Top-down and bottom-up approach of malnutrition leads to a decrease in prevalence rates in all health care settings in the Netherlands


Summary: Starting in 2004, the Dutch Malnutrition Steering Group has lead to a coordinated and successful approach in tackling malnutrition in close collaboration with the Dutch Ministry of Health.

From 2004 onwards: National Annual Prevalence Measurement of Malnutrition (LPZ) in hospitals, nursing homes and home care

From 2004 onwards: Dutch Malnutrition Steering Group (including all disciplines as well as associations of specialists and hospital boards) receives political endorsement and convinces Ministry of Health to support development of screening and treatment tools for hospitals, residential care and community.

From 2006 onwards: Ministry of Health fully involved and funding the projects of the Dutch Malnutrition Steering Group from 2006-2012 (€ 1.5 m) and official recognition of the Malnutrition Steering Group.

The annual measurement of malnutrition prevalence rates and the driving force of the Dutch Malnutrition Steering Group has led to a coordinated and successful approach in tackling malnutrition in close collaboration with the Dutch Ministry of Health.


From 2004 onwards: Dutch Malnutrition Steering Group (including all disciplines as well as associations of specialists and hospital boards) receives political endorsement and convinces Ministry of Health to support development of screening and treatment tools for hospitals, residential care and community.

From 2006 onwards: Ministry of Health fully involved and funding the projects of the Dutch Malnutrition Steering Group from 2006-2012 (€ 1.5 m) and official recognition of the Malnutrition Steering Group.