36th ESPEN Congress
ON CLINICAL NUTRITION & METABOLISM

PRELIMINARY PROGRAMME

GENEVA — SWITZERLAND
6–9 SEPTEMBER 2014
WWW.ESPEN.ORG
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WELCOME MESSAGE

On behalf of the central ESPEN and the local organising committee, the Swiss Society for Clinical Nutrition would like to invite you to the 36th ESPEN Congress for the second time in Switzerland in the beautiful and multicultural city of Geneva.

Geneva is located in the French part of Switzerland bordering with France. Geneva offers all the necessary facilities to host a successful Congress. The city lies on the shores of the famous Lake Léman and is close to the Swiss and French Alps. All this guarantees an unforgettable stay in Switzerland.

Together with the members of the ESPEN committees, the local organisers have composed an attractive scientific and educational programme along our motto “Nutrition on the Move”. Nutritional science is generating constantly new findings which have to be implemented in daily practice. What was true yesterday may be wrong in the future.

Evolving nutritional practice is a continuing challenge. A distinguished international faculty will share their updated experience and involve you in discussions about the most recent developments in clinical nutrition.

Besides the official Congress, we can offer you opportunities to meet old friends and make new ones. The Swiss Society for Clinical Nutrition is delighted to welcome participants from all parts of the world to participate in our exiting educational and scientific programme in Geneva 2014.

We hope to see you in Geneva!

THE LOCAL ORGANISING COMMITTEE

Rémy Meier, President
Peter E. Ballmer, Vice-President
Mette M. Berger, Scientific committee
Zeno Stanga, Education and Clinical Practice Committee
DATES & DEADLINES

OPENING OF ABSTRACT SUBMISSION  10 JAN. 2014
CLOSING OF ABSTRACT SUBMISSION  4 APRIL 2014
OPENING OF LATE BREAKING ABSTRACT SUBMISSION  14 MAY 2014
EARLY REGISTRATION DEADLINE  22 MAY 2014
DEADLINE FOR LATE BREAKING ABSTRACT (POSTERS ONLY)  19 JUNE 2014
NO REFUNDS FOR HOTEL CANCELLATION AFTER  22 JULY 2014
VENUE & CONTACTS

CONGRESS VENUE
The modern Geneva Convention Centre (PALEXPO) is an ideal place for hosting large congresses. It is ideally located near the airport, the railway station and the heart of the city. The Convention Centre has all the necessary facilities for plenary sessions, symposia, workshops, poster presentation and exhibition. The headquarter hotel is at walking distance from the Convention Centre.

PALEXPO
Route François-Peyrot 30
CH-1218 Grand-Saconnex — Switzerland
www.palexpo.ch

ORGANISING SECRETARIAT
MCI has been selected by Central ESPEN as the official Congress Organiser to process registrations, abstracts submission and hotel reservations. Information on the commercial exhibition as well as organisation and sponsorship of special events may also be obtained from the Organising Secretariat.

All correspondence should be sent to:
ESPEN 2014, c/o MCI
Rue de Lyon 75
1211 Geneva 13 — Switzerland
Phone: +41 (0)22 33 99 580
Fax: +41 (0)22 33 99 631
E-mail: espen2014@mci-group.com

Information regarding the scientific programme of the Congress is available on the ESPEN website www.espen.org and is updated on a regular basis.

OTHER CONTACTS
Registration & Accommodation
Phone: +41 (0) 22 33 99 595
Fax: +41 (0) 22 33 99 631
E-mail: espenreg@mci-group.com

Abstract submissions
Phone: +41 (0) 22 33 99 643
Fax: +41 (0) 22 33 99 601
E-mail: espenscientific@mci-group.com

Sponsoring & Exhibition
Phone: +41 (0) 22 33 99 627
Fax: +41 (0) 22 33 99 601
E-mail: christophe.derham@mci-group.com
COMMITTEES

ESPEN 2014 COMMITTEES

LOCAL ORGANISING COMMITTEE
Rémy Meier, President
Peter E. Ballmer, Vice-President
Mette M. Berger, Scientific Committee
Zeno Stanga, Educational Committee

LOCAL SCIENTIFIC COMMITTEE
Mette M. Berger, Chairperson
Claudia Heidegger
Christian Brägger
Reto Kressig
Ludivine Soguel
Reto Stocker
Markus Schäfer
Yves Dupertuis
Corinne Jotterand
Manoelle Godio

LOCAL EDUCATIONAL AND CLINICAL PRACTICE COMMITTEE
Zeno Stanga, Chairperson
Christina Möltgen
Barbara Hürlimann
Stefan Breitenstein
Christoph Gubler
Maya Rühlin
Reinhard Imoberdorf
Laurence Genton
Michèle Leuenberger
Nicola Ossola

CENTRAL ESPEN

CENTRAL ESPEN EXECUTIVE COMMITTEE
Pierre Singer, Chairperson
Remy Meier, President Geneva 2014
Rocco Barazzoni, General Secretary
Tommy Cederholm, Treasurer

CENTRAL ESPEN SCIENTIFIC COMMITTEE
Philip Calder, Chairperson
Nathalie Delzenne
Raanan Shamir
Ronan Thibault
Mette M. Berger, Rotating Member

CENTRAL ESPEN EDUCATIONAL AND CLINICAL PRACTICE COMMITTEE
Alessandro Laviano, Chairperson
Cornel Sieber, Physician
Paula Ravasco, Physician
Peter Austin, Pharmacist
Maria van Bokhorst –de van der Schueren, Dietitian
Zeno Stanga, Rotating Member

ASSOCIATED
Michael Chourdakis, IT Officer
Nicolaas E.P. Deutz, Editor Clinical Nutrition
Miguel Leon Sanz, LLL Director
Remy Meier, LLL Co.Director
Regina Komsa, LLL Co.Director
Jean-Charles Preiser and Stéphane Schneider, ESPEN Guidelines Coordinators
PRELIMINARY PROGRAMME

PLENARY LECTURES
— Swiss Special Lecture
— Sir David Cuthbertson Lecture
— Arvid Wretlind Lecture

SCIENTIFIC SESSIONS BASIC SCIENCE AND CLINICAL NUTRITION
— Energy and protein requirements: – Where are we?
— Economic aspects of nutrition
— Progress in body composition
— Microbiome and acute illness
— Lost in translation from mice to homo sapiens?
— Adult health consequences of food choices and exposure in children
— Gastrointestinal function in the ICU
— Nutritional issues in geriatrics
— Paediatric development
— Physical activity and nutrition
— Glutamine: a success story? – A translational vision
— Nutrition of the oncological patient: from the cell to the clinic
— Micronutrients

EDUCATIONAL AND CLINICAL PRACTICE SESSIONS
— Malnutrition in bariatric patients
— Diseases across borders
— Functional food with speCHial flavor
— Nutrition at its extremes
— Food and reshaping the size of the planet
— ESPEN Guidelines
— Nutritional challenges of geriatric patients
— Nutrition in palliative care
— Sport and nutrition
— 19 LLL Live courses
TIME SCHEDULE

FRIDAY 5 SEPTEMBER 2014
08:00 – 23:00  Exhibition set–up (not opened to delegates)
08:00 – 18:00  LLL Registration ONLY
17:00 – 19:00 Congress Registration
09:00 – 13:00  LLL Sessions
13:00 – 14:00 Break
14:00 – 18:00 LLL Sessions

SATURDAY 6 SEPTEMBER 2014
08:00 – 20:30 Registration
08:00 – 10:00 Exhibition set–up (not opened to delegates)
12:00 – 22:00 Exhibition
09:00 – 13:00 LLL Sessions
09:00 – 12:00 Special Interest Groups Sessions
12:00 – 13:30 Satellite Symposia
13:30 – 14:00 Break
14:00 – 15:30 Scientific & Educational Sessions
15:30 – 16:00 Coffee Break
16:00 – 17:30 Scientific & Educational Sessions
17:45 – 18:45 Opening Ceremony & Special Lecture
19:00 – 22:00 Surprise and Welcome Party

SUNDAY 7 SEPTEMBER 2014
07:30 – 08:30 Special Interest Groups Sessions
08:00 – 19:00 Registration
09:00 – 18:00 Exhibition
09:00 – 18:00 Poster Viewing
08:30 – 10.00 Scientific & Educational Sessions
10:00 – 10:30 Coffee Break
10:30 – 11:15 Sir David Cuthbertson Lecture
11:15 – 12:00 ESPEN Best Abstracts 2013 & ESPEN Travel Awards
12:00 – 14:00 Lunch & Poster visit
13:30 – 15:30 Educational LLL Session
14:00 – 15:30 Scientific & Educational Sessions
15:30 – 16:00 Coffee Break
16:00 – 17:30 Scientific & Educational Sessions
18:00 – 19:30 Satellite Symposia
MONDAY 8 SEPTEMBER 2014
07:30 – 08:30    Special Interest Groups Sessions
08:00 – 19:00    Registration
08:00 – 10:00    Educational LLL Sessions
08:30 – 10:00    Scientific & Educational Sessions
09:00 – 18:00    Exhibition
09:00 – 18:00    Poster Viewing
10:00 – 10:30    Coffee Break
10:30 – 11:15    Arvid Wretlind Lecture
11:15 – 12:00    Fight against Malnutrition
12:00 – 14:00    Lunch & Poster visit
13:30 – 15:30    Educational LLL Session
14:00 – 15:30    Scientific & Educational Sessions
15:30 – 16:00    Coffee Break
16:00 – 17:30    Satellite Symposia
17:30 – 19:00    ESPEN General Assembly (for Members only)

