38th ESPEN CONGRESS

EUROPEAN SOCIETY OF PARENTERAL AND ENTERAL NUTRITION

ESPEN CONGRESS ON CLINICAL NUTRITION & METABOLISM

COPENHAGEN, DENMARK

JOINTLY ORGANIZED WITH NORWAY

17–20 SEPTEMBER 2016

WWW.ESPEN.ORG

COLLABORATION IN NUTRITION

THE WELCOME MESSAGE

DEAR COLLEAGUES

On behalf of the Local Organizing Committee and the Norwegian (NSKE), Danish Society for Enteral and Parenteral Nutrition (DSKE), we would like to invite you to the 38th ESPEN Congress 2016 which for the first time is a collaboration between two countries, Norway and Denmark, and will be held in Copenhagen for the first time.

Venue of the congress will be the international **Bella Center** which is Scandinavia's largest exhibition and conference center. It is located in Copenhagen in Ørestad between the city centre and Copenhagen Airport. Bella Center lies less than 10 minutes away from both Copenhagen's international airport and Copenhagen city centre, and has its own metro. Copenhagen has attractions and sights to suit every taste and interest – and most of them are within walking distance. The three most famous attractions in the city are most likely the more than 100-year old amusement park Tivoli Gardens, the statue of The Little Mermaid, and the free town of Christiania. But Copenhagen has a lot more to offer. With a history that dates back to 1043 the city is full of historic landmarks, significant buildings and interesting sights and museums. Be sure to visit Amalienborg Palace – home to the royal family - and walk down the shopping street Strøget. The restaurant scene is among the worlds most distinct and innovative based on the Nordic kitchen in a friendly atmosphere.

Together with the ESPEN Committee Members, the local organizers from Norway and Denmark have made an attractive and innovative programme based on Collaboration in Nutrition, both between countries, disciplines and patients, creating networking among participants. We hope that ESPEN 2016 will be a great opportunity for physicians, dietitians, pharmacists, scientists and nurses dedicated to clinical nutrition and metabolism, to meet and discuss the most recent data in an informal and friendly international atmosphere, building network and strengthen relations and collaboration.

WE HOPE TO SEE YOU IN COPENHAGEN 2016!

LOCAL ORGANISING COMMITTEE

Henrik Højgaard Rasmussen
President

Morten Mowe
Vice President

Øivind Irtun
Scientific Committee

Mette Holst
Educational & Clinical Practice Committee

LOCAL AD HOC WORKING GROUP

Ane Rytter
Shared chair

Karin Kok
Shared chair

Mette Borre

Christoffer Filtenborg Brandt

Bent Egberg Mikkelsen

LOCAL SCIENTIFIC COMMITTEE

Øivind Irtun
Chair of committee

Jens Kondrup

Palle Bekker Jeppesen

Anne Marie Beck

Jørgen Wiis

Mikael Borre

Christian Mølgaard

Mathilde Allingstrup

Anne Wilkens Knudsen

Anne Berit Guttormsen

Lene Thoresen

Jan Gunnar Hatleback

Rune Blomhoff

LOCAL EDUCATIONAL COMMITTEE

Mette Holst
Chair of committee

Mikael Staun

Christian Hvas

Tina Beermann

Mette Borre

Lise Munk Plum

Christoffer Filtenborg Brandt

Arthur Revhaug

Morten Mowe

Anni Linnet Nielsen

SECRETARIAT

Charlotte Bach-Dal

Richard Dennis
Photographer

MAIN TOPICS OF THE PROGRAMME

SCIENTIFIC SESSIONS, BASIC SCIENCE & CLINICAL NUTRITION:

- Inflammation in clinical nutrition
- Nutrition support in cancer patients
- Health from the North Sea
- Nutrition, gut microbiota and health
- Nutrition, epigenetics and disease
- Malnutrition in infants and children
- Optimizing muscle mass and function
- Is there still a role for immunonutrition?
- New concepts in peri-hospital nutrition for surgery
- Intestinal failure
- Intervention trials to prevent decline in elderly
- Consequences of bariatric surgery
- Micronutrients
- Nutrition in the ICU
- Post-hospital syndrome and nutrition
- Chronic liver disease
- Insulin resistance
- Appetite control

EDUCATIONAL & CLINICAL PRACTICE SESSIONS:

