotel & SPA ****



Turówka Hotel & SPA **** is a place with a unique feel, different from large, chain hotels. Our intention is to provide guests with a cosy, quiet atmosphere and excellent cuisine – all accompanied by the finest service. Classicistic, stylish interiors, architecture dating back to the turn of the 19th century, together with the high standard of service will make you feel special here. The convenient location, near the exceptional “Wieliczka” Salt Mine, makes our hotel an outstanding base for trips to the centre of Cracow, which is just a 15-minute drive away.

Wieliczka Poland



Wieliczka



Wieliczka Salt Mine