TUESDAY 9 SEPTEMBER 2014
08:00 – 12:00    Registration
09:00 – 12:00    Exhibition
08:30 – 10:00    Scientific & Educational Sessions
10:00 – 10:30    Coffee Break
10:30 – 12:00    Scientific & Educational Sessions
FRIDAY 5 SEPTEMBER 2014
09:00 – 13:00   LLL Sessions (See LLL information section)
14.00 – 18.00   LLL Sessions (See LLL information section)

SATURDAY 6 SEPTEMBER 2014
09:00 – 12:00   Special Interest Groups Meetings
09:00 – 12:00   LLL Sessions (See LLL information section)
12:00 – 13:30   Satellite Symposium Abbott Nutrition Health Institute
12:00 – 13:30   Satellite Symposium Nestlé Health Science
12:00 – 13:30   Satellite Symposium Aguettant Institute
13:30 – 14:00   Break
14:00 – 15:30   THE UNDESIRABLE WEIGHT LOSS: MALNUTRITION IN BARIATRIC PATIENTS
A case discussion
Moderator: A. Weimann
Panel of experts: F. Pralong (CH); A. Thorell (SE); M. Berger (CH);
A. Bosy–Westphal (DE); A. Parri Bonnet (SP); P. Austin (UK); G. Sacks (USA)

14:00 – 15:30   LOST IN TRANSLATION FROM MICE TO HUMANS?
Moderator: N.E.E.P. Deutz & P. Calder
► The theory and practice of “One Health” J. Zinsstag (CH)
► New plasma biomarkers of muscle loss V. Baracos (CA)
► Fructose and metabolic syndrome (mice) L. Tappy (CH)

15:30 – 16:00   Oral communications 1
Moderators: A. van Gossum & R. Kressig
15:30 – 16:00   Hot topics session
Moderator: C. Pichard & M. Cravo
► Education as Medicine A. Golay (CH)
► Enhancing understanding of the intestinal immunological response to parenteral nutrition D. Teitelbaum (USA)

15:30 – 16:00   Coffee break
16:00 – 17:30   BEYOND GASTRONOMY: FUNCTIONAL FOOD WITH A SWISS FLAVOR
Moderators: P. Ballmer & Z. Stanga
► CHocolate: the bitter of health improvement P. Ballmer (CH)
► CHEese: impacting clinical outcomes by modulation of dietary lipids TBC
► CHateau ESPEN 2014: red wine vs Resveratrol supplementation, time to revisit the issue R. Darioli (CH)
16:00 – 17:30  ADULT HEALTH CONSEQUENCES OF FOOD CHOICES AND EXPOSURE IN CHILDHOOD
Moderators: R. Shamir & R. Thibaud
- Plastic panic
- Long term impact of early dietary exposures on later chronic diseases: existence and mechanisms
  - K. Godfrey (UK)
- Sugar-sweetened consumption and obesity
  - S. Bucher della Torre (CH)

16:00 – 17:30  NUTRITIONAL ISSUES IN GERIATRICS
Moderators: C. Sieber & R. Kressig
- Sex hormones and sarcopenia in older persons
  - M. Maggio (IT)
- Modulation of motility by food composition
  - T. Cederholm (SE)
- Role of amino acid supplements in maintaining of physical function
  - Y. Boirie (FR)

16:00 – 17:30  ORAL COMMUNICATIONS 2
Moderators: D. Lobo & Y. Dupertuis

17:45 – 18:45  OPENING CEREMONY
Moderator: R. Meier
Speakers: P. Singer (IL); H. Bounamaux (CH)

OPENING LECTURE
Moderator: R. Meier
- Why we are not the slaves of our genes
  - G. Schatz (CH)

19:00 – 22:00  SURPRISE AND WELCOME PARTY
SUNDAY 7 SEPTEMBER 2014

07:30 – 08:30  Special Interest Groups Meetings

08:00 – 10:00  LLl Live Course – Nutrition in Paediatric Patients 2
Moderator: S. Kolacek
▶ Role of diet in prevention and treatment of Hypercholesterolaemia/hypertriglyceridaemia in children
▶ Food allergy: prevention and treatment
▶ Nutrition treatment with intestinal failure
▶ Nutrition in the preterm infants

08:30 – 10:00  Diseases Across Borders: The Case of Irritable Bowel Syndrome
Moderators: R. Meier & M. Pirlich
▶ FODMAP: a roadmap to food selection
▶ Modulation of gut microbiota: a helping hand for IBS patients?
▶ Fibre in gastroenterology: is there anything new to say?

08:30 – 10:00  Progress in Body Composition
Moderators: V. Baracos & M. Elia
▶ New uses of DEXA
▶ MRI for assessment of organ and tissue masses
▶ Bedside assessment: ultrasonography

08:30 – 10:00  Economic Aspects of Nutrition
Moderators: D. Heyland & M. Berger
▶ What are the indicators of cost-effectiveness and cost-utility?
▶ Cost effectiveness of ERAS in Lausanne
▶ Is screening for malnutrition cost-effective?

10:00 – 10:30  Coffee break

10:30 – 11:15  Sir David Cuthbertson Lecture
Moderators: M. Berger & P. Singer
Skeletal muscle in clinical nutrition and metabolism

11:15 – 12:00  ESPEN Best Abstracts 2014 & ESPEN Travel Awards
Moderators: P. Calder & M. Berger

12:00 – 12:30  Lunch and poster viewing

12:30 – 14:00  Poster visit
13:30 – 15:30  **LLL LIVE COURSE: NUTRITIONAL SUPPORT IN CANCER**  
**Moderator:** A. Laviano  
▶ Mechanisms and clinical features of cachexia  
P. Ravasco (PT)  
▶ Nutritional effects of cancer therapy and potential modulation of tumor growth  
A. Laviano (IT)  
▶ Drug therapy for cancer cachexia  
J. Arends (DE)  
▶ Multimodal therapy of cancer cachexia  
K. Fearon (UK)

14:00 – 15:30  **NUTRITION AT EXTREMES: THE UNLIKELY BENEFITS OF STARVATION**  
**Moderators:** D. Waitzberg & M. Chourdakis  
▶ A calorie is not a calorie: caloric restriction vs modulation of diet composition?  
F. Bozzetti (IT)  
▶ Nutrition vs food intake: competition or collaboration in the ERAS era?  
O. Ljungqvist (SE)  
▶ Management of the severely malnourished: the case of anorexia nervosa  
C. de la Cuerda (SP)

14:00 – 15:30  **GASTROENTERINAL FUNCTION IN THE ICU**  
**Moderators:** M. Hiesmayr & P. Ballmer  
▶ How to diagnose and to treat GI-motility disorders?  
A. Forbes (UK)  
▶ Gastric residuals – facts and fiction  
S. Frühwald (AT)  
▶ Absorption and digestion incapacity  
A. Reintam Blaser (CH)

14:00 – 15:30  **PAEDIATRIC DEVELOPMENT**  
**Moderators:** R. Shamir & C. Brägger  
▶ Is neurodevelopment influenced by early feeding?  
B. Koletzko (DE)  
▶ Early nutrition and later body weight  
L. Moreno (SP)  
▶ Catch up growth in stunted children  
G. Gat-Yablonski (IL)

15:30 – 16:00  **Coffee Break**

16:00 – 17:30  **FOOD: THE FACTOR RESHAPING THE SIZE OF THE PLANET**  
**Moderators:** C. Pichard & M. Leon-Sanz  
▶ Food labelling and health claims  
S. Bell (BE)  
▶ Buy 2 and take 3: are we benefitting from cheaper food?  
TBD  
▶ The never-ending ambiguity of medical food: drug or supplement?  
C. Nishida (CH)
16:00 – 17:30  MICROBIOME AND ACUTE ILLNESS
Moderators: R. Meier & P. Eggimann
▶ Microbiome and acute metabolism disorders linked to cancer progression  N. Delzenne /L. Bindels (BE)
▶ Substrate impact on infections in the ICU (beyond GI)  P. Eggimann (CH)
▶ Microbiome and non-infectious intestinal inflammation  P. Lepage (FR)

16:00 – 17:30  NUTRITION OF THE ONCOLOGICAL PATIENT: FROM THE CELL TO THE CLINIC
Moderators: K. Fearon & M. Godio
▶ New insights in the molecular basis of cachexia  M. Muscaritoli (IT)
▶ Optimal timing of nutritional support or fasting during chemo- and radiotherapy  A. Laviano (IT)
▶ Is there a place for specific nutrients and anabolic agents?  O. Rooyakers (SE)

16:00 – 17:30  ORAL COMMUNICATIONS – 3
Moderators: R. Stocker & R. Barazzoni

18:00 – 19:30  Satellite Symposium Nutricia Advanced Medical Nutrition
18:00 – 19:30  Satellite Symposium Fresenius Kabi (Parenteral nutrition)
MONDAY 8 SEPTEMBER 2014

07:30 – 08:30  Special Interest Group Meetings

08:00 – 10:00  **LLL LIVE COURSE: ICU NUTRITION AND PROBLEM SOLVING**
**Moderator:** P. Singer
- Energy and protein target: how to present underfeeding, overfeeding and refeeding syndrom  M. Hiesmayr (AT)
- More than choosing the route: enteral and parenteral nutrition  P. Singer (IL)
- Repletion, supplementation and pharmaco-nutrition  M. Berger (CH)
- How to feed the complex ICU patient – Case presentation  T. W. Felbinger (DE)

