ESPEN

THE EUROPEAN SOCIETY FOR CLINICAL NUTRITION AND METABOLISM

ESPEN WORKSHOP

NUTRITION in IBD patients

June 8. - 9. 2022

UNIVERSITY HOSPITAL CENTRE ZAGREB

CROATIA

Croatian Society of Clinical Nutrition

HRVATSKI LIJEČNIČKI ZBOR 1874

KBC ZAGREB

Faculty: Ana Barišić, MD, Prof. Darija Vranešić Bender, BSc, PhD, Dina Ljubas Kelečić, mag.pharm, Prof. Željko Krznarić, MD, PhD, Irena Karas, mag.nutr., Andreja Horvat, nurse.

ORGANISING COMMITTEE

- Prof. Željko Krznarić, MD, PhD
- Prof. Darija Vranešić Bender, BSc, PhD
- Dina Ljubas Kelečić, M Pharm
- Ana Barišić, MD
- Irena Karas, mag.nutr.
- Andreja Horvat, nurse

VENUE

University Hospital Centre Zagreb, Department of Internal Medicine, Unit of Clinical Nutrition & Department of Gastroenterology, Kišpatićeva 12, 10 000 Zagreb, Croatia / Educational Center & Clinic

APPLICATION

We can accept (only) 20 applicants for this workshop. Registration will take place on a first come first served basis. Priority will be given to ESPEN members. In your application, please indicate whether you are a member or not. Please also provide a short overview of your background and motivation to follow this workshop.

The course will be held in Zagreb, Croatia, at the University Hospital Centre Zagreb. ESPEN will cover most of the costs (meals & education & social program & materials & certificate).

Please note that **travel and hotels are not covered by ESPEN**, and are for your own costs. We can provide you with suggestions for reasonably priced hotels after your acceptance. We look forward to receive your application. Registration deadline is: May 15th 2022.

Please use this **FORM** to submit your application.

If you need more information, please write to: dvranesi@kbc-zagreb.hr

PROGRAM

Wednesday, June 8th 2022

09:00 – 09:15	Welcome
09:15 – 10:00	Speed dating: Getting to know each other (professional background, personal learning goals)
10:00 – 10:15	Introduction & key learning points Željko Krznarić
10:15 – 11:00	Inflammatory bowel diseases: epidemiology, patophysiology, diagnosis and therapy Željko Krznarić
11:00 – 11:45	Nutrition in IBD Darija Vranešić Bender

11:45 – 12:00 Short coffee break

	Nutritional status in IBD patient: from undernutrition to obesity
12:00 – 13:00	Hands on: how to assess nutritional status part I (biochemical analyses, functional and clinical assessment, body composition, calculation of nutritional requirements) Dina Ljubas Kelečić, Irena Karas

13:00 – 14:00 Lunch & Coffee Break

14:00 – 14:30	The role of microbiota in IBD pathogenesis and clinical course Ana Barišić
14:30 – 15:15	Basics of enteral nutrition in IBD Irena Karas
15:15 – 16:00	Basics of parenteral nutrition in IBD Dina Ljubas Kelečić
16:00 – 16:30	Q and A & Recap Day 1

19:00 Dinner buffet

PROGRAM

Thursday, June 9th 2022

09:30 – 10:15 Patient case study: Nutrition support in IBD patient (on the ward)
Željko Krznarić, Marko Brinar, Ana Barišić, Dina Ljubas Kelečić, Andreja Horvat

10:15 – 11:00 Intestinal Failure Unit - Case study: Parenteral nutrition in IBD / short bowel syndrome as a prototype in IBD
Dina Ljubas Kelečić, Željko Krznarić

11:00 – 11:45 Perioperative nutrition in IBD
Tihomir Kekez

11:45 – 12:15 Coffee break

12:15 – 12:45 Diet therapy in active disease and in remission: putting theory into clinical practice
Darija Vranešić Bender

12:45 – 13:15 Case based discussion: Micronutrient replacement therapy in IBD (work with lab medical records and product database)
Dina Ljubas Kelečić, Irena Karas

13:15 – 14:00 Lunch

14:00 – 14:45 Comorbidities and extra-intestinal manifestations: the place of nutrition in prevention and therapy
Marko Brinar

14:45 – 15:30 Emotional and psychological support in IBD and nutrition
Milena Skočić Hanžek

15:30 – 16:15 Evaluation & Wrap-up

17:00 – 20:00 Free time