**WHAT IS GLIM?**
The Global Leadership Initiative on Malnutrition (GLIM) focuses on building a global consensus around **core diagnostic criteria for malnutrition** in adults in clinical settings.

**2-STEPS**

**1. SCREENING**
Perform nutrition screening by any **validated screening tool** to identify patients “at risk for malnutrition”

**2. DIAGNOSIS - APPLY GLIM CRITERIA**
Assessment for diagnosis using GLIM criteria then grade the severity of malnutrition

**GRADE SEVERITY OF MALNUTRITION**
- **WEIGHT LOSS**
  - >5% within past 6 months or >10% beyond 6 months

- **LOW BMI**
  - <20 if <70 years or <22 if >70 years
  - Asia: <18.5 if <70 years or <20 if >70 years

- **REDUCED MUSCLE MASS**
  - Reduced by validated body composition measuring techniques

- **REDUCED FOOD INTAKE OR ASSIMILATION**
  - Of <50% of ER >1 week, or any reduction for 2 weeks, or any chronic GI condition that adversely impacts food assimilation or absorption

- **INFLAMMATION**
  - Acute disease/injury or chronic disease-related

**GLIM DIAGNOSTIC CRITERIA**
Malnutrition diagnosis requires the fulfillment of at least 1 phenotypic and 1 etiologic criterion

**Phenotypic Criteria**
- WEIGHT LOSS: >5% within past 6 months or >10% beyond 6 months
- LOW BMI: <20 if <70 years or <22 if >70 years
- REDUCED MUSCLE MASS: Reduced by validated body composition measuring techniques

**Etiologic Criteria**
- REDUCED FOOD INTAKE OR ASSIMILATION: Of <50% of ER >1 week, or any reduction for 2 weeks, or any chronic GI condition that adversely impacts food assimilation or absorption

**STAGE 1 MODERATE MALNUTRITION**
- Requires 1 criterion

**STAGE 2 SEVERE MALNUTRITION**
- Requires 1 criterion

*CASPEN, ESPEN, FELANPE and PENSA representatives constituted the core leadership committee to form GLIM.*


*ASPEN, ESPEN, FELANPE and PENSA are the European Society for Clinical Nutrition and Metabolism.*

*ESSEN FACT SHEETS*