08:30 – 10:00  **NST – THE WHITE ARMY IS HERE! NUTRITIONAL CHALLENGES OF GERIATRIC PATIENTS**
**Moderators:** C. Sieber & Z. Stanga
- Which nutritional assessment tool for older adults?  J. Bauer (DE)
- Targeting food intake in older adults  A. Ödlund Olin (SE)
- Specific supplements for the older adults  P. Bravo (SP)

08:30 – 10:00  **GLUTAMINE: A SUCCESS STORY? A TRANSLATIONAL VISION**
**Moderators:** J. Wernermann & L. Pradelli
- The glutamine story  J. Wernermann (SE)
- Glutamine: the basic science  P. Stehle (DE)
- The positive clinical trials  P. Déchelotte (FR)
- The questions raised by the recent trials  D. Heyland (CA)

08:30 – 10:00  **ORAL COMMUNICATIONS 4**
**Moderators:** N. Delzenne & C.P. Heidegger

10:00 – 10:30  **Coffee break**

10:30 – 11:15  **ARVID WRETTLIND LECTURE**
**Moderators:** R. Meier & T. Cederholm
- Metabolism & nutrition: shifting paradigms in COPD management  A. Schols (NL)

11:15 – 12:00  **FIGHT AGAINST MALNUTRITION**
**Moderators:** P. Singer & R. Meier
TBD

12:00 – 12:30  **Lunch and poster viewing**

12:30 – 14:00  **Poster visit**
13:30 – 15:30  **LLL LIVE COURSE: NUTRITION IN OBESITY**  
**Moderator:** I. Chermesh-Rozenwaser  
▶ Nutrition in the prevention of obesity  
▶ Management of the severely obese patients: diet, lifestyle, behavioral modification and non-surgical treatments  
▶ Pre-operative medical assessment, post-operative follow-up and clinical outcome in bariatric surgery patients  
▶ Optimal BMI and nutritional support of the obese hospitalized patient

14:00 – 15:30  **NURSING SESSION – NUTRITION IN PALLIATIVE CARE**  
**Moderators:** K. Boykens & A. Weimann  
▶ The anthropological value of nutrition: ethical challenges at the end of life  
▶ Nutrition in stroke patients and chronic surgical diseases  
▶ Educational presentation from accepted abstracts

14:00 – 15:30  **DEBATE: DOES THE OBESITY PARADOX EXIST?**  
**Moderators:** P. Singer & G. Sacks  
▶ Arguments PRO  
▶ Arguments CONTRA  
▶ Debate

14:00 – 15:30  **CLINICAL NUTRITION SYMPOSIUM**  
**Moderators:** N.E.E.P. Deutz & M. Berger  
▶ TBD

15:30 – 16:00  **Coffee Break**

16:00 – 17:30  **Satellite Symposium BBraun**

16:00 – 17:30  **Satellite Symposium Fresenius Kabi (Enteral nutrition)**

16:00 – 17:30  **Satellite Symposium Baxter**

17:30 – 19:00  **General Assembly** (for ESPEN Members only)
TUESDAY 9 SEPTEMBER 2014

08:30 – 10:00  MICRONUTRIENTS IN HEALTH AND DISEASE
Moderators: D. Heyland & R. Stocker
▶ Is there still a role for AOX in the European ICU? M. Berger (CH)
▶ Vitamin D and muscle function H. Bischoff-Ferrari (CH)
▶ Selenium and cancer risk E. Reszka (PO)

08:30 – 10:00  ESPEN RESEARCH FELLOWSHIP SYMPOSIUM
Moderators: P. Calder & J. Fonseca
TBD

08:30 – 10:00  ORAL COMMUNICATION 5
Moderators: P. Déchelotte & C. Jotterand

08:30 – 10:00  PHYSICAL ACTIVITY AND NUTRITION
Moderators: Y. Boirie & L. Genton
▶ Scientific lessons learned from body building K. Tipton (CH)
▶ Muscle as an endocrine organ B. Klarlund Pedersen (DK)
▶ Physical activity and nutrition in cancer J. Arends (DE)

10:00 – 10:30  Coffee break

10:30 – 12:00  DIETETIC SESSION: SPORT AND NUTRITION
Moderators: M. van Bokhorst van der Schueren & K. Melzer
▶ “Mens sana in corpore sano”:optimal nutrition for fitness F. Wardenaar (NL)
▶ Mimicking the semipalmated sandpiper: any benefit from natural doping? M. Seelaender (CH)
▶ Nutrition in the extreme environment: translating top physical experiences into clinical practice P. Bartsch (DE)

10:30 – 12:00  ENERGY AND PROTEIN REQUIREMENTS IN THE ICU – WHERE ARE WE?
Moderators: J. Wernermann & C.P. Heidegger
▶ Evolving energy target in a changing patient J. Mechanick (USA)
▶ Determining protein requirements O. Rooyackers (SE)
▶ Do measured EE reflect requirements? A.B. Guttormsen (NO)

10:30 – 12:00  ORAL COMMUNICATIONS 6
Moderators: R. Barazzoni & L. Genton

10:30 – 12:00  ESPEN GUIDELINES
Moderators: S. Schneider & J.C. Preiser
▶ General policies and remarks about guidelines J.C. Preiser (BE)
▶ TBD TBD
▶ ESPEN Guidelines: nutrition support in cancer J. Arends (DE)
WHAT ARE THE LLL COURSES?
The ESPEN Leonardo da Vinci Life Long Learning Project is an ESPEN – EU global effort to improve daily practice in Clinical Nutrition and Metabolism and develop quality care in nutrition by means of an innovative educational initiative.

WHAT ARE THE MAIN OBJECTIVES?
To improve knowledge, competence and skills of health professionals and students in Clinical Nutrition and Metabolism while providing CME credits and European certification for medical doctors. The courses are open not only for medical doctors. Pharmacists, dietitians and nurses can attend.

The duration of each course is 4 hours.

Paying courses to be reserved upon registration to the Congress (cf. on-line registration form) and are open for all nutritional care givers (medical doctors, pharmacists, dietitians and nurses).

OVERVIEW
Overview of all the modules proposed. You can attend a maximum of 7 modules as some of the modules are running in parallel.

FRIDAY 5 SEPTEMBER 2014
MORNING
Session 1 ► Nutritional assessment and techniques
Session 2 ► Nutrition in metabolic syndrome
Session 3 ► Nutrition support in the elderly patients
Session 4 ► Home parenteral nutrition in adult patient
Session 5 ► Nutrition support in respiratory diseases

AFTERNOON
Session 6 ► Nutritional support in the perioperative period
Session 7 ► Nutritional support in pancreatic and liver diseases
Session 8 ► Nutritional support in neurological disease
Session 9 ► Nutritional support in diabetes and dyslipidemia
Session 10 ► Nutrition in sport

SATURDAY 6 SEPTEMBER 2014
MORNING
Session 11 ► Approach to oral and enteral nutrition
Session 12 ► Approach to parenteral nutrition
Session 13 ► Nutritional support in GI diseases
Session 14 ► Nutrition support in renal diseases
Session 15 ► T–LLL (Upon invitation only).
SUNDAY 7 SEPTEMBER 2014

MORNING
08:00 – 10:00 ▶ LLL live course – Nutrition in paediatric patients 2
10:30 – 12:30 ▶ LLL case discussion and test will be provided in a special room for those registered for this topic

AFTERNOON
13.00 – 15.00 ▶ LLL live course – Nutritional support in cancer
15:30 – 17:30 ▶ LLL case discussion and test will be provided in a special room for those registered for this topic

MONDAY 08 SEPTEMBER 2014

MORNING
08:00 – 10:00 ▶ LLL live course – ICU nutrition: treatment and problem solving
10:30 – 12:30 ▶ LLL case discussion and test will be provided in a special room for those registered for this topic

AFTERNOON
13:00 – 15:00 ▶ LLL live course – Nutrition in obesity
15:30 – 17:30 ▶ LLL case discussion and test will be provided in a special room for those registered for this topic

LLL COURSES REGISTRATION FEES

<table>
<thead>
<tr>
<th>ESPEN Member</th>
<th>ESPEN Non-Member</th>
</tr>
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<tbody>
<tr>
<td>1 module: EUR 35</td>
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<td>2 modules: EUR 65</td>
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<td>3 modules: EUR 95</td>
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<td>4 modules: EUR 100</td>
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<td>5 modules: EUR 125</td>
<td>5 modules: EUR 225</td>
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<td>6 modules: EUR 130</td>
<td>6 modules: EUR 230</td>
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<tr>
<td>7 modules: EUR 140</td>
<td>7 modules: EUR 255</td>
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NOTE
All the LLL courses will take place at the Palexpo (Geneva Congress & Exhibition Centre). To register to any LLL courses, you need to be fully registered to the 36th ESPEN Congress. Kindly note that some LLL courses are linked with the Educational Programme and are open to all the Congress participants. However participants wishing to take the LLL case discussion and tests that follow the corresponding Educational session must register specifically to the latter.

The LLL case discussion and tests will take place after the session at the Palexpo and participants must be registered to the corresponding LLL Courses. The corresponding vouchers will be provided together with the name badge.

