



# Announcing ESPEN Experts' Courses

ESPEN is **committed** to disseminate **good clinical practice** in the field of clinical nutrition and metabolism. To this end and **among other activities**, the Clinical Nutrition Course is organized every year. This course, which is rotating across eastern European countries, provides basic concepts and advanced, yet comprehensive, overview of the nutritional consequences and metabolic challenges posed by acute and chronic diseases. Also, the correct approach to patients, based on ESPEN **educational material** (i.e., ESPEN Guidelines, Blue Book, LLL material, etc.), is discussed by an international faculty using an interactive methodology.

However, ESPEN recognizes that the use of specific tools or the implementations of specific clinical procedures are becoming the key to ensure the delivery of good clinical practice. Therefore, ESPEN is **supporting** courses focusing on the **practical approach** to key diagnostic and therapeutic tools/procedures. The aims of the **ESPEN Experts' Courses** should be in line with the ESPEN recommendations although the discussion of emerging concepts is welcome. In particular, the aims of the courses are:

- dissemination of the correct use of instruments or clinical procedures
- practical training to ensure the correct interpretation of the results
- development of practical strategies to integrate the acquired knowledge into the daily decision process

These aims will be achieved by taking advantage of the expertise of renowned experts in specific disciplines, who will share their knowledge and practicalities. The courses will be **intensive** (max 2 days) and will accommodate no more than 20-25 participants. All professionals involved in nutritional care can **apply** for participation. Participation to the Experts' Courses **do not** require a registration fee, but participants should take care of their travel and housing costs. However, it will be responsibility of the local organizers of the Experts' Course to suggest convenient hotels to the participants. All participants will receive a **certificate** of participation.