11th ESPEN SYMPOSIUM
Sintra, Portugal
December 1 - 2, 2024

Preliminary Program

Home Nutritional Care: from general practice to parenteral nutrition
ORGANIZING COMMITTEE

Aníbal Marinho, Portugal
Matthias Pirlich, Germany
Loris Pironi, Italy

FACULTY

Rocco Barazzoni, Italy
Stephan Bischoff, Germany
Rosa Burgos, Spain
Tommy Cederholm, Sweden
Cristina Cuerda, Spain
Filomena Gomes, Portugal
Stanislaw Klek, Poland
Željko Krznarić, Croatia
Alessandro Laviano, Italy
Marek Lichota, Poland
Paulo Lopes, Portugal
Aníbal Marinho, Portugal
Giorgina Barbara Piccoli, France
Matthias Pirlich, Germany
Loris Pironi, Italy
Haiko Schlögl, Germany
Stéphane Schneider, France
Philipp Schuetz, Switzerland
Annemieke van Ginkel, Netherlands
André Van Gossum, Belgium
Tim Vanuytsel, Belgium
Shlomo Vinker, Israel
Kremlin Wickramasinghe, Denmark
Yannick Wouters, Netherlands

*Faculty subject to change
SUNDAY, DECEMBER 1
Morning (08:00-12:00)

- Indications and Epidemiology
  A. Van Gossum
- Planning, Training and Monitoring
  T. Vanuytsel
- Venous Catheter Care and Complications
  Y. Wouters
- Metabolic Complications and Indications for Intestinal Transplantation
  L. Pironi
- Coffee break and exhibition
- Case discussion
- Final test
SYMPOSIUM
Home Nutritional Care: from general practice to parenteral nutrition

SUNDAY, DECEMBER 1
Afternoon (13:30-18:50)

13:30-13:40 Opening and salutation
S. Klek, A. Marinho

13:40-15:20 | Session 1
PREVENTION OF NCD IN PRIMARY CARE
Moderators: R. Barazzoni, K. Wickramasinghe
- Prevention of NCD’s in Primary Care
  WHO brief intervention project
  EU Parliament Report 2023
  K. Wickramasinghe
- Obesity programs for family practitioners
  H. Schlögl
- Health and Cost saving
  Speaker TBD
- Nutrition in primary care: what do we need to implement?
  S. Vinker
15:20-15:25 Stand-up break

15:25-17:05 | Session 2
DISEASE-RELATED MALNUTRITION IN THE COMMUNITY
Moderators: A. Marinho, M. Pirlich
- nDay primary care - Prevalence of malnutrition and beyond
  P. Lopes
- Screening and diagnosis of malnutrition in primary care - Tools and strategies
  Z. Krznarić

17:05-17:20 Coffee break and exhibition

17:20-18:50 | Session 3
CHALLENGES FOR CONTINUITY OF CARE / TRANSITION FROM HOSPITAL TO AMBULATORY CARE
Moderators: S. Klek, L. Pironi
- Primary care dietitian – An emerging need
  A. van Ginkel
- Health and Cost saving
  P. Schuetz

17:20-18:50 | Session 3
CHALLENGES FOR CONTINUITY OF CARE / TRANSITION FROM HOSPITAL TO AMBULATORY CARE
Moderators: S. Klek, L. Pironi
- Home enteral nutrition, guideline implementation
  S. Bischoff
- Home parenteral nutrition, guideline implementation
  T. Vanuytsel
- Remote/virtual assistance
  C. Cuerda
MONDAY, DECEMBER 2
Morning (08:00-13:10)

08:00-09:30 | Session 4
FOCUS ON PATIENT WITH CHRONIC INTESTINAL FAILURE
Moderators: A. Van Gossum, T. Vanuytsel

- Relevance of ESPEN guidelines and database for CIF and outpatient care
  L. Pironi
- Quality Standards for CIF centers
  C. Cuerda
- Which research is needed for better nutrition care in CIF - The patient’s perspective
  M. Lichota

09:30-09:35 Stand-up break

09:35-11:15 | Session 5
FOCUS ON THE VULNERABLE PATIENT
Moderators: T. Cederholm, M. Pirlich

- ESPEN guideline Nutrition in polymorbid patient - What is relevant for outpatient care?
  F. Gomes
- Chronic kidney disease: nutritional management between primary and specialized care
  G.B. Piccoli
- Cancer: Patient centered nutrition care in cancer outpatients
  A. Laviano
- Cancer cachexia: the patient’s perspective
  Speaker TBD

11:15-11:30 Coffee break and exhibition

11:30-13:10 | Session 6
OLDER ADULTS
Moderators: C. Cuerda, Z. Krznarić

- New global consensus for sarcopenia diagnosis: GLIS criteria - Fit for the community setting?
  T. Cederholm
- Treatment strategies for malnutrition in the elderly
  S. Schneider
- Obesity in community-dwelling older adults: conservative or aggressive approach?
  R. Barazzoni
- Optimal nutrition in neurological diseases
  R. Burgos
CONFERENCE VENUE
Olga Cadaval Cultural Center
Dr. Francisco Sá Carneiro Square, 2710-720 Sintra (Portugal)
https://ccolgacadaval.pt/
Olga Cadaval Cultural Center is located in the heart of Sintra.

HOW TO REACH SINTRA

By car
You can reach Sintra using the IC 19 (from Lisbon), the IC 30 (from Mafra), the EN 9 (by A5/ Cascais) or even through the A16.
Parking: Sintra has six car parks at your disposal. More information: https://parking.sintra.pt/index_en.html
The town of Sintra has reserved areas with paid parking on public roads. These areas are properly marked. To validate parking, you must purchase the corresponding parking meter ticket.
You can also use the car park of Portela de Sintra (24 Hours). This park is connected by bus and train. The maximum value/day is € 1.50 (VAT Included).

By train
From Lisbon to Sintra, trains depart regularly from Rossio train station (in the historical city center) or Oriente train station.
The trip lasts 40/45 minutes.

By plane
From Lisbon-Portela Airport, you can take the metro (red line) to Oriente train station, then the Oriente-Sintra train.
REGISTRATION
Online registration at www.espen.org

REGISTRATION FEES

*Symposium*
ESPEN member*: € 150,00
Non-member: € 200,00

*LLL Course*
ESPEN member*: € 50,00
Non-member: € 60,00

*2024 regular membership is required.*

The fees include: admittance to the Scientific Sessions; conference kit, certificate of attendance, catering services.

Cancellation policy
All cancellation requests must be submitted in writing (via email, fax) to the Organizing Secretariat no later than October 31st, 2024. Verbal cancellation requests will not be considered.
For cancellation requests made by October 31st, 2024, 70% of the paid or promised amount will be refunded. No refunds will be issued after this date.
Name changes will be accepted until November 22nd, 2024.

LANGUAGE
English is the official language of the event.