Maximum 50 participants for each LLL Course & Tests (registration on a “first come, first served” basis). Registration to the Congress is mandatory to attend the LLL courses.
All the LLL courses will take place at the Palexpo.

**FRIDAY 5 SEPTEMBER 2014**

**MORNING**
09:00 – 13:00  
**NUTRITIONAL ASSESSMENT AND TECHNIQUES**  
*Moderator:* R. Meier (CH)  
*Speakers:* K. Norman (DE), L. Sobotka (CZ), R. Meier (CH)  

**NUTRITIONAL IN METABOLIC SYNDROME**  
*Moderator:* M. Leon Sanz (SP)  
*Speakers:* M. Leon Sanz (SP), J. Singer (IL), R. Barazzoni (IT), C. de la Cuerda (SP)  

**NUTRITION SUPPORT IN THE ELDERLY PATIENTS**  
*Moderator:* T. Cederholm (SE)  
*Speakers:* T. Cederholm (SE), S. Schneider (FR), J. Bauer (DE)  

**HOME PARENTERAL NUTRITION IN ADULT PATIENTS**  
*Moderator:* L. Pironi (IT)  
*Speakers:* L. Pironi (IT), A. van Gossum (BE)  

**NUTRITION SUPPORT IN RESPIRATORY DISEASES**  
*Moderator:* A. Schols (NL)  
*Speakers:* A. Schols (NL), F. Franssen (NL)  

**AFTERNOON**
14.00 – 18.00  
**NUTRITIONAL SUPPORT IN THE PERIOPERATIVE PERIOD**  
*Moderator:* A. Weimann (DE)  
*Speakers:* O. Ljungqvist (SE), D. Lobo (UK), A. Weimann (DE)  

**NUTRITIONAL SUPPORT IN PANCREATIC AND LIVER DISEASES**  
*Moderator:* M. Plauth (DE)  
*Speakers:* M. Plauth (DE), R. Meier (CH), J. Ockenga (DE)  

**NUTRITION IN NEUROLOGICAL DISEASES**  
*Moderator:* R. Burgos (SP)  
*Speakers:* R. Burgos (SP), S. Schneider (FR), I. Breton (SP)  

**NUTRITIONAL SUPPORT IN DIABETIS AND DYSLIPIDEMIA**  
*Moderator:* M. Leon Sanz (SP)  
*Speakers:* M. Leon Sanz (SP), L. Sobotka (CZ)  

**NUTRITION IN SPORT**  
*Moderator:* K. Melzer (CH)  
*Speakers:* K. Melzer (CH), L. Genton Graf (CH)
SATURDAY 6 SEPTEMBER 2014

MORNING
09:00 – 13:00

APPROACH TO ORAL AND ENTERAL NUTRITION
Moderator: M. Pirlich (DE)
Speakers: M. Pirlich (DE), M. van Bokhorst van der Schueren (NL)

APPROACH TO PARENTERAL NUTRITION
Moderator: Z. Krznaric (HR)
Speakers: Z. Krznaric (HR), A. Laviano (IT), S. Mühlebach (CH)

NUTRITIONAL SUPPORT IN GI DISEASES
Moderator: J. Shaffer (UK)
Speakers: J. Shaffer (UK), R. Meier (CH), S. Klek (PL)

NUTRITIONAL SUPPORT IN RENAL DISEASES
Moderator: N. Cano (FR)
Speakers: N. Cano (FR), E. Fiaccadori (IT)

T–LLL
Moderators: R. Meier (CH), R. Komsa-Penkova (BG), M. Leon Sanz (SP)

SUNDAY 7 SEPTEMBER 2014

MORNING
08:00 – 10:00

LLL LIVE COURSE – NUTRITION IN PAEDIATRIC PATIENTS 2
Moderator: S. Kolacek (HR)
▪ Role of diet in prevention and treatment of hypercholesterolaemia/hypertrigliceridaemia in children C. Hartman (IL)
▪ Food allergy: prevention and treatment H. Szajewska (PL)
▪ Nutrition treatment in children with intestinal failure S. Kolacek (HR)
▪ Nutrition in the preterm infants K.F.M Joosten (NL)

10:30 – 12:30
LLL case discussion and test will be provided in a special room for those registered for this topic

AFTERNOON
13:30 – 15:30

LLL LIVE COURSE: NUTRITIONAL SUPPORT IN CANCER
Moderator: A. Laviano (IT)
▪ Mechanisms and clinical features of cachexia P. Ravasco (PT)
▪ Nutritional effects of cancer therapy and potential modulation of tumor growth A. Laviano (IT)
▪ Drug therapy for cancer cachexia J. Arends (DE)
▪ Multimodal therapy of cancer cachexia K. Fearon (UK)

16:00 – 18:00
LLL case discussion and test will be provided in a special room for those registered for this topic
### MONDAY 8 SEPTEMBER 2014

#### MORNING
08:00 – 10:00
**LLL LIVE COURSE: ICU NUTRITION AND PROBLEM SOLVING**
*Moderator: P. Singer (IL)*
- Energy and protein target: how to present underfeeding, overfeeding and refeeding syndrome  
  M. Hiesmayr (AT)
- More than choosing the route: enteral and parenteral nutrition  
  P. Singer (IL)
- Repletion, supplementation and pharmaco-nutrition  
  M. Berger (CH)
- How to feed the complex ICU patient – Case presentation  
  T.W. Felbringer (DE)

10:30 – 12:30  
LLL case discussion and test will be provided in a special room for those registered for this topic

#### AFTERNOON
13:30 – 15:30
**LLL LIVE COURSE: NUTRITION IN OBESITY**
*Moderator: I. Chermesh-Rozenwaser (IL)*
- Nutrition in the prevention of obesity  
  M. Chourdakis (GR)
- Management of the severely obese patients: diet, lifestyle, behavioral modification and non-surgical treatments  
  A. Lang (IL)
- Pre-operative medical assessment, post-operative follow-up and clinical outcome in bariatric surgery patients  
  A. Thorell (SE)
- Optimal BMI and nutritional support of the obese hospitalized patient  
  I. Chermesh-Rozenwaser (IL)

16:00 – 18:00  
LLL case discussion and test will be provided in a special room for those registered for this topic

13:00 – 17:00  
**Final LLL examination for the ESPEN EUROPEAN DIPLOMA IN CLINICAL NUTRITION AND METABOLISM**
*(Only for participants registered prior to the congress – subject to charge)*
GUIDELINES FOR ABSTRACTS SUBMISSION

1. IMPORTANT DATES & DEADLINES
Submission start: 10 January 2014
Submission deadline: 4 April 2014, Midnight CET
Late breaking submission start: 14 May 2014 (EUR 100). Posters only, no print in the ESPEN Journal
Late breaking submission deadline: 19 June 2014
Notifications to submitters: 30 May 2014

2. TECHNICAL INFORMATION
Internet Explorer 7.0 or higher, Mozilla Firefox 3.0 or higher are required. JavaScripts and cookies need to be enabled in your browser.

3. GENERAL
Abstracts can only be submitted on-line via the on-line abstract submission form that can be found in the section “Abstracts” on the official ESPEN 2014 Congress website: www.espen.org

4. PUBLICATIONS
- On the Congress website 1 month prior to the Congress.
- Late Breaking Abstracts: it is not guaranteed that the late Breaking Abstracts are published in the Supplement of the Journal distributed at the Congress. If not, they will be published in the next issue.

SUBMISSION PROCESS
► Delegates, who would like to present their work at the Congress, either orally or as a poster, are invited to submit an abstract for consideration by the Abstract Grading Committee.

► A paper should not be submitted to the 36th ESPEN Congress if it has already been presented internationally.

► Abstract submission is only possible via Internet: go to www.espen.org on the Internet. Click on “ABSTRACTS” and follow the instructions as given.

► Please read carefully all the instructions available on the Internet and on the on-line abstract submission system before preparing your abstract.

► The creation of a user account is required for the submission of an abstract. The account only needs to be created once and can be re-used for future abstract submission and registration to the conference. Submitters from last year’s meeting should use their existing account details.
Abstracts can be saved in “Draft status” to be re-edited and modified until the submission deadline (4 April 2014, Midnight CET). Abstracts cannot be edited after the submission deadline.

Abstracts fulfilling all criteria can be saved in “Final submission” status. Only abstracts in “Final submission” status will be considered for the Congress.

Abstracts are accepted on a wide range of topics in clinical nutrition and metabolism. The submitter has to select the right topic for the abstract on the submission form. Available topics are:

- Nutrition, brain aging and neurodegenerative disease
- Overcoming the age-related anabolic barrier
- Critical micronutrients and fluid therapy
- Obesity and nutritional risk
- Metabolic adaptation to cachexia
- The ideal hospital food
- Nutri(epi)genetics and clinical endpoints in children
- Food allergy and intolerance
- Nutritional concepts and rheumatic disorders
- Transplantation medicine
- Sepsis in the ICU and the role of the GI barrier

For standardisation, the acceptable length of the abstract is of not more than 2'000 printable characters (headers, conflicts of interest, title, etc. included). This includes non-visible characters, such as spaces and line breaks. Authors’ details are not included.

Please refer to the word count of the system as slight differences may occur when counting with WORD or similar programmes.

THE ABSTRACT NEEDS TO BE STRUCTURED AS FOLLOWS:

- **Rationale**: this section should contain 1-2 sentences that clearly indicate the scientific question of the study and its clinical (or other) importance.

