



ESPEN Workshop

NUTRITION in IBD patients

October 28. - 29. 2024

UNIVERSITY HOSPITAL L'ARCHET NICE, FRANCE



Profs. Xavier Hébuterne, MD, PhD and Stéphane Schneider, MD, PhD, FEBGH

VENUE

ArchiMed building, Archet University Hospital, 151 route de Saint-Antoine, 06200 Nice, France.

The Archet 2 hospital is easily accessible by bus line 6 from the «Magnan» stop, which is served by tramway lines from both the central station and the airport.

APPLICATION

We can accept only 25 participants to this workshop. Registration will take place on a first come first served basis, with priority given to ESPEN members.

Registrations will be filled-in online at <https://tinyurl.com/IBDregistration> and must be received **before 15 September 2024**.

ESPEN will cover most of the costs (education and meals). The individual participation is 100 EUR. Please note that travel and lodging are not covered by ESPEN. A complete list of hotels can be found on <https://tinyurl.com/hotelsnice>.

FACULTY

Nathalie Barbier, RN
Philippe Caroli-Bosc, MD, MSc
Olivier Courbette, D, MSc
Anaïs Darnaude, MD
Evelyne Eyraud, RD
Laura Gilli, RN
Xavier Hébuterne, MD, PhD

Laurence Imperaire, PharmD
Francisca Joly, MD, PhD
Adrien Nicolau, MD
Aude Rachart, RN
Stéphane Schneider, MD, PhD, FEBGH
Valérie Triolo, MD

Monday, Oct. 28th 2024

13:30	Welcome and round of presentations	Xavier Hébuterne Stéphane Schneider
13:50	Definitions, clinical aspects, treatments	Adrien Nicolau
14:30	Food and the risk of IBD	Xavier Hébuterne
15:30	Malnutrition, obesity and nutritional phenotypes	Xavier Hébuterne
16:00	Coffee break	
16:30	Disease-modifying medical nutrition	Stéphane Schneider
17:00	Nutrition in non-complicated IBD patients	
	During flare-ups	Stéphane Schneider
	During remission	Philippe Caroli-Bosc
	IBD diets	Xavier Hébuterne
	Bacterial therapy	Stéphane Schneider
20:00	Dinner	

Tuesday, Oct. 29th 2024

08:30	Workshops in three groups	
	Endoscopy ward	
	Patient therapeutic education (video)	
	Nutrition daycare hospital	
09:30	Nutrition in complicated IBD patients	
	Peri-operative	Anaïs Darnaude
	Obstructions	Xavier Hébuterne
	Intestinal failure	Stéphane Schneider
10:30	Coffee break	
11:00	Nutrition in pediatric IBD patients	Olivier Courbette Valérie Triolo
11:35	PROACTIVE Nutrition: a holistic daycare hospital for IBD patients	Francisca Joly
12:10	Interactive clinical cases	Anaïs Darnaude
13:10	Group photo, evaluation, handing of diplomas	
13:30	Lunch	