**WHAT IS DRM?**

A condition from the lack of intake or utilization of nutrients during any disease state, resulting in weight loss, loss of skeletal muscle, physical and mental dysfunctions, and worse clinical outcome.

**PREVALENCE OF HOSPITAL DRM**

- Up to **24%** of the patients at hospital admission are found at risk for malnutrition.
- **37%** in older than 70 years
- **35%** in oncology
- **29%** in cardiac diseases
- **28%** in respiratory diseases
- **27%** in gastroenterology
- **27%** in internal medicine

**CONSEQUENCES OF DRM**

- Infections and comorbidities
- Wound healing
- Treatment needs
- Length of hospital stay
- Costs
- Impaired recovery
- Quality of life
- Mortality