



7th ESPEN Symposium

celebrating
100 years of the Harris Benedict Equation

HOW TO BEST ASSESS ENERGY REQUIREMENTS?

www.espen.org



- for men, $P = \left(\frac{13.397m}{1 \text{ kg}} + \frac{4.799h}{1 \text{ cm}} - \frac{5.677a}{1 \text{ year}} + 88.362 \right) \frac{\text{kcal}}{\text{day}}$

- for women, $P = \left(\frac{9.247m}{1 \text{ kg}} + \frac{3.098h}{1 \text{ cm}} - \frac{4.330a}{1 \text{ year}} + 447.593 \right) \frac{\text{kcal}}{\text{day}}$



October 27-28, 2019

VIENNA

Van Swieten Hall
Medical University of Vienna



CHAIRS

Pierre Singer

Dileep Lobo

FACULTY

Rocco Barazzoni

Trieste, Italy

Tommy Cederholm

Uppsala, Sweden

Moïse Coëffier

Rouen, France

Marian de van der Schueren

Nijmegen, Netherlands

Eric Fontaine

Grenoble, France

Michael Hiesmayr

Vienna, Austria

Alessandro Laviano

Rome, Italy

Dileep Lobo

Nottingham, UK

Kristina Norman

Berlin, Germany

Claude Pichard

Geneva, Switzerland

Pierre Singer

Tel Aviv, Israel

ESPEN LLL Course on Nutritional Assessment and Energy Expenditure

Sunday, October 27 • 08.30-12.30

Pierre Singer and Claude Pichard

SYMPOSIUM

Sunday, October 27 • 13.20-18.00

12.30 Registration and Lunch

13.20-14.30 • SESSION I

CHAIRS: R. BARAZZONI, D. LOBO

13.20 Introduction and Welcome

D. Lobo

13.30 The History of predictive equations

C. Pichard

13.50 Critical analysis of the value of weight:
ideal, observed, adjusted, measured?

M. Hiesmayr

14.10 Predictive equations, should we measure
or calculate?

M. de van der Schueren

14.30-16.00 • SESSION II

CHAIRS: P. SINGER, M. DE VAN DER SCHUEREN

14.30 Predictive equations for the normal individual
and for the disease

M. Coëffier

15.00 From the cell to predictive
equations/measurements
of resting energy expenditure

E. Fontaine

15.30 Body composition parameters to improve
the validity of the equations

K. Norman

16.00 Coffee Break

16.30-18.00 • SESSION III

CHAIRS: M. HIESMAYR, C. PICHARD

16.30 How to predict/measure energy expenditure
in critically ill patients

P. Singer

17.00 The obese patient and its energy requirements

E. Fontaine

17.30 How to plan a nutritional therapy in the elderly
regarding calories

T. Cederholm

19.30 Symposium Dinner

Monday, October 28 • 09.00-13.15

09.00-11.00 • SESSION IV

CHAIRS: M. COËFFIER, E. FONTAINE

09.00 Value of stress factors in surgery/trauma

D. Lobo

09.20 How to evaluate energy requirements
in the co-morbid patient?

M. Hiesmayr

09.40 Does gender play a role
in energy requirements evaluation?

K. Norman

10.00 Cancer and energy expenditure.
Does it play a role?

A. Laviano

10.30 Should we continue to use predictive
equations?

Pro: M. de van der Schueren

Con: C. Pichard

11.00 Coffee Break

11.30-13.15 • SESSION V

CHAIRS: T. CEDERHOLM, A. LAVIANO

11.30 The predictive equations in ESPEN guidelines

P. Singer

11.45 The use of FFMI in the diagnosis
of malnutrition: a must?

T. Cederholm

12.00 Body composition values as an alternative.
Value and precision in normal individual
and disease

M. Coëffier

12.20 The future of predictive equations to predict
and guide calorie prescription in acutely ill
patients / in chronic disease: a critical analysis

A. Laviano

12.40 The ESPEN Perspective

R. Barazzoni

13.00 Closing Remarks

P. Singer

13.15 Farewell Buffet and Departure

GENERAL INFORMATION

VENUE

Van Swieten Hall
Medical University of Vienna
Van-Swieten-Gasse, 1a
1090 Vienna

How to reach the venue
Tram lines 37/38/40/41/42
to Garnisongasse Station.
Underground U1/U2 till Schottentor Station
which is at 10 minutes walking distance to the
venue.

LANGUAGE

English is the official language of the event.

HOTEL RESERVATION

The Organizing Secretariat is available for Hotel
reservations.

Suggested Hotels:

Boltzmann Hotel 4*
Boltzmanngasse, 8 - 1090 Vienna
DUS: € 94.00
Double: € 114.00

Strudlhof Hotel & Palais 4*
Pasteurgasse 1, 1090 Vienna
DUS: € 79.00
Double: € 99.00

REGISTRATION

Online registration at www.noemacongressi.it

Symposium fees

Espen Member*: € 144.00

Espen Non Member: € 180.00

** 2019 regular membership is required.*

LLL Course fee

€ 40.00

The fee includes: admittance to the Scientific
Sessions; Conference kit; Certificate of attendance;
CME credits (if achieved); Coffee break and lunch

Social Dinner fee

€ 80.00

Cancellation policy

Cancellation of registration has to be
compulsorily notified in writing (by email
or fax) to the Organizing Secretariat.
70% of the amount paid will be refunded
if cancellation is made **no later than**
September 1, 2019.

After that date there will be no refund.

CME CREDITS

The Organizing Secretariat will apply for
European CME accreditation.

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ORGANIZING SECRETARIAT

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