- **Methods**: this section should contain sufficient information to be able to understand the experimental design, the analytical techniques and the statistics used in the study.

- **Results**: this section should contain objective data to answer the scientific question(s).

- **Conclusions**: this section should provide only conclusions of the study directly supported by the results, along with implications for clinical practice, avoiding speculation and over-generalisation.
One table can be included, but the total number of cells (columns + rows) may not exceed 16. Please note that tables may significantly reduce the number of the remaining allowed characters.

A paper cannot be accepted if the conflict of interest disclosure is not signed. On the on-line abstract form, provide the requested details for all authors.

RULES
The rules for preparing the abstracts can also be found on the Internet at www.espen.org
Failure to observe these guidelines may result in disqualification.

LATE BREAKING ABSTRACTS
▶ Late breaking abstracts may be accepted until 19 June 2014, Midnight, CET with a non-refundable fee of EURO 100.– that has to be paid upon submission. The fee is applicable although the abstract is accepted or not.

Late breaking abstracts will only be presented as posters.
Late breaking abstracts are also published either in the Supplement or in the next coming issue of the Journal.

PRESENTATION OF ABSTRACTS
▶ Abstracts can be accepted either as poster or oral communication.

▶ The Abstract Grading Committee will select submitted abstracts and determine whether they are accepted for oral or poster presentation.

▶ If your abstract is accepted as a poster, you will be requested to be available for discussion during the corresponding poster viewing session.

▶ The maximum usable surface of the display panels is 150cm (height) x 95cm (width), however the recommended size is 100cm high x 94cm large. The Adhesive material will be provided.

▶ Please use letters large enough to be read from a distance of 1.5 meters.

PUBLICATION
Accepted abstracts will be published in the Supplement of Clinical Nutrition, “Nutrition and Metabolism - the ESPEN Journal”, and will be available on the Internet one month prior to the Congress as submitted by the authors.

GENERAL REMARKS
▶ The Author of the abstract selected for presentation must be registered at the Congress
▶ Abstracts must contain data and meet international ethical standards
▶ Abbreviations should be defined
▶ Trade names cannot be mentioned in the title. However, trade names in brackets will be accepted in the body of the text

▶ Please ensure your abstract does not contain spelling, grammar, or scientific mistakes, as it will be reproduced exactly as submitted. Linguistic accuracy is your responsibility. No proof reading will be done

▶ No changes can be made to the abstract after the submission deadline 4 April 2013, midnight CET

▶ The reviewers will judge the abstracts according to the relevance to ESPEN, standard of English, objectivity of statements, description of what was done, suitability of methods to aims, conclusions confirmed by objective results, ethics, scientific value, potential clinical value, originality of work and overall impression

▶ Submitting authors will be notified by 30 May 2014 whether their abstract has been accepted, and they will be informed at the same time about the date, time and form of their presentation. All notifications will be sent out to the e-mail address given on the submission form

▶ If you want to withdraw your abstract, a written statement reflecting the reasons for this decision must be sent to the ESPEN Secretary (espen.scientific@mci-group.com) no later than 1 June 2014
ESPEN AWARDS

Best Abstracts, Travel Awards, Outstanding Posters and Clinical Nutrition Symposium

BEST ABSTRACTS 2014
▷ The 3 Best Abstracts are selected by the Abstracts Referees and the Scientific Committees
▷ They are presented in a Plenary session
▷ They are indicated on the ESPEN website
▷ Diplomas are given during the “ESPEN Best Abstracts 2014” Session

TRAVEL AWARDS
▷ When an abstract is being submitted (exclusively while submitting on-line), a special dedicated box must be ticked to apply to the Travel Awards (only for those submitters filling the criteria)
▷ The selected 40 Travel Awards are given to young investigators under the age of 35 (one per country) for their best first presented abstract. They will be granted EURO 500 each, awarded according to a mix of quality of the abstract, score, acceptation (oral / poster), and of the Congresses’ theme, not only on the ranking
▷ The young investigator must come in person to get his/her grant (at the speakers’ desk, from 14:00 on Sunday 7 September 2014) after the Sir David Cuthbertson Lecture. No payment will be made before or after the Congress
▷ Deadline for application is 4 April 2014

OUTSTANDING POSTERS
▷ The best 10% posters will be marked as being «Outstanding Posters», according to the abstract score
▷ They will be indicated in the abstracts Book (by an asterisk)
▷ A special mention will be placed on the given posters number signage onsite

CLINICAL NUTRITION SYMPOSIUM
▷ Upon invitation only
▷ Original papers that contributed most to the impact factor of Clinical Nutrition 2013
▷ They are presented in a special symposium (indicated in the final programme)
▷ They are indicated on the ESPEN website
REGISTRATION

PROCEDURES

ALL PARTICIPANTS MUST BE REGISTERED.

For Congress Registration and Hotel Reservation all participants must submit a complete on-line registration form.

The ESPEN Congress requires the full data for each individual participant, including updated postal address and e-mail address. Incomplete registrations cannot be processed. Confirmation of the registration will be sent only when the corresponding payment is received.

While registering on-line, it is possible to create a user-account, enabling you to come back to your data to update them.

For further information regarding the registration, kindly contact:

ESPEN 2014
C/O MCI Suisse SA
Rue de Lyon 75
P.O. Box 502
1211 Geneva 13 – Switzerland
Phone: +41 (0)22 33 99 595
Fax: +41 (0)22 33 99 631
E-mail: espenreg@mci-group.com
Web: www.mci-group.com

REGISTRATION FEES*

ESPEN 2014 REGISTRATION FEES
Save on the registration fees by registering before 22 May 2014!!

<table>
<thead>
<tr>
<th>REGISTRATION CATEGORIES</th>
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<th>FROM 23 MAY 2014</th>
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<td>Student**</td>
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<td>EURO 320.00</td>
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* Fees payable in EURO only, no VAT applicable
** For Students (under 35, born after 01.01.1979), a letter of confirmation from the Head Unit must be sent upon registration.

NOTE: the above rates include the content capture access.
Early registrations will be accepted until 22 May 2014, midnight CET. The reduced fees will only apply when early registration is accompanied by payment and received before said deadline (22 May 2014). If your payment is not received before the deadline, the late registration fee will be automatically charged.

**DELEGATES’ REGISTRATION FEE INCLUDES:**
- Admission to all scientific sessions
- Access to Exhibition
- Welcome Reception on 6 September
- Congress Bag
- Final Programme
- Clinical Nutrition Supplement including all submitted and accepted abstracts
- Certificate of Attendance
- Scheduled coffee breaks
- Lunch box on Sunday 7 and Monday 8 September

**CONTENT CAPTURE**
In the permanent ambition to support the Clinical Nutrition community with the best available information, ESPEN is collecting the contributions from all presenters in the ESPEN Congress in digitally recorded format except the LLL lectures.

The purpose of the recording is to make these State-of-the-Art presentations available to a wider audience and with this, the latest progress in clinical, research and patient oriented Clinical Nutrition will also be available to those not able to follow the proceedings during the conference.

**KINDLY NOTE THAT:**
- The access to these presentations is included in the Full Access Registration fee
- The presentations will be recorded as a series of slides, accompanied by the speaker spoken comments and explanations during the session but no image
- The presentations should be accessible approximately 3 weeks after the congress
LLL COURSES
The LLL Courses are paying courses to be reserved upon registration (cf. on-line registration form) and are open for all nutritional care givers (doctors, pharmacists, dietitians and nurses).

NOTE
All the LLL courses will take place at the Palexpo (Geneva Congress & Exhibition Centre). To register to any LLL courses, you need to be fully registered to the 36th ESPEN Congress. Kindly note that some LLL courses are linked with the Educational Programme and are open to all the Congress participants. However participants wishing to take the LLL case discussions and do the test that follow the corresponding Educational session must register specifically to the latter.

The LLL case discussion and test in order to get the LLL credits will take place after the session in a separate room at the Palexpo (Geneva Congress & Exhibition Centre) and participants must be registered to the corresponding LLL Courses. The corresponding vouchers will be provided together with the name badge.

Maximum 50 participants for each LLL Course & Test (registration on a “first come, first served” basis). Registration to the Congress is mandatory to attend the LLL courses.

LLL COURSES REGISTRATION FEES

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<th></th>
<th>ESPEN MEMBER</th>
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<tr>
<td>7 modules</td>
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PAYMENT
Full payment should be received before the relevant deadline. To facilitate processing, participants should clearly indicate in all remittances their name, address and the purpose for which the payment is made. Either of the following means can be used for payment:

1. CREDIT CARD
American Express, EuroCard/MasterCard and Visa cards will be accepted. Please fill in your card number and expiration date on the registration form as indicated.

2. BANK TRANSFER
Payable in Euros to ESPEN 2014 c/o MCI Suisse SA
UBS SA - CP 2600 - 1211 Geneva 2 - Switzerland
Account N° 240-369.393.71L - Clearing 240
Swift UBSWCHZH80A
IBAN CH 18 0024 0 240 36 93 93 71L
Bank Address: UBS SA - CP 2600 - 1211 Geneva 2 - Switzerland

Please indicate “ESPEN 2014 - free of charge for the receiver account”. Copy of bank transfer should be sent together with registration form.

