



THE EUROPEAN  
SOCIETY  
FOR CLINICAL  
NUTRITION  
AND  
METABOLISM



**VIRTUAL**

**VIRTUAL** ESPEN WORKSHOP

# **NUTRITION** **in IBD patients**

**June 8. - 9. 2021.**

Live online event from University Hospital Centre Zagreb Croatia





Faculty: Ana Barišić, MD, Prof. Darija Vranešić Bender, BSc, PhD, Dina Ljubas Kelečić, mag.pharm, Prof. Željko Krznarić, MD, PhD, Irena Karas, mag.nutr., Andreja Horvat, nurse.

## ORGANISING COMMITTEE

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- Prof. Željko Krznarić, MD, PhD
- Prof. Darija Vranešić Bender, BSc, PhD
- Dina Ljubas Kelečić, M Pharm
- Ana Barišić, MD
- Irena Karas, mag.nutr.
- Andreja Horvat, nurse

## VENUE

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Online platform: streaming from University Hospital Centre Zagreb, Department of Internal Medicine, Unit of Clinical Nutrition & Department of Gastroenterology, Kišpatićeva 12, 10 000 Zagreb, Croatia / Educational Center & Clinic

## APPLICATION:

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We can accept (only) 100 applicants for this workshop. Registration will take place on a first come first served basis. Priority will be given to ESPEN members. In your application, please indicate whether you are a member or not. Please also provide a short overview of your background and motivation to follow this workshop.

We look forward to receive your application. **Registration deadline is: June 1<sup>st</sup> 2021.**

Please, register at: <https://espen.digitalnasoba.com>

## PROGRAM

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### Tuesday, June 8<sup>th</sup> 2021

- 15:00 - 15:10 Welcome, introduction & key learning points | Željko Krznarić
- 15:10 - 15:40 Inflammatory bowel diseases: epidemiology, pathophysiology, diagnosis and therapy | Željko Krznarić
- 15:40 - 16:10 Nutrition in IBD | Darija Vranešić Bender
- 16:10 - 16:20 Q&A**
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- 16:20 - 16:40 Nutritional status in IBD patient: from undernutrition to obesity | Irena Karas
- 16:40 - 17:00 Enteral nutrition | Dina Ljubas Kelečić
- 17:00 - 17:30 Q&A + coffe break**
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- 17:30 - 18:15 Clinical cases presentations

### Wednesday, June 9<sup>th</sup> 2021

- 15:00 - 15:30 Everyday care for IBD patients in the era of COVID-19 | Marko Brinar
- 15:30 - 16:00 Parenteral nutrition in IBD / short bowel syndrome as a prototype in IBD | Dina Ljubas Kelečić
- 16:00 - 16:10 Q&A**
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- 16:10 - 16:40 Diet therapy and micronutrient replacement therapy in IBD | Darija Vranešić Bender
- 16:40 - 17:15 Discussion & wrap-up
- 17:15 - 18:00 Online Exam**