ESPEN Workshop

Nutrition in IBD patients

June 12–13, 2023.

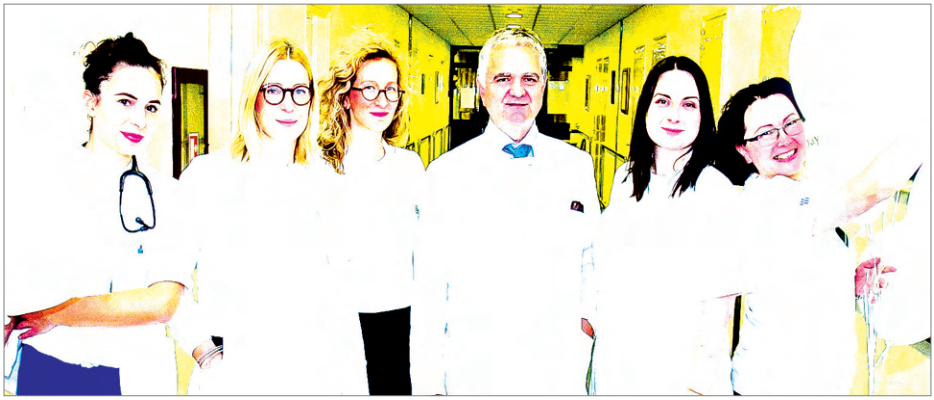
University Hospital Centre Zagreb, Croatia

ESPEN THE EUROPEAN SOCIETY FOR CLINICAL NUTRITION AND METABOLISM

Croatian Society of Clinical Nutrition

CROATIAN MEDICAL ASSOCIATION 1874

KBC ZAGREB



Faculty: Ana Barišić, MD, Prof. Darija Vranešić Bender, BSc, PhD, Dina Ljubas Kelečić, mag.pharm, Prof. Željko Krznarić, MD, PhD, Irena Karas, mag.nutr., Andreja Horvat, nurse.

ORGANISING COMMITTEE

- Prof. Željko Krznarić, MD, PhD
- Prof. Darija Vranešić Bender, BSc, PhD
- Dina Ljubas Kelečić, M Pharm
- Ana Barišić, MD
- Irena Karas, mag.nutr.
- Andreja Horvat, nurse

VENUE

University Hospital Centre Zagreb, Department of Internal Medicine, Unit of Clinical Nutrition & Department of Gastroenterology, Kišpatićeva 12, 10 000 Zagreb, Croatia / Educational Center & Clinic

APPLICATION

We can accept (only) 20 applicants for this workshop. Registration will take place on a first come first served basis. Priority will be given to ESPEN members. In your application, please indicate whether you are a member or not. Please also provide a short overview of your background and motivation to follow this workshop.

The course will be held in Zagreb, Croatia, at the University Hospital Centre Zagreb. ESPEN will cover most of the costs (meals & education & social program & materials & certificate).

Please note that **travel and hotels are not covered by ESPEN**, and are for your own costs. We can provide you with suggestions for reasonably priced hotels after your acceptance. We look forward to receive your application. Registration deadline is: May 15th 2023.

Please use this **FORM** to submit your application.

If you need more information, please write to: dvranesi@kbc-zagreb.hr

PROGRAM

Monday, June 12th 2023

09:00 – 09:15	Welcome
09:15 – 10:00	Speed dating: Getting to know each other (professional background, personal learning goals)
10:00 – 10:15	Introduction & key learning points | Željko Krznarić
10:15 – 10:35	Inflammatory bowel diseases: an introduction | Željko Krznarić
10:35- 11:10	Inflammatory bowel diseases: therapy – an update | Uri Kopylov
11:10 – 11:45	Nutrition in inflammatory bowel diseases | Darija Vranešić Bender
11:45 – 12:00	**Short coffee break**

Nutritional status in IBD patient: from undernutrition to obesity

12:00 – 13:00	Hands on: how to assess nutritional status part I (biochemical analyses, functional and clinical assessment, body composition, calculation of nutritional requirements) | Dina Ljubas Kelečić, Irena Karas
13:00 – 14:00	**Lunch & Coffee Break**
14:00 – 14:30	IBD as a part of spectrum of metabolic syndrome | Ana Marija Liberati Pršo
14:30 – 15:15	Basics of enteral nutrition in IBD: practical demonstration | Irena Karas, Andreja Horvat
15:15 – 16:00	Basics of parenteral nutrition in IBD: practical demonstration | Dina Ljubas Kelečić, Andreja Horvat
16:00 – 16:30	Q and A & Recap Day 1
19:00	**Dinner buffet**

PROGRAM

Tuesday, June 13th 2023

09:30 – 10:15	Patient case study: Nutrition support in IBD patient (on the ward) | Željko Krznarić, Marko Brinar, Ana Barišić, Dina Ljubas Kelečić, Andreja Horvat
10:15 – 11:00	Intestinal Failure Unit - Case study: Parenteral nutrition in IBD / short bowel syndrome as a prototype in IBD | Dina Ljubas Kelečić, Željko Krznarić
11:00 – 11:45	Perioperative nutrition in IBD | Tihomir Kekez
11:45 – 12:15	**Coffee break**
12:15 – 12:45	Diet therapy in active disease and in remission: putting theory into clinical practice | Darija Vranešić Bender
12:45 – 13:15	Case based discussion: Micronutrient replacement therapy in IBD (work with lab medical records and product database) | Dina Ljubas Kelečić, Irena Karas
13:15 – 14:00	**Lunch**
14:00 – 14:45	How to conduct a clinical study on nutrition support in IBD patients? | Ana Barišić
14:45 – 15:30	Emotional and psychological support in IBD and nutrition | Milena Skočić Hanžek
15:30 – 16:15	Evaluation & Wrap-up
17:00 – 20:00	**Free time**