OTHER REGISTRATION GUIDELINES

GROUP REGISTRATION
For group registration, a minimum of 20 participants is required. Please contact the Congress Secretariat, MCI Suisse SA at espenreg@mci-group.com, to obtain the group registration form. It is highly advised to collect Congress documents and bags as early pick-up. Kindly contact the Congress Secretariat, MCI Suisse SA.

CONFIRMATION
Confirmation will be sent only when the corresponding payment is received. Participants should bring their letter of confirmation to the registration desk at the Congress Venue when collecting their documents.

REGISTRATION AT THE VENUE
The Registration desk at the Palexpo will open on Friday 5 September at 17:00 and will stay open throughout the Congress (according to opening hours indicated in the programme). The Registration Desk is located at the entrance of the Congress Centre. Kindly note that by registering on-site, you are not guaranteed to get the Congress bag & documents, and that availability of hotel accommodation at that time may be limited. Please arrive early if you wish to register on-site.
HOTEL ACCOMMODATION
MCI has reserved a large number of hotel rooms in various hotels in different price categories. Kindly make your reservation while you are registering on-line. Reservations will be made on a first-come, first-served basis. Individual participants are asked to book their hotel on-line. More information is available under the section “Accommodation”.

Hotel reservations are handled by MCI:
Rue de Lyon 75, P.O. Box 502
1211 Geneva 13 - Switzerland
Phone: +41 (0)22 33 99 595
Fax: +41 (0)22 33 99 631
E-mail: espenreg@mci-group.com
Web: www.mci-group.com

MODIFICATION & CANCELLATION

Cancellation conditions
All cancellations must be sent to MCI Suisse SA in writing (fax, letter, or email). For cancellations received until 10 July 2014, deposits will be refunded less EUR 70 for administrative costs. After this date, no refund will be possible.

Modification conditions
A handling fee of EUR 70 per registration will be charged for every registration modification received after 10 July 2014.
MCI Suisse SA is pleased to offer a hotel booking service for the ESPEN 2014 Congress to be held in Geneva.

Advantages of booking within the block are countless:
- All hotels are carefully inspected and are MCI-approved
- Negotiated competitive rates
- Possibility to update your reservation online any time 24 hours a day, 7 days a week
- Personalised service and support, prior, during and after the event

The majority of the hotels chosen for this Congress are located in the congress centre and in the city centre. For exact location of hotels, please see the map of Geneva.

Geneva attracts many tourists, and due to the high demand for accommodation during this period, reservations will be made on a “first-come, first-served” basis. We recommend booking before Tuesday, July 22, 2014 to ensure availability. Requests received after this date will not be guaranteed. Names of persons sharing rooms must be indicated by e-mail to MCI Suisse S.A.

All rates are in euros, per room, per night, and include service charge and VAT. The rate of exchange between the Swiss Franc and the Euro was set in December 2013. Exchange rates can fluctuate substantially and as such any significant variation of the exchange rate may lead to a retroactive increase in the hotel rates as expressed in Euros. Rates apply for standard room; other room types like deluxe room, junior suite, suite, etc. are available upon request.

If you wish to book your accommodation through MCI, please use the on-line system when registering at www.espen.org. You simply need to make your selection out of the list of hotels available. We will do our utmost to allocate you a room in your preferred hotel.

We accept the following credit cards: American Express, VISA and Master Card. Alternatively you may pay by bank transfer. Please remember to mention your name as the reference on the bank transfer.

Only guaranteed reservations will be accepted: to guarantee your reservation a deposit covering the first night is required, either by bank transfer or by credit card (deposits will be deducted from the final hotel bill when paid by the participant at the hotel). From Wednesday, August 06, 2014, only payments by credit card will be accepted.

Please be aware that all extras you might incur during your stay (i.e. mini-bar, laundry, telephone, etc) have to be paid directly to the hotel upon your departure. Please also note that a credit card or cash deposit may be required for potential incidental charges when completing the check-in process at the hotel.

Any enquiries or requests for additional information, modifications or cancellations to room reservations should be addressed to MCI in writing (fax, letter or email).

Please do not contact the hotel directly.
For all hotels except Fassbind Hotels (Nations, Cornavin, Cristal):
In the event of cancellation up to Tuesday, August 05, 2014: no charge will incur.
From Wednesday, August 06, 2014 to 5 days prior to arrival date: 50% of one night will be charged in case of cancellation.
In the event of late cancellations (from 4 days prior to arrival date): No refund will be done.

For Fassbind Hotels (Nations, Cornavin, Cristal):
In the event of cancellation up to Tuesday, August 05, 2014: no charge will incur
From Wednesday, August 06, 2014 to 5 days prior to arrival date: one night will be charged in case of cancellation.
In the event of late cancellations (from 4 days prior to arrival date): No refund will be done.

CHECK-IN/ CHECK-OUT TIME
Hotel check-in time is 15:00 or later. If arriving after 18:00, please notify the hotel in advance.
Check-out time is noon.

GROUP RESERVATIONS
Large group reservations (more than 9 participants) will be handled by MCI Suisse S.A. with separate contracts. Please contact MCI Suisse S.A. at: espenreg@mci-group.com

METHODS OF PAYMENT
Payment of registration and hotel deposit may be made by:

► Credit card: EuroCard/ MasterCard, Visa, American Express

► Bank transfer to the account of MCI Suisse SA
Name of Bank: UBS SA
Name of Account: MCI Suisse SA
Account no: 240-369.393.71L - Clearing 240
Swift code: UBSWCHZH80A / IBAN: CH 18 0024 0 240 36 93 93 71L
Bank Address: UBS SA, CP 2600 - 1211 Geneva 2 - Switzerland

Mention: «ESPEN 2014» and the participant’s name.
All costs are to be borne by the ordering customer.

► Payment by personal cheques cannot be accepted
► All payments have to be made in EUROS

For hotel reservation: Additional expenses such as mini-bar, laundry, etc. must be paid directly to the hotel when checking out.
<table>
<thead>
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<th>Single</th>
<th>Double</th>
<th>Breakfast</th>
<th>City tax</th>
<th>Location</th>
<th>N° Map</th>
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<th>Driving distance** in minutes to Palexpo</th>
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<th>Hotels 4*</th>
<th>Single</th>
<th>Double</th>
<th>Breakfast</th>
<th>City tax</th>
<th>Location</th>
<th>N° Map</th>
<th>Distance in minutes by Public Transportation* to Palexpo</th>
<th>Driving distance** in minutes to Palexpo</th>
</tr>
</thead>
<tbody>
<tr>
<td>Auteuil (1) From 200</td>
<td>From 200</td>
<td>Excl.</td>
<td>Excl.</td>
<td>City Centre</td>
<td>5</td>
<td>10' by train</td>
<td>10'</td>
<td></td>
</tr>
<tr>
<td>Cornavin (1) From 138</td>
<td>From 138</td>
<td>Inc.</td>
<td>Inc.</td>
<td>City Centre</td>
<td>11</td>
<td>10' by train</td>
<td>10'</td>
<td></td>
</tr>
<tr>
<td>Crowne Plaza</td>
<td>209</td>
<td>209</td>
<td>Excl.</td>
<td>Excl.</td>
<td>Congress Centre</td>
<td>23</td>
<td>06' by bus</td>
<td>5'</td>
</tr>
<tr>
<td>NH Geneva Airport</td>
<td>209</td>
<td>234</td>
<td>Excl.</td>
<td>Excl.</td>
<td>Congress Centre</td>
<td>12</td>
<td>17' by tram &amp; bus</td>
<td>7'</td>
</tr>
<tr>
<td>Novotel Genève Centre (2) From 150</td>
<td>From 150</td>
<td>Excl.</td>
<td>Excl.</td>
<td>City Centre</td>
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<td>10'</td>
<td></td>
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<tr>
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<td>225</td>
<td>225</td>
<td>Excl.</td>
<td>Excl.</td>
<td>City Centre</td>
<td>17</td>
<td>10' by train</td>
<td></td>
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<table>
<thead>
<tr>
<th>Hotels 3* SUP</th>
<th>Single</th>
<th>Double</th>
<th>Breakfast</th>
<th>City tax</th>
<th>Location</th>
<th>N° Map</th>
<th>Distance in minutes by Public Transportation* to Palexpo</th>
<th>Driving distance** in minutes to Palexpo</th>
</tr>
</thead>
<tbody>
<tr>
<td>Edelweiss (1) From 184</td>
<td>From 184</td>
<td>Excl.</td>
<td>Excl.</td>
<td>City Centre</td>
<td>6</td>
<td>13' by bus</td>
<td>10'</td>
<td></td>
</tr>
<tr>
<td>Kipling (1) From 184</td>
<td>From 184</td>
<td>Excl.</td>
<td>Excl.</td>
<td>City Centre</td>
<td>7</td>
<td>10' by train</td>
<td>10'</td>
<td></td>
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<table>
<thead>
<tr>
<th>Hotels 3*</th>
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<th>Double</th>
<th>Breakfast</th>
<th>City tax</th>
<th>Location</th>
<th>N° Map</th>
<th>Distance in minutes by Public Transportation* to Palexpo</th>
<th>Driving distance** in minutes to Palexpo</th>
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</thead>
<tbody>
<tr>
<td>Cristal (1) From 130</td>
<td>From 130</td>
<td>Inc.</td>
<td>Inc.</td>
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<td>10' by train</td>
<td>10'</td>
<td></td>
</tr>
<tr>
<td>Express by Holiday Inn (3) From 163</td>
<td>From 163</td>
<td>Inc.</td>
<td>Inc.</td>
<td>Congress Centre</td>
<td>18</td>
<td>08' by bus</td>
<td>4'</td>
<td></td>
</tr>
<tr>
<td>Jade (1) From 184</td>
<td>From 184</td>
<td>Excl.</td>
<td>Excl.</td>
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<td>12' by tram &amp; bus</td>
<td>8'</td>
<td></td>
</tr>
<tr>
<td>Les Nations (1) From 130</td>
<td>From 130</td>
<td>Inc.</td>
<td>Inc.</td>
<td>City Centre</td>
<td>20</td>
<td>11' by bus</td>
<td>8'</td>
<td></td>
</tr>
<tr>
<td>Mon Repos</td>
<td>209</td>
<td>234</td>
<td>Excl.</td>
<td>Inc.</td>
<td>City Centre</td>
<td>9</td>
<td>12' by bus</td>
<td>8'</td>
</tr>
<tr>
<td>Nash Airport (1) From 117</td>
<td>From 117</td>
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<td>Excl.</td>
<td>Congress Centre</td>
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<tr>
<td>Ramada Encore Genève</td>
<td>184</td>
<td>200</td>
<td>Inc.</td>
<td>Inc.</td>
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<td>10</td>
<td>32' by bus</td>
<td>11'</td>
</tr>
<tr>
<td>Strasbourg</td>
<td>192</td>
<td>217</td>
<td>Inc.</td>
<td>Inc.</td>
<td>City Centre</td>
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<td>10'</td>
</tr>
<tr>
<td>Suite Novotel Genève From 138</td>
<td>From 138</td>
<td>Excl.</td>
<td>Excl.</td>
<td>Congress Centre</td>
<td>24</td>
<td>08' by bus</td>
<td>4'</td>
<td></td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Hotel 2*</th>
<th>Single</th>
<th>Double</th>
<th>Breakfast</th>
<th>City tax</th>
<th>Location</th>
<th>N° Map</th>
<th>Distance in minutes by Public Transportation* to Palexpo</th>
<th>Driving distance** in minutes to Palexpo</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ibis Genève Nations (1) From 130</td>
<td>From 130</td>
<td>Excl.</td>
<td>Excl.</td>
<td>City Centre</td>
<td>14</td>
<td>10' by bus</td>
<td>8'</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hotel 1*</th>
<th>Single</th>
<th>Double</th>
<th>Breakfast</th>
<th>City tax</th>
<th>Location</th>
<th>N° Map</th>
<th>Distance in minutes by Public Transportation* to Palexpo</th>
<th>Driving distance** in minutes to Palexpo</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ibis Budget</td>
<td>96</td>
<td>96</td>
<td>Excl.</td>
<td>Excl.</td>
<td>Congress Centre</td>
<td>15</td>
<td>06' by bus</td>
<td>7'</td>
</tr>
</tbody>
</table>