- Building evidence in clinical nutrition - how to do without randomized controlled trials
- Enabling nutritional intake
- The nutrition support team: "Two and two equals five"
- Taste preferences and palatability
- Albumin - a matter of nutrition?
- Refeeding syndrome
- Parenteral nutrition in oncology patients
- Spreading knowledge and interest in nutrition
- The diversity of obesity
- Hip fracture
- Guidelines session
- Case discussion: Anorexia nervosa in childhood and adolescence
- WHO - The double burden of malnutrition
- LLL - Oral-Enteral
- LLL - HPN
- LLL - Liver-Pancreas
- LLL - Neurology

LET COPENHAGEN WELCOME YOU

Copenhagen is a metropolis with a small-town feel. It is compact, safe, eco-friendly and efficient, and with its extensive green areas, a harbour so clean that you can swim in it, and a world-famous bike culture, it is a city for life. It is not a coincidence that Copenhagen has been named World's Most Livable City and the Danes have been ranked World's Happiest People numerous times.

The Danish capital is built on respect for the past, but focused on the future and offers a wide selection of modern meeting facilities, state-of-the-art hotels, shopping, culture, sights and activities. Get inspired by award-winning New Nordic cuisine, an abundance of attractions and the impressive mixture of historic and modern Danish design and architecture.

The city is comprised of different neighborhoods, each with their own distinct qualities. Explore Copenhagen by city area – take the bike or hop on a canal boat - and visit Copenhagen's city center, hipster Vesterbro, the trendy Meat-packing District, multicultural Nørrebro, family-friendly Østerbro, the posh Frederiksberg, the maritime Christianshavn & Holmen or the alternative Freetown Christiania. Copenhagen is part of the Greater Copenhagen area – the largest city region in Scandinavia with a total population of 3.8 million. In the Greater Copenhagen area, you will find tranquil countryside settings, small quaint villages and a breathtaking coastline, forming a sharp contrast to the city center's bustling core.

TRANSPORTATION

METRO

The metro is located right above terminal 3 at the airport. All the trains go in the same direction from the airport (M2 to Vanløse Station) and run with 4-6 minutes intervals during the day and evening. During the night the train runs every 15-20 minutes. It will take you 13 minutes to get to Nørreport Station (hub in city centre) from the airport.

TRAIN

The train station is located by terminal 3. You can take a free shuttle bus from terminal 1 to terminal 3, which will take 5 minutes. The trains run every 10 minutes during the day and will get you to Copenhagen Central Station in about 13 minutes. During the night the trains run 1-3 times an hour.

BUS

Bus 5A will take you directly to Copenhagen Central Station, City Hall Square, Nørreport and other stations. It takes about 30-35 minutes from the airport to the Central Station. The bus runs every 10 minutes until 01:00 at night. The buses run again from 05:00 in the morning. However, during 2013 the A-buses will start serving during the night as well.

TAXI

Taxis can pick up passengers at terminal 1 and 3 and will get you to downtown Copenhagen in about 20 minutes depending on traffic. Taxis are usually waiting outside each terminal.

IMPORTANT DATES & DEADLINES

Registration opens	1 FEB 2016
Opening of abstracts submission	11 JAN 2016
Closing of abstract submission	6 APR 2016
Opening of late breaking abstract submission	16 MAY 2016
Deadline for late breaking abstracts (posters only)	21 JUN 2016
No refunds for hotel cancellation after	22 JUL 2016

CONGRESS CENTRE

BELLA CENTER

Bella Center is an all modern stateof-the art congress and fair centre integrated with the largest hotel in Scandinavia, AC Hotel Bella Sky Copenhagen.

A unique location in the middle of Ørestaden – with its own Metro station and surrounded by Scandinavias largest shopping mall, the Royal Golf Center and preserved nature - Bella Center ensures the best possible conditions for every type of event, only 10 minutes away from the center of Copenhagen and Copenhagen International Airport.

Bella Center A/S
Center Boulevard 5
DK-2300 Copenhagen S
Tel. +45 32 52 88 11

ORGANISING SECRETARIAT

MCI has been selected by Central ESPEN as the official Congress Organiser to process registrations, abstracts submission hotel reservations. Information on the commercial exhibition as well as organisation and sponsorship of special events may also be obtained from the Organizing Secretariat.

ALL CORRESPONDENCE SHOULD BE SENT TO:

ESPEN 2016
c/o MCI Suisse
Rue de Lyon 75
CH-1211 Geneva 13
Switzerland

Tel. +41 22 33 99 580
Fax +41 22 33 99 631
espen2016@mci-group.com

Information regarding the programme, the registration fees and the list of hotels will be available on the ESPEN website: www.espen.org from February 2016.

WWW.ESPEN.ORG