Instructions for Accessing
Clinical Nutrition and e-SPEN Journal

**STEP 1:** Login with your ESPEN member credentials in the secure Members zone of the ESPEN website (http://www.espen.org/members/member-account).

**STEP 2:** Once logged in, click on the “JOURNAL” tab:

**STEP 3:** Once in the JOURNAL tab, choose the journal that you want to access:

**STEP 4:** Be sure that your browser is set to allow pop-ups (at least temporarily). You will then be redirected to the relevant journal’s site, where you will be able to browse the journal’s contents and search for specific topics, articles, or issues.