(1) Discounted rates for Friday, Saturday and Sunday.
(2) Discounted rate for Friday.
(3) Discounted rate for Tuesday.
Pre and post room nights bookings will be confirmed upon availability of the hotel.
Rates are applicable for standard or superior room (if applicable), other type of rooms like deluxe room, junior suite, suite etc. are available on request.
Service & VAT included (Swiss VAT currently at 3.9% as of December, 2013). For further information, please contact us at espenro@mci-group.com.
The rate of exchange between the Swiss Francs and the Euro was set in December 2013. Exchange rates can fluctuate substantially and as such any significant variation of the exchange rate may lead to a retrospective increase in the hotel rates as expressed in Euros.
Please note that a credit card or cash deposit may be required for potential incidental charges when completing the check-in process at the hotel.

**Note on Transportation:**
* Public transportation duration excludes walking time to, from and in between public transportation stop. For further information, please browse the TPG website: www.tpg.ch
** Driving distance: duration may vary depending on traffic.
All guest staying in Geneva hotel will benefit from free public transportation for the duration of their stay.

**Transportation Information:**
**Train Stations:**
There are two train stations in Geneva. The main train station in the city (Gare Cornavin) and the airport train station (Gare Genève-Aéroport).
From the main train station in the city centre you can take bus no 5 to the Palexpo which takes approx. 20 minutes.
Another option is to take a train from the main train station, Cornavin to the airport train station, which takes approx. 7 minutes, and from there Palexpo is a short 10 minute walk.
**Bus, Trams or other modes of transportation:**
Information relative to public transportation can be viewed on the TPG website via the following link: http://www.tpg.ch/
MAPS FOR THE HOTELS

GENERAL HOTEL MAP
BADGES
A name badge will be provided on-site with your registration documents. Name badges must be visible and used at all times anywhere within the Congress Centre.

CERTIFICATE OF ATTENDANCE
A certificate of attendance will be included in the Congress bag together with some instructions. It is to be filled directly by the participant.

CME
There will not be CME credit for the Congress in 2014. However, each participant will be given a Certificate of Attendance.

CONGRESS DOCUMENTS
The Congress documents should be collected on-site at the Registration Desk during opening hours, at the Congress Centre.

DISCLAIMER
ESPEN and MCI Suisse SA, as the Congress planner, claim no liability for the act of any supplier to this meeting, nor liability for personal injury, the safety of any attendee while in transit to or from this event, for any loss or damage, for delays in transport by air, sea, rail, road, weather, in case of strikes, sickness, war or other causes.

EXHIBITION INFORMATION
The ESPEN 2014 exhibition, featuring commercial displays of International Organisations, Pharmaceutical Companies, Media Publishers and Scientific Societies, will be located in Hall 1. Coffee breaks and lunch boxes will be distributed around the exhibition.

EXHIBITION SCHEDULE

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>HOURS</th>
<th>STATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>SATURDAY</td>
<td>6 SEPTEMBER 2014</td>
<td>12:00-22:00</td>
<td>OPEN</td>
</tr>
<tr>
<td>SUNDAY</td>
<td>7 SEPTEMBER 2014</td>
<td>09:00-18:00</td>
<td>OPEN</td>
</tr>
<tr>
<td>MONDAY</td>
<td>8 SEPTEMBER 2014</td>
<td>09:00-18:00</td>
<td>OPEN</td>
</tr>
<tr>
<td>TUESDAY</td>
<td>9 SEPTEMBER 2014</td>
<td>09:00-12:00</td>
<td>OPEN</td>
</tr>
</tbody>
</table>

FOOD & BEVERAGE
Coffee/tea and light snacks during official breaks are included in the registration fees and will be served around the exhibition area. A lunch box will be offered to each registered delegate on Sunday 7 September and Monday 8 September 2014 and delivered inside the exhibition area.

LANGUAGES
English is the official Congress language.

LOST AND FOUND
A lost-and-found service will be available at the registration desk.
MESSAGES
Participants can use the message board located in the registration area.

MOBILE PHONES
Delegates are kindly requested to keep their mobile phones in the off position in the rooms where scientific and educational sessions are being held, as well as during poster sessions’ rounds.

MOBILE APP
Get all the information including the abstracts you need at your fingertips with the ESPEN 2014 Mobile Application onsite at the Congress.
It is available for free on iOS and Android.

OFFICIAL LETTERS OF INVITATION
Should you require an official letter of invitation to obtain your visa to enter Switzerland, please contact the Congress Secretariat, MC Suisse S.A. Please note, however, that the Organisers do not undertake any obligation to pay any expenses incurred by supplying these letters. Furthermore, for some countries, a confirmation of registration with payment may be asked by the authorities. Should you need a personalised letter, a fee of CHF 50,- will be applied.

ON-SITE
The desk for registration, information and distribution of documents will be open as follows:

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>FRIDAY</td>
<td>5 SEPTEMBER 2014</td>
<td>08:00-18:00</td>
<td>LLL Registration ONLY</td>
</tr>
<tr>
<td>FRIDAY</td>
<td>5 SEPTEMBER 2014</td>
<td>17:00-19:00</td>
<td>Congress Registration</td>
</tr>
<tr>
<td>SATURDAY</td>
<td>6 SEPTEMBER 2014</td>
<td>08:00-20:30</td>
<td></td>
</tr>
<tr>
<td>SUNDAY</td>
<td>7 SEPTEMBER 2014</td>
<td>08:00-19:00</td>
<td></td>
</tr>
<tr>
<td>MONDAY</td>
<td>8 SEPTEMBER 2014</td>
<td>08:00-19:00</td>
<td></td>
</tr>
<tr>
<td>TUESDAY</td>
<td>9 SEPTEMBER 2014</td>
<td>08:00-12:00</td>
<td></td>
</tr>
</tbody>
</table>

POSTER SESSIONS
Posters sessions will be located next to the exhibition area in Hall 1.
Please contact the Posters desk (in the registration area) for any information. To get the necessary material a table will be set-up within the poster area. The author must be present in front of his/her poster during Poster viewing for free discussion.

REGISTRATION
All participants must submit a completed on-line registration form.
Invited guests need to fill-in the special form sent to them.

SMOKING POLICY
The ESPEN 2014 Congress is a non-smoking event. It is forbidden to smoke in the Congress venue, including the exhibition & posters area.
Smoking is not permitted in most indoor public areas nor on board domestic aircraft or other means of public transportation, in stores, shops or other public buildings. The hotels offer special rooms for non-smokers. In restaurants and bars, smoking is forbidden.
SPEAKER’S PREVIEW ROOM
The Speakers’ Preview Room will be located in a room facing the lobby of the entrance of the Palexpo and well indicated. Speakers are kindly requested to provide their PC formatted USB keys (PowerPoint presentations) to the Speaker’s Preview Room centre at least two hours before their session. All conference rooms contain state-of-the-art technical equipment.

The Speakers’ Preview Room will be opened as follows:

SATURDAY  6 SEPTEMBER 2014  08:00-19:00
SUNDAY    7 SEPTEMBER 2014  08:00-19:00
MONDAY    8 SEPTEMBER 2014  08:00-19:00
TUESDAY   9 SEPTEMBER 2014  08:00-12:00

SURVEY / CONFERENCE EVALUATION
We would be grateful if you could take a few minutes to answer an online survey that will be sent to you shortly after the conference. Your valuable feedback will help us to improve the organisation and quality of the next ESPEN conference.

TRAVEL INSURANCE
It is recommended that participants obtain adequate cover for travel, health and accident insurance before they depart from their countries. ESPEN 2014 and MCI as organizers cannot accept responsibility for personal injuries, or loss of, or damage to, private property belonging to the delegates.

SOCIAL EVENTS & EXCURSIONS
In order to comply with the new pharma regulations, ESPEN will focus on scientific and educational sessions and therefore will not offer any more excursions or accompanying person programme.
GENERAL INFORMATION

ABOUT GENEVA
Geneva enjoys a worldwide reputation as a conference city; it embodies the creativity of science and technology, a vigorous business sector, and has a special cultural appeal with unmistakable flair and charm. Geneva is an ideal destination with its central location in Europe, served by an excellent transport and communication infrastructure. Draped around the deep blue waters of Lac Léman, Geneva has grown wealthy and influential as the cultural and economic focus of French-speaking Switzerland. It is also an international city and home to many global institutions from the International Red Cross to the WHO!

HOW TO COME TO GENEVA
Located in the centre of Europe, Geneva is easily accessible by air and train from all major European cities, and there are interesting low-budget connections from several of them. The international airport is only 15 minutes from downtown. The Palexpo (Congress and exhibition Centre) can be reached walking from the airport.

GETTING AROUND IN GENEVA
Geneva's centre is small enough to walk around. For the suburbs you will need to take a tram or bus. Daily passes are provided free of charge to Geneva hotel guests, courtesy of the Geneva Tourist Board.
CLIMATE AND CLOTHING
The mean temperature in Geneva in September is around 18 degrees Celsius.

COMMUNICATION
For international calls to Geneva, dial the international code +41 and the correspondent’s number (without the 0).

CREDIT CARDS / CASH MACHINES
All major credit cards are accepted widely, but not everywhere. If in doubt, ask in advance. Cash-on-card services are available from selected American Express, Diners Club, MasterCard and VisaCard addresses. These cards are also accepted by all GWK currency exchange outlets and Change Express Offices.

CURRENCY
The local currency is the Swiss Franc (CHF). 1€=1.23 CHF (subject to change)

CUSTOMS
Please consult the Swiss Customs Regulations:
https://www.ch.ch/en/swiss-customs/

ELECTRICITY
The voltage in Geneva is 220 volts. Hotels may have a 110-volt or 120-volt outlet for shavers, but travellers are advised to bring a power converter and an adapter for two-prong, round-prong plugs with side grounding.
EMERGENCY NUMBERS
For all emergencies: 112
▶ Fire: 118
▶ Police: 117
▶ Ambulance: 144

LANGUAGE
French is the national language of Geneva.

OFFICIAL LANGUAGE OF THE CONGRESS
The official congress language is English.

SAFETY
Geneva is a safe place but you should take normal, sensible precautions to avoid mugging, bag snatching and pick pocketing. You should be extra vigilant at airports and railway stations. Do not leave valuables unattended. Most shops and all major taxi companies accept credit and debit cards, so there is no need to carry a lot of cash.

SHOPPING
The most common business hours are Monday through Saturday, 9:30 to 18:00

Different pharmacies are open around the clock on different days of the week. To find out which pharmacy is open on a particular night, visit the pharmacy nearest to you. It will have a note in the window or on the door listing the address of the emergency pharmacy. The pharmacy emergency section in the local newspapers also have a list. Note: you might have to ring a bell for attention out of hours, and that there is an additional charge for night and weekend services.

GENEVA TAXIS
For a taxi, call Taxi Direct on:
Phone: +41 22 33 141 33 or +41 22 3 20 20 20

Taxis are available outside the airport and in many places inside the city.

TIME
Geneva follows Central European Time (CET) which is one hour ahead of Greenwich Mean Time (GMT) and six hours ahead of Eastern Standard Time (EST). At the time of the Conference, summer daylight saving will be in operation which is two hours ahead of GMT.

TIPPING
You are not expected to tip on top of restaurant service charges but you can leave a little extra if you feel service warrants it. If there is no service charge, the customer should consider leaving a 10% tip, but this is not obligatory.

TRAVEL INSURANCE
A travel insurance policy to cover theft, loss and medical problems is recommended. The Organising Secretariat as well as ESPEN will not be held liable for illness, accidents or thefts suffered by Participants or Accompanying Persons during the Congress or their stay in Geneva.
before, during or after the Congress. Participants are strongly recommended to seek insurance coverage for health and accident, lost luggage and trip cancellation.

**VAT**
The official Federal Customs Administration FCA app contains information about importing foodstuffs, souvenirs, etc. and is aimed at private individuals. It therefore simplifies your entry into Switzerland and helps you decide which souvenirs, electronic articles and such like to buy when you are abroad or when shopping online.
On the website, you will find out about:
Entry requirements: passport, visa, customs procedures
Shopping abroad (duty-free allowances): duty-free limits for alcohol, tobacco and foodstuffs
Crossing the border with animals and plants
Crossing the border in a vehicle
Bans and restrictions (trademark piracy, souvenirs, medicines etc.)
You will also find our information concerning online shopping and postal/courier services

http://www.afd.admin.ch/publicdb/newdb/zollapp/en

**HOW TO CLAIM THE TAX BACK**
When you arrive at the airport you must present your tax refund cheques at customs BEFORE you check your bags in. Customs may request to check the items before they stamp your cheques. Once your cheques have been stamped by customs you can cash your cheques at any Bureau de Change in your chosen currency.

**VISAS**
Geneva is part of the European Union. Many visitors can enter the EU countries without a visa. A valid ID card or a passport is all you need to enter Geneva. Check with the Swiss Embassy or Consulate in your own country whether you need a visa. They also have the necessary forms you have to complete. Foreign Embassies in Geneva, and Swiss Embassies abroad, at your service:
ACCESS & TRANSPORTATION

OFFICIAL CARRIER

Swiss International Air Lines is proud to be the Official Carrier for the 36th ESPEN CONGRESS in Geneva and is offering special conference fares to all participants. These conference fares offer reductions of up to 25% depending on the fare type, route and space availability.

Conference fares are valid on the entire SWISS route network for flights to Switzerland, including flights operated by partner airlines under an LX flight number. These fares are now bookable for the travel period 14 days prior to and 14 days after the event.

To take advantage of this offer, book easily and conveniently through SWISS.COM via the following link: www.swiss.com/event

The event code will be given at a later stage and communicated on the website.

The special SWISS congress fare is marked with a “C”. It may not necessarily be the lowest fare but it offers flexibility in the event of rebooking or cancellation.

TRAVELLING TO GENEVA

Geneva can easily be reached by car, train and plane. The Palexpo is very close to the airport and has a direct walking path to the airport. It is about 10 minutes from the city centre and buses are coming directly to the entrance every 10 minutes. If you prefer taking a taxi the cost is about CHF 30/40 depending on the traffic.

FREE PUBLIC TRANSPORT PASS

All delegates and accompanying persons are offered a public transport pass from their hotel. To receive your pass please ask your hotel desk upon arrival.
SPONSORING & EXHIBITION

EXHIBITION INFORMATION
The ESPEN 2014 exhibition, featuring commercial displays of International Organisations, Pharmaceutical Companies, Media Publishers and Scientific Societies, will be located next in Hall 1 of the Palexpo, close to the registration area.

EXHIBITION SCHEDULE

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>4 September 2014</td>
<td>08:00-23:00</td>
<td>SET-UP</td>
</tr>
<tr>
<td>Friday</td>
<td>5 September 2014</td>
<td>08:00-23:00</td>
<td>SET-UP</td>
</tr>
<tr>
<td>Saturday</td>
<td>6 September 2014</td>
<td>08:00-10:00</td>
<td>SET-UP</td>
</tr>
<tr>
<td>Sunday</td>
<td>7 September 2014</td>
<td>12:00-22:00</td>
<td>OPEN</td>
</tr>
<tr>
<td>Monday</td>
<td>8 September 2014</td>
<td>09:00-18:00</td>
<td>OPEN</td>
</tr>
<tr>
<td>Tuesday</td>
<td>9 September 2014</td>
<td>09:00-12:00</td>
<td>OPEN</td>
</tr>
<tr>
<td>Tuesday</td>
<td>9 September 2014</td>
<td>12:00-23:00</td>
<td>DISMANTLING</td>
</tr>
</tbody>
</table>

SPONSORING & EXHIBITION
Phone: (+41) 22 33 99 627
Fax: (+41) 22 33 99 601
E-mail: christophe.derham@mci-group.com